



COGNITIVE ANALYTIC THERAPY BIBLIOGRAPHY OF PUBLICATIONS

This bibliography of CAT publications lists articles in peer reviewed journals; articles in "Reformulation", the ACAT in-house journal for members; book chapters and books about CAT.

Each section lists the publications alphabetically. Each publication / reference is accompanied by a link to a Full Text article where this is freely available on the internet, including Reformulation articles. DOI links will take you to the publisher's page for the article or book. This is for reference purposes - most DOI links will not take you to the full paper. However, if you are signed in with an institutional login (for example, OpenAthens for NHS staff), the DOI link may take you to the full text paper if it is included in the NHS subscription

Updated 8.4.2021

Co-ordinated by Steve Jefferis and Dawn Bennett on behalf of ACAT Training Committee, with assistance from Esther Matupi and Katie Bifani (Centre for Specialist Psychological Therapies, Cumbria Northumberland Tyne and Wear NHS Foundation Trust). It will be maintained and updated by a librarian.

There may be errors and omissions in the bibliography: if you find any, please inform us via librarian@acat.me.uk. If you come across any new publications to add to the bibliography please send details to the librarian.

Printed from www.acat.me.uk - 21st January 2025 04:16:12

Reformulation Articles

- (2004) 'Psycho-Social Checklist', *Reformulation*, 23, 28.

Full Text Link: [Click here to View this Article](#)

ACAT Administration (2013) 'Talking about CAT"', *Reformulation*, 40, 14.

Full Text Link: [Click here to View this Article](#)

ACAT Members (2015) 'Politics and ACAT', *Reformulation*, 45, 40-43.

Full Text Link: [Click here to View this Article](#)

Agoro, D. (2017) 'When Therapy Feels Like A Roller Coaster Ride: A CAT Perspective', *Reformulation*, 49, 19-21.

Full Text Link: [Click here to View this Article](#)

Ahmadi, J. (2011) 'What are the most dominant Reciprocal Roles in our society?', *Reformulation*, 36, 13 - 17.

Full Text Link: [Click here to View this Article](#)

Akande, R. (2007) 'A Sign for the Therapeutic Relationship', *Reformulation*, 29, 06-Jul.

Full Text Link: [Click here to View this Article](#)

Annesley, P. and Barrow, A. (2018) 'Capturing Service Users' Views of Their Experiences of Cognitive Analytic Therapy (CAT): A Pilot Evaluation of a Questionnaire', *Reformulation*, 51, 14-21.

Full Text Link: [Click here to View this Article](#)

Annesley, P. and Jones, L. (2016) 'The 4P's model: A Cognitive Analytic Therapy (CAT) derived tool to assist individuals and staff groups in their everyday clinical practice with people with complex presentations', *Reformulation*, 46, 40-43.

Full Text Link: [Click here to View this Article](#)

Anonymous (2012) 'A letter to the NHS..', *Reformulation*, 39, 20 - 21.

Full Text Link: [Click here to View this Article](#)

Anonymous (2012) 'Anonymous Letters', *Reformulation*, 39, 22 - 23.

Full Text Link: [Click here to View this Article](#)

Anonymous (2009) 'Cognitive Analytic Therapy, or Can You Make a Mad Man Sane?', *Reformulation*, 33, Nov-13.

Full Text Link: [Click here to View this Article](#)

Appleby, K. (2003) 'Cognitive Analytic Therapy - its influence on my practice in the Occupational Health Speciality within a Clinical Psychology and Counselling Service', *Reformulation*, 18, 18 - 24.

Full Text Link: [Click here to View this Article](#)

Aquarone, R. (2004) 'Dissociation and Power: A Dialogue with Voices', *Reformulation*, 22, 15-19.

Full Text Link: [Click here to View this Article](#)

Ardern, M. (2004) 'Book Review: Cognitive Analytic Therapy and Later Life by Sutton and Hepple', *Reformulation*, 22, 28-29.

Full Text Link: [Click here to View this Article](#)

Baines, G. (2014) 'Report from the Third CAT and LD Conference, in London', *Reformulation*, 42, 13-15.

Full Text Link: [Click here to View this Article](#)

- Baker, J. (2003) 'Evaluation of CAT in GP Practice', *Reformulation*, 18, 16-17.
Full Text Link: [Click here to View this Article](#)
- Bampton, S. (2019) 'Re-visiting Experiences of Working with Intergenerational Trauma in Cambodia through a CAT Lens', *Reformulation*, 53, Oct-15.
Full Text Link: [Click here to View this Article](#)
- Bancheva, M. (2006) 'Family Constellations and CAT: Reciprocal Roles Through The Generations?', *Reformulation*, 26, 15 - 17.
Full Text Link: [Click here to View this Article](#)
- Bancroft, A., Collins, S., Crowley, V., Harding, C., Kim, Y., Lloyd, J., Murphy, N. (2008) 'Is CAT an Island or Solar System?', *Reformulation*, 30, 23 - 25.
Full Text Link: [Click here to View this Article](#)
- Barnes, N. (2015) 'Reaching Out - A Journey Within and Alongside CAT', *Reformulation*, 45, 30-32.
Full Text Link: [Click here to View this Article](#)
- Barnes, N. (2016) 'Learning With Young People About Being 'In The Middle'', *Reformulation*, 46, Nov-18.
Full Text Link: [Click here to View this Article](#)
- Barnes, N. (2016) 'It's All About Relationships', *Reformulation*, 47, 07-Nov.
Full Text Link: [Click here to View this Article](#)
- Barnes, N. (2019) 'How to be Both - Being in Dialogue with Ali Smith', *Reformulation*, 53, 34-35.
Full Text Link: [Click here to View this Article](#)
- Barry, C. (2017) 'IAPTrogenic effect?': CAT theory as a tool to consider potential systemic patterns of iatrogenic harm within the context of Improving Access to Psychological Therapies (IAPT) Services', *Reformulation*, 48, 51-58.
Full Text Link: [Click here to View this Article](#)
- Beard, H. (2003) 'Discovery consists of seeing what everybody has seen and thinking what nobody has thought', *Reformulation*, 18, 11-Dec.
Full Text Link: [Click here to View this Article](#)
- Bell, B. (2017) 'How CAT-Informed Practice Can Help To Improve Mental Health Services', *Reformulation*, 49, 33-37.
Full Text Link: [Click here to View this Article](#)
- Bell, C. (1998) 'A Pre-CAT Issue: The Influence of Partner Safety on the Assessment of Men Who Batter', *Reformulation*, 1.
Full Text Link: [Click here to View this Article](#)
- Bennett, D. (1995) 'The Use of Transference in CAT: Refinement of a Proposed Model', *Reformulation*, 3.
Full Text Link: [Click here to View this Article](#)
- Bennett, D. (1999) 'An Update on Microsupervision', *Reformulation*, 2, 1.
Full Text Link: [Click here to View this Article](#)
- Bennett, D. (2018) 'Tony Ryle the therapist: A privilege to listen in', *Reformulation*, 50, 22-24.
Full Text Link: [Click here to View this Article](#)
- Bermingham, D. (1998) 'Working With Sex Offenders When You Think Like a CAT Person', *Reformulation*, 1.

Full Text Link: [Click here to View this Article](#)

Bernardy-Arbuz, M.A. (2013) 'Clarifying an ethical dilemma with CAT in work with children and adolescents', *Reformulation*, 40, 28, 29, 30, 31.

Full Text Link: [Click here to View this Article](#)

Bernardy-Arbuz, M.A. (2017) 'CAT and the 'Incredible Years' programme: Towards a CAT parenting guidance framework', *Reformulation*, 48, 22-31.

Full Text Link: [Click here to View this Article](#)

Blunden, J. (1993) 'A Brief Introductory Handout About CAT', *Reformulation*, 4.

Full Text Link: [Click here to View this Article](#)

Boa, C. (1998) 'SDR's for Beginners', *Reformulation*, 6.

Full Text Link: [Click here to View this Article](#)

Boa, C. (2002) 'Book Review - INTRODUCING COGNITIVE ANALYTIC THERAPY PRINCIPLES AND PRACTICE: Anthony Ryle and Ian B Kerr', *Reformulation*, 17, 33.

Full Text Link: [Click here to View this Article](#)

Boa, C. (2002) 'Introductory CAT Workshops: Helpful Guidelines', *Reformulation*, 5.

Full Text Link: [Click here to View this Article](#)

Bobvos-Bekefi, M. (2014) 'A New Concept of Understanding CAT and Hermeneutics', *Reformulation*, 43, 22-32.

Full Text Link: [Click here to View this Article](#)

Bowe, J. (2017) 'Our relationship with our bodies: Reflections from bariatric surgery and the wider cultural context', *Reformulation*, 48, 63-65.

Full Text Link: [Click here to View this Article](#)

Bradley, J. (2012) 'A Hopeful Sequential Diagrammatic Reformulation', *Reformulation*, 38, 13 - 15.

Full Text Link: [Click here to View this Article](#)

Bradley, J. (2019) 'Incorporating mentalizing skills into Cognitive Analytic Therapy (CAT)', *Reformulation*, 53, 39-42.

Full Text Link: [Click here to View this Article](#)

Bradley, J. Cox, P. and Scott, J. (2016) 'A Hopeful Sequential Diagrammatic Reformulation - Four Years On', *Reformulation*, 46, 30-39.

Full Text Link: [Click here to View this Article](#)

Bristow, J. (2004) 'The Use of the Dyad Grid in CAT - An Example', *Reformulation*, 21, 22 - 30.

Full Text Link: [Click here to View this Article](#)

Bristow, J. (2006) 'Change of State: Learning How To Manage Unmanageable Feelings and States', *Reformulation*, 26, 06-Jul.

Full Text Link: [Click here to View this Article](#)

Bristow, J. and Reason, A. (2010) 'Therapeutic Change that is Dialogically Structured, Mediated by Signs, and Enabled by a Relationship - A Case Example', *Reformulation*, 34, 31 - 33.

Full Text Link: [Click here to View this Article](#)

Brown, H. (2010) 'Confidentiality and Good Record Keeping in CAT Therapy - A Discussion Paper', *Reformulation*, 34, 10-Dec.

Full Text Link: [Click here to View this Article](#)

Brown, H. and Lloyd, L. (2012) 'What is the 2005 Mental Capacity Act and how can CAT help us to make sense of the decision making process at its heart?', *Reformulation*, 38, 35 - 42.

Full Text Link: [Click here to View this Article](#)

Brown, H. and Msebele, N. (2011) 'Black and White Thinking: Using CAT to think about Race in the Therapeutic Space', *Reformulation*, 37, 58 - 62.

Full Text Link: [Click here to View this Article](#)

Brown, R. (2010) 'Situating Social Inequality And Collective Action In Cognitive Analytic Therapy', *Reformulation*, 35, 28 - 34.

Full Text Link: [Click here to View this Article](#)

Brown, R. (2011) 'Flowers by the Window: Imagining Moments in a Culturally and Politically Reflective CAT', *Reformulation*, 36, 06-Aug.

Full Text Link: [Click here to View this Article](#)

Brummer, L. and Partridge, O. (2019) 'Effectiveness of Group Cognitive Analytic Therapy (CAT) for Severe Mental Illness', *Reformulation*, 52, 29-31.

Full Text Link: [Click here to View this Article](#)

Buckley, M. (2016) 'Book Review: Forced Endings in Psychotherapy and Psychoanalysis By Anne Power', *Reformulation*, 47, 41-42.

Full Text Link: [Click here to View this Article](#)

Burns Lundgren, E. (2002) 'Long-distance Supervision and the Melbourne Project', *Reformulation*, 16, 8.

Full Text Link: [Click here to View this Article](#)

Burns-Lundgren, E. (2000) 'Re-introducing CAT to Student Counselling', *Reformulation*, 7.

Full Text Link: [Click here to View this Article](#)

Burns-Lundgren, E. (2004) 'Review of "Writing Cures 'An Introductory Handbook Of Writing In Counselling And Therapy"', *Reformulation*, 23, 30 - 31.

Full Text Link: [Click here to View this Article](#)

Burns-Lundgren, E., Walker, M. (2008) 'The Body in Dialogue', *Reformulation*, 30, 18 - 19.

Full Text Link: [Click here to View this Article](#)

Calvert, P. (2014) 'Applying CAT in an Acquired Brain Injury Neuropsychology service: Challenges and Reflections', *Reformulation*, 42, 16-21.

Full Text Link: [Click here to View this Article](#)

Carradice, A. (2013) 'Five Session CAT' Consultancy: Using CAT to Guide Care Planning with People Diagnosed within Community Mental Health Teams: Brief Summary Report', *Reformulation*, 41, 15,-19.

Full Text Link: [Click here to View this Article](#)

Carradice, A. (2004) 'Applying Cognitive Analytic Therapy to Guide Indirect Working', *Reformulation*, 23, 18 - 23.

Full Text Link: [Click here to View this Article](#)

Carroll, R., Elia, I., Compton Dickinson, S. and Webster, M. (2005) 'Workshop Presentation Synopses from the 2005 ACAT Annual Conference', *Reformulation*, 24, 07-Sep.

Full Text Link: [Click here to View this Article](#)

- Carson, R. and Bristow, J. (2015) 'Collaborating with Management in the NHS in difficult times', *Reformulation*, 44, 30-36.
Full Text Link: [Click here to View this Article](#)
- Cartmell, J. (2017) 'Austerity, Power and CAT's Opportunity for Change', *Reformulation*, 49, 05-Jul.
Full Text Link: [Click here to View this Article](#)
- Cartmell, J. (2017) 'A case study of cognitive analytic therapy with a client diagnosed with psychotic depression', *Reformulation*, 49, 22-27.
Full Text Link: [Click here to View this Article](#)
- Casado, S. (2018) 'Are we afraid to break tradition? Cognitive Analytic Therapy's (CAT's) contribution to the treatment of sexual risk', *Reformulation*, 51, 26-31.
Full Text Link: [Click here to View this Article](#)
- Chanen, A. (2000) 'Prevention and Early Intervention for Borderline Personality Disorder in Young People', *Reformulation*, 8.
Full Text Link: [Click here to View this Article](#)
- Chanen, A. (2002) 'Update on The Melbourne Project - Prevention and Early Intervention for Borderline Personality Disorder', *Reformulation*, 17, 06-Jul.
Full Text Link: [Click here to View this Article](#)
- Channer, K. and Jenaway, A. (2015) 'Audit of Factors Predicting Drop Out from Cognitive Analytic Therapy Kerrie Channer and Alison', *Reformulation*, 45, 33-35.
Full Text Link: [Click here to View this Article](#)
- Clark, J. (2006) 'Book Review: An Intimate History of Humanity', *Reformulation*, 26, 18.
Full Text Link: [Click here to View this Article](#)
- Clarke, S. (2001) 'A Randomised Controlled Trial of the Efficacy of CAT for the Treatment of Personality Disorder', *Reformulation*, 9.
Full Text Link: [Click here to View this Article](#)
- Clayton, P., Burns-Lundgren, E., Ennis, S.A., Griffiths, T., Jellema, A., Mead, J. and Twist, G. (2020) 'Val Crowley by her friends in the CAT Midlands Psychotherapists Group Phil Clayton, Eva Burns-Lundgren, Sally-Anne Ennis, Tina Griffiths, Anna Jellema, Jan Mead and Graham Twist', *Reformulation*, 54, 53.
Full Text Link: [Click here to View this Article](#)
- Clayton, P., Lloyd, J. and Murphy, N. (2020) 'Val Crowley Three reflections from the CAT learning disability special interest group Phil Clayton, Julie Lloyd, Nicola Murphy', *Reformulation*, 54, 51-52.
Full Text Link: [Click here to View this Article](#)
- Coleby, J. and Freshwater, K. (2019) 'The Idealised Care Smokescreen: How the Tools we Share can be Used to Attack', *Reformulation*, 52, 13-16.
Full Text Link: [Click here to View this Article](#)
- Collins, J. (2010) 'The Development of a 12-Session CAT Therapy for Use in a Workplace Setting', *Reformulation*, 34, 13 - 16.
Full Text Link: [Click here to View this Article](#)
- Collins, S. (2006) 'Don't Dis' Me!' using CAT with Young People who have Physical and Learning Disabilities', *Reformulation*, 27, 13 -15.
Full Text Link: [Click here to View this Article](#)

- Collins, S. (2007) 'Book Review: Just War. Psychology and Terrorism', *Reformulation*, 28, 18 - 19.
Full Text Link: [Click here to View this Article](#)
- Colomb, E. and Lloyd, J. (2012) 'Cognitive Analytic Therapy & Dysphagia: using CAT relational mapping when teams can't swallow our recommendations', *Reformulation*, 39, 24 - 27.
Full Text Link: [Click here to View this Article](#)
- Compton-Dickinson, S. (2018) 'Remembering Tony Ryle: Roots, re-formative experiences and a relational tale', *Reformulation*, 50, 28-30.
Full Text Link: [Click here to View this Article](#)
- Coombes, J., Dunn, M. (2010) 'Reflections on ACAT Relational Skills in CAT Supervision Course - December 2009', *Reformulation*, 34, 46 - 47.
Full Text Link: [Click here to View this Article](#)
- Coombes, J., Taylor, K. and Tristram, E. (2009) 'Research Into the Use of CAT Rating Sheets', *Reformulation*, 33, 28 - 29.
Full Text Link: [Click here to View this Article](#)
- Coulter, N. and Rushbrook, Dr S. (2012) 'Sleep Tight: Working Creatively with Dreams in CAT', *Reformulation*, 38, 07-Dec.
Full Text Link: [Click here to View this Article](#)
- Coulter, N., Rushbrook, S. (2010) 'Playfulness in CAT', *Reformulation*, 35, 24 - 27.
Full Text Link: [Click here to View this Article](#)
- Coumont, V. (2001) 'Le CAT a Paris', *Reformulation*, 9.
Full Text Link: [Click here to View this Article](#)
- Coumont, V., Parry, G. and Evans, M. (2001) 'Personal therapy as part of CAT training', *Reformulation*, 9.
Full Text Link: [Click here to View this Article](#)
- Craven-Staines, S. and Williams, T. (2017) 'The benefits of working with over 65s - our reflections on why the evidence base is so limited', *Reformulation*, 48, 32-33.
Full Text Link: [Click here to View this Article](#)
- Crowley A. and Major, S. (2016) 'Obituary: Zoonia Nazir', *Reformulation*, 47, 43.
Full Text Link: [Click here to View this Article](#)
- Crowley, V., Field, B., Lloyd, J., Morrison, P., and Varela, J. (2014) 'When the therapist is disabled', *Reformulation*, 42, 06-Sep.
Full Text Link: [Click here to View this Article](#)
- Crowther, S. (2014) 'Helping service users understand and manage the risk: Are we part of the problem?', *Reformulation*, 43, 41-44.
Full Text Link: [Click here to View this Article](#)
- Curran, A. (2000) 'Impressions of Finland', *Reformulation*, 10.
Full Text Link: [Click here to View this Article](#)
- Curran, A. (2004) 'Book Review: Two Old Women by Velma Wallis', *Reformulation*, 22, 29.
Full Text Link: [Click here to View this Article](#)
- Danon, G., Rosenblum, O. and LeNestour, A. (2001) 'The Development of Self in Early Experience: Borderline Mothers and Their Infants', *Reformulation*, 9.

- Full Text Link: [Click here to View this Article](#)
- Darongkamas, J. (2020) 'Obituary for William David 'Bill' Bell Thoughts on his passing Jurai Darongkamas for MCAT', *Reformulation*, 54, 49-50.
Full Text Link: [Click here to View this Article](#)
- Darongkamas, J., Newell, A. Hewitt-Moran, T. and Jordan, S (2017) 'Clinical Outcomes Of Cognitive Analytic Therapy Delivered By Trainees', *Reformulation*, 49, 38-42.
Full Text Link: [Click here to View this Article](#)
- Das, M. (2014) 'CAT and the Mind-Body Conundrum of Chronic Pain', *Reformulation*, 42, 29-32.
Full Text Link: [Click here to View this Article](#)
- David, C. (2009) 'CAT and People with Learning Disability: Using CAT with a 17 Year Old Girl with Learning Disability', *Reformulation*, 32, 21 - 25.
Full Text Link: [Click here to View this Article](#)
- Davies, B. (2015) 'The Gender Dilemma..', *Reformulation*, 44, 10-Nov.
Full Text Link: [Click here to View this Article](#)
- Davis, M.L. (2017) 'Never-ending hurt': How CAT can help inform the management of chronic pain', *Reformulation*, 48, 16-21.
Full Text Link: [Click here to View this Article](#)
- Daykin, A. and Wildman, A. (2016) 'ACAT Conference 2016: 'Resilience in the Face of Change' Reflections on our experience organising the conference at the University of Exeter', *Reformulation*, 47, 35-36.
Full Text Link: [Click here to View this Article](#)
- de Normanville, J. and Kerr, I. (2003) 'Initial experience of a CAT skills certificate level training for a community mental health team working with complex and 'difficult' mental health problems (including personality disorders).', *Reformulation*, 18, 25 - 27.
Full Text Link: [Click here to View this Article](#)
- Denman, C. (2002) 'CAT and Cognition. A Personal View and Conference Report', *Reformulation*, 17, 23 - 25.
Full Text Link: [Click here to View this Article](#)
- Dent-Brown, K. (2011) 'Six-Part Storymaking - a tool for CAT practitioners', *Reformulation*, 36, 34 - 36.
Full Text Link: [Click here to View this Article](#)
- Diamond, N. (2005) 'Attachment, The Body and Trauma', *Reformulation*, 25, 25 - 26.
Full Text Link: [Click here to View this Article](#)
- Donias, S. (1993) 'Validating Conceptual Aspects of the Reformulation Process in CAT', *Reformulation*, 11.
Full Text Link: [Click here to View this Article](#)
- Dower, C. (2014) 'Bringing Bodies Into Dialogue', *Reformulation*, 43, 15-21.
Full Text Link: [Click here to View this Article](#)
- Dower, C. (2004) 'Review of 'The Self-Esteem Journal: Using a Journal to Build Self-Esteem' by Alison Waines', *Reformulation*, 23, 29 - 30.
Full Text Link: [Click here to View this Article](#)
- Doyle, J. (2000) 'Zen, Cinderella and the Art of CAT', *Reformulation*, 7.
Full Text Link: [Click here to View this Article](#)

- Dunn, M. (1993) 'Meditation on the Phenomena of Anxiety in CAT Clinical Training', *Reformulation*, 11.
Full Text Link: [Click here to View this Article](#)
- Dunn, M. (1993) 'Modern Fairy Tales: Of Vampires and Batman', *Reformulation*, 11.
Full Text Link: [Click here to View this Article](#)
- Dunn, M. (1993) 'Some Subjective Ideas on the Nature of Object', *Reformulation*, 11, 2.
Full Text Link: [Click here to View this Article](#)
- Dunn, M. (1997) 'Do we allow CAT to have a heart? Is it soft and wet? A Response.', *Reformulation*, 12.
Full Text Link: [Click here to View this Article](#)
- Dunn, M. (2002) 'A CAT Approach to Gaia and The Psyche', *Reformulation*, 17, 20 - 22.
Full Text Link: [Click here to View this Article](#)
- Dunn, M. (2002) 'Diagrammatic Psychotherapy File', *Reformulation*, 16, 17.
Full Text Link: [Click here to View this Article](#)
- Dunn, M. (2002) 'To Boldly Go.. A View of CAT After 15 Years', *Reformulation*, 16, 05-Jun.
Full Text Link: [Click here to View this Article](#)
- Dunn, M. (2007) 'In the Beginning was the Conversation 'Process' Spirituality and CAT', *Reformulation*, 29, 16 - 19.
Full Text Link: [Click here to View this Article](#)
- Dunn, M. and Dunn, S. (2012) 'Concerning the Future of CAT and Other Relational Therapies', *Reformulation*, 39, Oct-13.
Full Text Link: [Click here to View this Article](#)
- Dunn, M. and Ryle, A. (1993) 'Tony Ryle Briefly Interviewed by Mark Dunn', *Reformulation*, 11.
Full Text Link: [Click here to View this Article](#)
- Editors (2015) '**Reformulation Explores A Brief Explanation of Six-Part Story Making', *Reformulation*, 45, 29.
Full Text Link: [Click here to View this Article](#)
- Elia, I. (1998) 'Reciprocal Roles: Caught in the Crossfire', *Reformulation*, 6.
Full Text Link: [Click here to View this Article](#)
- Elia, I. (2000) 'CAT Chat : Videos on CAT Practice and Theory : Dialogue between Tony Ryle and Mark Dunn', *Reformulation*, 10.
Full Text Link: [Click here to View this Article](#)
- Elia, I. (2002) 'The Neurotic Neighbourhood', *Reformulation*, 17, 18 - 19.
Full Text Link: [Click here to View this Article](#)
- Elia, I. (2004) 'Mirror, Voice and Reciprocal Role', *Reformulation*, 21, 06-Aug.
Full Text Link: [Click here to View this Article](#)
- Elia, I. (2007) 'The Inner Voice Check', *Reformulation*, 28, 28 -29.
Full Text Link: [Click here to View this Article](#)
- Elia, I. (2009) 'Darwin and Psychotherapy', *Reformulation*, 33, 9.
Full Text Link: [Click here to View this Article](#)
- Elia, I. (2010) 'Mirror Workshop Summary Held On The 9th July 2010', *Reformulation*, 35, 47.

Full Text Link: [Click here to View this Article](#)

Elia, I. and Jenaway, A. (2007) 'You're driving me insane: Literature, Lyrics and Drama through CAT eyes for clients and students', *Reformulation*, 28, 43 - 44.

Full Text Link: [Click here to View this Article](#)

Elwell, L. (2017) 'Using The Parent-Adult-Child Model Alongside CAT', *Reformulation*, 49, 43.

Full Text Link: [Click here to View this Article](#)

Elwell, L. (2018) 'Using the Parent-Adult-Child Model Alongside CAT', *Reformulation*, 51, Sep-13.

Full Text Link: [Click here to View this Article](#)

Emilion, J. (2011) 'Is three a crowd or not? Working with Interpreters in CAT', *Reformulation*, 36, 9.

Full Text Link: [Click here to View this Article](#)

Falchi, V. (2007) 'Using CAT in an assertive outreach team: a reflection on current issues', *Reformulation*, 28, Nov-17.

Full Text Link: [Click here to View this Article](#)

Fawkes, L. (2002) 'In Celebration of Integration and Diversity. CAT in the West Country and Beyond', *Reformulation*, 17, 5.

Full Text Link: [Click here to View this Article](#)

Fawkes, L. and Fretten, V. (2003) 'Two different presentations with Borderline Personality Disorder', *Reformulation*, 19, 32 - 39.

Full Text Link: [Click here to View this Article](#)

Field, B. (2014) 'Beyond individual therapy - Trainee practitioner reflections on the use of CAT within an Adult Community Learning Disabilities Team', *Reformulation*, 42, 33-37.

Full Text Link: [Click here to View this Article](#)

Finch, J. (2013) 'CAT in dialogue with Mindfulness: Thoughts on a theoretical and clinical integration', *Reformulation*, 41, 45, 46, 47, 48.

Full Text Link: [Click here to View this Article](#)

Fiorani C and Poggioli M (2005) 'CAT and the Cultural Formation of a Case of Anorexia Nervosa: An Italian Case Study', *Reformulation*, 25, 13-17.

Full Text Link: [Click here to View this Article](#)

Fiorani, C. and Poggioli, M. (2011) 'The PSQ Italian Standardisation', *Reformulation*, 37, 49 - 52.

Full Text Link: [Click here to View this Article](#)

Fiorani, C., Guidotti, S., Poggioli, M, and Verani, P. (2020) 'Italian chronicles of the Covid-19 pandemic Lived reflections on our unequal world and our precariousness in the face of Anthony Ryle's egalitarian values.', *Reformulation*, 54, 05-Sep.

Full Text Link: [Click here to View this Article](#)

Fiorani, C., Poggioli, M. (2009) 'A Little Italian Story - Service Development', *Reformulation*, 32, 13 - 14.

Full Text Link: [Click here to View this Article](#)

Fiorani, C., Poggioli, M., Provenzano, A., Romanelli, S., Sogni, A. (2010) 'The 'Piacentino' Context In Which We Work As Aspiring CAT Practitioners In Italy', *Reformulation*, 35, 06-Nov.

Full Text Link: [Click here to View this Article](#)

Fisher, C., Harding, C. (2009) 'Thoughts on the Rebel Role: Its Application to Challenging Behaviour in

- Learning Disability Services', *Reformulation*, 32, 04-May.
Full Text Link: [Click here to View this Article](#)
- Fitzsimmons, M (2000) 'A credit-card sized SDR and its use with a patient with limited language skills.', *Reformulation*, 8.
Full Text Link: [Click here to View this Article](#)
- Ford, T.J., Roberts, J. and Pound, A. (1997) 'Outcome of Cognitive Analytic Therapy', *Reformulation*, 13.
Full Text Link: [Click here to View this Article](#)
- Fozooni, B. (2018) 'Book Review: Cognitive Analytic Therapy and the Politics of Mental Health 2018', *Reformulation*, 51, 41.
Full Text Link: [Click here to View this Article](#)
- Frain, H. (2011) 'Working within the Zone of Proximal Development: Reflections of a developing CAT practitioner in learning disabilities', *Reformulation*, 37, 06-Sep.
Full Text Link: [Click here to View this Article](#)
- Freeman, E., Williams, L. (2008) 'Measuring Outcomes in CAT', *Reformulation*, 31, 14.
Full Text Link: [Click here to View this Article](#)
- Freshwater, K. and Kerr, I. (2006) 'CAT Skills Training in Mental Health Settings', *Reformulation*, 26, 17 - 18.
Full Text Link: [Click here to View this Article](#)
- Freshwater, K., Guthrie, J. and Bridges, A. (2017) 'The experience of staff practising 'Five Session CAT' consultancy for the first time: Preliminary findings.', *Reformulation*, 48, 59-62.
Full Text Link: [Click here to View this Article](#)
- Freshwater, K., Tanweer, T. and Walker, W. (2017) 'Where Should We Keep Reformulation Letters?', *Reformulation*, 49, 08-Dec.
Full Text Link: [Click here to View this Article](#)
- Gallagher, G., Inge, T., McNeill, R., Pretorius, W., O' Rourke, D. and Wrench, M. (2009) 'Measurements of change and their relationship to each other in the course of a CAT therapy', *Reformulation*, 33, 27 - 28.
Full Text Link: [Click here to View this Article](#)
- Gardner, P. (2013) 'A CAT Psychotherapist in Upper West Ghana', *Reformulation*, 40, 41-43.
Full Text Link: [Click here to View this Article](#)
- Gardner, P. (2005) 'The 'Fast Trauma and Phobia Cure'', *Reformulation*, 25, 5.
Full Text Link: [Click here to View this Article](#)
- Gil-Rios, C., M., and Blunden, J. (2012) 'Reflections on a Dilemma in a Supervision group: Caught between a Rock and a Hard Place', *Reformulation*, 38, 23 - 25.
Full Text Link: [Click here to View this Article](#)
- Gilbert, P. (2003) 'Working With Shame', *Reformulation*, 19, 13 - 15.
Full Text Link: [Click here to View this Article](#)
- Goldzweig, J. (2000) 'CAT in One Session', *Reformulation*, 10.
Full Text Link: [Click here to View this Article](#)
- Gopfert, M. and Barnes, B. (1995) 'The Therapeutic Relationship and Therapy Outcome', *Reformulation*, 3.
Full Text Link: [Click here to View this Article](#)

- Gray, L. (2013) 'Disappointingly Different? Perhaps not..', *Reformulation*, 41, 21 - 25.
Full Text Link: [Click here to View this Article](#)
- Gray, M (2014) 'A Dog in the World of ACAT', *Reformulation*, 43, Nov-14.
Full Text Link: [Click here to View this Article](#)
- Gray, M. (2013) 'Three linked things: Bodies', *Reformulation*, 40, 40.
Full Text Link: [Click here to View this Article](#)
- Gray, M. (2006) 'Musings on Doing CAT with Couples', *Reformulation*, 27, 29 -31.
Full Text Link: [Click here to View this Article](#)
- Gray, M. and Falzon, M. (2013) 'CAT as a bridge between confusion and psychoanalytic thought', *Reformulation*, 41, 26, 27, 28, 29, 30, 31.
Full Text Link: [Click here to View this Article](#)
- Greenfield, T. (2016) 'Reflections on the Relational Skills in CAT Supervision Residential Training', *Reformulation*, 47, 39-40.
Full Text Link: [Click here to View this Article](#)
- Greenhill, B. (2011) "'They have behaviour, we have relationships?'" , *Reformulation*, 37, Oct-15.
Full Text Link: [Click here to View this Article](#)
- Greenhill, B., Roberts, A. and Swarbrick, R. (2013) 'We need decent people as well as decent laws!:', *Reformulation*, 40, 18- 25.
Full Text Link: [Click here to View this Article](#)
- Gregory, C. (2020) 'Therapeutic Creativity and the Therapist's Zone of Proximal Development', *Reformulation*, 54, 54-57.
Full Text Link: [Click here to View this Article](#)
- Gregory, C. and Wilde McCormick. E. (2019) 'Poetry and Cognitive Analytic Therapy', *Reformulation*, 52, 33-35.
Full Text Link: [Click here to View this Article](#)
- Hamill, M. and 'Rosie' (2016) 'Goodbye Letters', *Reformulation*, 46, 19-21.
Full Text Link: [Click here to View this Article](#)
- Harbour, K. and Nehmad, A. (1995) 'CAT For The Elderly', *Reformulation*, 14.
Full Text Link: [Click here to View this Article](#)
- Harris, Y. (2000) 'Race and CAT', *Reformulation*, 7.
Full Text Link: [Click here to View this Article](#)
- Harvey, L (1993) 'On TP and TPP Rating Sheets', *Reformulation*, 11.
Full Text Link: [Click here to View this Article](#)
- Harvey, L. (1993) 'Towards a Greater Acceptance of the Cognitive in CAT', *Reformulation*, 4.
Full Text Link: [Click here to View this Article](#)
- Harvey, L. (1994) 'CAT and Eating Disorders', *Reformulation*, 15.
Full Text Link: [Click here to View this Article](#)
- Harvey, L. (2008) 'Silence in Practice', *Reformulation*, 30, Nov-13.
Full Text Link: [Click here to View this Article](#)

- Hayward, M., McCurrie, C. (2008) 'Metaprocedures in Normal Development and in Therapy', *Reformulation*, 30, 42 - 45.
Full Text Link: [Click here to View this Article](#)
- Hepple, J. (2012) 'Relationships in Microcosm in Cognitive Analytic Therapy: Based on a workshop given at the 2012 ACAT Conference in Manchester', *Reformulation*, 39, 35 - 38.
Full Text Link: [Click here to View this Article](#)
- Hepple, J. (2013) 'Darren Deene - The Naughtiest Boy in School', *Reformulation*, 41, 20.
Full Text Link: [Click here to View this Article](#)
- Hepple, J. (2001) 'Borderline Traits and Dissociated States in Later Life', *Reformulation*, 9.
Full Text Link: [Click here to View this Article](#)
- Hepple, J. (2003) 'Developing a Language for the Psychotherapy of Later Life', *Reformulation*, 20, 10-Dec.
Full Text Link: [Click here to View this Article](#)
- Hepple, J. (2018) 'CAT Reflective Practice Groups', *Reformulation*, 51, 22-25.
Full Text Link: [Click here to View this Article](#)
- Hepple, J. (2006) 'Developing a Language for the Psychotherapy of Later Life', *Reformulation*, 27, 23 - 28.
Full Text Link: [Click here to View this Article](#)
- Hepple, J. (2009) 'Dialogue and Desire: Michael Bakhtin and the Linguistic Turn in Psychotherapy by Rachel Pollard', *Reformulation*, 33, 10-Nov.
Full Text Link: [Click here to View this Article](#)
- Hepple, J. (2010) 'A Little Bit Of Bakhtin - From Inside To Outside And Back Again', *Reformulation*, 35, 17 - 18.
Full Text Link: [Click here to View this Article](#)
- Hepple, J. (2011) 'The Chicken and the Egg', *Reformulation*, 37, 19.
Full Text Link: [Click here to View this Article](#)
- Hepple, J. and Bowdrey, S. (2015) 'Cognitive Analytic Therapy in an Open Dialogic Group - Adaptations and Advantages', *Reformulation*, 45, 16-19.
Full Text Link: [Click here to View this Article](#)
- Hill, L. (2015) 'CAT and Obesity: My Reflections', *Reformulation*, 45, 08-Sep.
Full Text Link: [Click here to View this Article](#)
- Hobson, J. (2004) 'Book Review: Managing Intense Emotions and Overcoming Self Destructive Habits: Lorraine Bell', *Reformulation*, 21, 32.
Full Text Link: [Click here to View this Article](#)
- Holt, L. (2017) 'Perfectly Imperfect: Reflections of a Newly Qualified Clinical Psychologist in using CAT to Explore the Relational Contribution to Binge Eating', *Reformulation*, 49, 28-32.
Full Text Link: [Click here to View this Article](#)
- Howe, L. (2013) 'The ethical implications of social class in the practice of CAT', *Reformulation*, 40, 36 - 39.
Full Text Link: [Click here to View this Article](#)
- Howells, L. (2019) 'Split-Egg Fantasies: Incorporating Fantasy into a Developmental Model of CAT', *Reformulation*, 52, 36-40.
Full Text Link: [Click here to View this Article](#)

- Hubbuck, J. (2008) 'Draft States of Mind Inventory', *Reformulation*, 31, 15 - 25.
Full Text Link: [Click here to View this Article](#)
- Hubbuck, J. (2008) 'The States Description Procedure', *Reformulation*, 30, 46 - 53.
Full Text Link: [Click here to View this Article](#)
- Hughes, R. (2013) 'Integrating Art Psychotherapy and Cognitive Analytic Therapy (CAT)', *Reformulation*, 40, 44 - 49.
Full Text Link: [Click here to View this Article](#)
- Hughes, R. (2018) 'Psychosexual Assessment, Intervention and Cognitive Analytic Therapy Treatment', *Reformulation*, 51, 05-Aug.
Full Text Link: [Click here to View this Article](#)
- Hughes, R. (2008) 'Plugging in and Letting Go: the Use of Art in CAT', *Reformulation*, 30, 09-Oct.
Full Text Link: [Click here to View this Article](#)
- Hughes, R. (2011) 'Dear Reformulation', *Reformulation*, 36, 22.
Full Text Link: [Click here to View this Article](#)
- Hughes, R. (2011) 'Comment on James Turner's article on Verbal and Pictorial Metaphor in CAT', *Reformulation*, 37, 24 - 25.
Full Text Link: [Click here to View this Article](#)
- Jacobs. M. (2018) 'Pragmatism: from Psychoanalysis to CAT', *Reformulation*, 50, 27.
Full Text Link: [Click here to View this Article](#)
- Jameson, P. (2014) 'CAT and CFT - Complementary in the treatment of shame?', *Reformulation*, 43, 37-40.
Full Text Link: [Click here to View this Article](#)
- Jefferis, S. (2011) 'Memoirs, Myths and Movies: Using Books & Film in Cognitive Analytic Therapy', *Reformulation*, 36, 29 - 33.
Full Text Link: [Click here to View this Article](#)
- Jellema A (2006) 'CAT in the North-East of England', *Reformulation*, 26, 19.
Full Text Link: [Click here to View this Article](#)
- Jellema, A. (2001) 'CAT and Attachment Theory: A Reply to Tony Ryle', *Reformulation*, 9.
Full Text Link: [Click here to View this Article](#)
- Jellema, A. (2001) "'Doing CAT" versus "Using CAT"', *Reformulation*, 9.
Full Text Link: [Click here to View this Article](#)
- Jellema, A. (2018) 'The Genius of Tony Ryle - Past, Present and Future', *Reformulation*, 50, 05-Aug.
Full Text Link: [Click here to View this Article](#)
- Jellema, A. (2005) 'An Animal Living in a World of Symbols', *Reformulation*, 25, 06-Dec.
Full Text Link: [Click here to View this Article](#)
- Jellema, A., Crowley, V., Griffiths, T., Twist, G. and Gray, S. (2003) 'Developing and Promoting CAT in the NHS - Problems and Possibilities', *Reformulation*, 18, 13 - 15.
Full Text Link: [Click here to View this Article](#)
- Jellicoe, H. (2013) 'A Reformulation of ACAT Code of Ethics and Practice and Equal Opportunities Policy?', *Reformulation*, 40, 6, 7, 8.
Full Text Link: [Click here to View this Article](#)

- Jenaway, A. (2013) 'Change your Parenting for the Better - exploring CAT as a parenting intervention', *Reformulation*, 41, 32, 33, 34, 35, 36.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A. (2017) 'An Alternative Psychotherapy File', *Reformulation*, 49, 48.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A. (2018) 'Tony Ryle's appetite for Debate, and how it led to New Developments in the Co-creation of Reformulation Letters: Empowering to empowered?', *Reformulation*, 50, Dec-14.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A. (2018) 'Meet a Trustee Robert Watson, Vice-Chair of ACAT', *Reformulation*, 51, 39.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A. (2006) 'CAT with Teenagers and Teenagers Leaving Care', *Reformulation*, 26, 03-Apr.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A. (2007) 'Using Cognitive Analytic Therapy with parents: some theory and a case report', *Reformulation*, 29, Dec-15.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A. (2008) 'The 'Human Givens' Fast Trauma and Phobia Cure', *Reformulation*, 30, 14 - 15.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A. (2009) 'The Big Debate - Health Professions Council', *Reformulation*, 33, 7.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A. (2009) 'K.I.S.S. (Keep It Simple. Stupid) - Reflections on Using CAT with Adolescents and a Couple of Case Examples', *Reformulation*, 33, 13 - 16.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A. (2010) 'What Happens After 'Happy Ever After'?', *Reformulation*, 34, 08-Sep.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A. (2011) 'Whose Reformulation is it Anyway?', *Reformulation*, 37, 26 - 29.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A. (2011) 'Using Cognitive Analytic Therapy for Medically Unexplained Symptoms - some theory and initial outcomes', *Reformulation*, 37, 53 - 55.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A. and Rattigan, N. (2011) 'Using a template to draw diagrams in Cognitive Analytic Therapy', *Reformulation*, 36, 46 - 48.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A. Consultant Psychiatrist in Psychotherapy and 'Nick', Service User and Expert by Experience (2016) 'Incorporating Eye Movement Desensitisation and Reprocessing (EMDR) into Cognitive Analytic Therapy - Reaching Reciprocal Roles that other therapies cannot reach', *Reformulation*, 47, 21-28.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A., Lloyd, J. (2008) 'Consent to Publish in Reformulation', *Reformulation*, 30, 7.
Full Text Link: [Click here to View this Article](#)
- Jenaway, A., Mortlock, D. (2008) 'Service Innovation', *Reformulation*, 30, 31 - 32.
Full Text Link: [Click here to View this Article](#)

- Jenaway, Dr A. (2010) 'Book Review: Self-Harm Assessment in Young People - A Therapeutic Assessment manual By Dennis Ougrin, Tobias Zundel and Audrey V. Ng Published by Hodder Arnold, 2010', *Reformulation*, 34, 49.
Full Text Link: [Click here to View this Article](#)
- John, Dr C., Darongkamas, J. (2009) 'Reflections on Our Experience of Running a Brief 10-Week Cognitive Analytic Therapy Group', *Reformulation*, 32, 15 - 19.
Full Text Link: [Click here to View this Article](#)
- Johnson, L. (2013) 'Reflecting on my first placement - A CAT understanding to illustrate learning', *Reformulation*, 41, 9.
Full Text Link: [Click here to View this Article](#)
- Jones, A. and Childs, D. (2007) 'Reformulating the NHS reforms', *Reformulation*, 28, 07-Oct.
Full Text Link: [Click here to View this Article](#)
- Kellett, S. (2004) 'Process Issues in Conducting CAT with Dissociative Identity Disorder', *Reformulation*, 23, Nov-15.
Full Text Link: [Click here to View this Article](#)
- Kenward, L. (2019) 'The Cheshire CAT: Reflections on 'Rabbit Holes'', *Reformulation*, 52, 41-43.
Full Text Link: [Click here to View this Article](#)
- Kenward, L. (2020) 'What's in a name? The power of power, narrative, and naming things that are so numerous we no longer see them', *Reformulation*, 54, 35-37.
Full Text Link: [Click here to View this Article](#)
- Kerr, I. (2000) 'CAT in Australia', *Reformulation*, 7.
Full Text Link: [Click here to View this Article](#)
- Kerr, I. (2002) 'Reflections on the Publication of "Introduction to CAT theory and practice"', *Reformulation*, 16, 07-Aug.
Full Text Link: [Click here to View this Article](#)
- Kerr, I.B. (2016) 'Tony Ryle: A Personal Appreciation and Obituary', *Reformulation*, 47, 05-Jun.
Full Text Link: [Click here to View this Article](#)
- Kerr, I.B. (2018) 'Tony Ryle: A personal appreciation and obituary', *Reformulation*, 50, 31-32.
Full Text Link: [Click here to View this Article](#)
- Kimber-Rogal, N. (2008) 'My Life in Pictures OCD and CAT', *Reformulation*, 31, Jul-13.
Full Text Link: [Click here to View this Article](#)
- Kimber-Rogal, N. (2008) 'Relationships and CAT', *Reformulation*, 31, 28 - 29.
Full Text Link: [Click here to View this Article](#)
- Kimber-Rogal, N. and Yorke, L. (2015) 'Invitation to Write for Reformulation', *Reformulation*, 45, 28.
Full Text Link: [Click here to View this Article](#)
- King, R. (2000) 'CAT and Learning Disability', *Reformulation*, 7.
Full Text Link: [Click here to View this Article](#)
- King, R. (2005) 'CAT, the Therapeutic Relationship and Working with People with Learning Disability', *Reformulation*, 24, Oct-14.
Full Text Link: [Click here to View this Article](#)

- Kingerlee, R. (2004) 'The Procedure Tracking Form (PTF): A Possible New Tool for CAT', *Reformulation*, 22, 25 - 27.
Full Text Link: [Click here to View this Article](#)
- Kirkland, J (2010) 'When I'm The Dark Angel I Feel Worthless And Don't Deserve Love', *Reformulation*, 35, 19 - 23.
Full Text Link: [Click here to View this Article](#)
- Kirkland, J. Potter, S. and Affleck, D. (2014) 'Dear Homeland: CAT At The Edinburgh Festival', *Reformulation*, 43, 09-Oct.
Full Text Link: [Click here to View this Article](#)
- Knight, A. (2008) 'Clinical Implications for the Pregnant CAT Therapist', *Reformulation*, 30, 38 - 41.
Full Text Link: [Click here to View this Article](#)
- Knight, M. (2004) 'The Big Issue - Report from UKCP', *Reformulation*, 21, 31.
Full Text Link: [Click here to View this Article](#)
- Lalayiannis, L. (2019) 'Reflecting on working with palliative cancer patients through a CAT 'lens' with a focus on reciprocal roles', *Reformulation*, 52, 17-22.
Full Text Link: [Click here to View this Article](#)
- Lam, R., Louise Yorke, L., Copeland, A., Cronin, D. and Hopkins, V. (2019) 'Relational peer groups and the strength of the working alliance in Inter Regional Advanced Psychotherapy Training [IRRAPT] Programme: a qualitative study', *Reformulation*, 53, 25-34.
Full Text Link: [Click here to View this Article](#)
- Lawson, C. (2000) 'Research into Supervision', *Reformulation*, 7.
Full Text Link: [Click here to View this Article](#)
- Leiman, M. (1993) 'The Problem of Relating TPs and TPPs', *Reformulation*, 11.
Full Text Link: [Click here to View this Article](#)
- Leiman, M. (1993) 'Words as Interpsychological Mediators of Psychotherapeutic Discourse', *Reformulation*, 100.
Full Text Link: [Click here to View this Article](#)
- Leiman, M. (1997) 'Early Signs of Dialogical Sequences in CAT', *Reformulation*, 12.
Full Text Link: [Click here to View this Article](#)
- Leiman, M. (2018) 'Memories from a pre-CAT Time', *Reformulation*, 50, 16-17.
Full Text Link: [Click here to View this Article](#)
- Liddiard, K. (2020) 'Tyler's Story. Cognitive Analytic Informed Therapy within a Secure Care Setting', *Reformulation*, 54, 31-34.
Full Text Link: [Click here to View this Article](#)
- Llewellyn, S. and Cooper, M. (2004) 'What Do Cognitive Approaches Have To Contribute To CAT?', *Reformulation*, 22, 20 - 24.
Full Text Link: [Click here to View this Article](#)
- Lloyd, J., and Clayton, P. (2014) 'BOOK REVIEW: Cognitive Analytic Therapy for people with intellectual disabilities and their carers', *Reformulation*, 42, 10-Nov.
Full Text Link: [Click here to View this Article](#)

- Lloyd, J. (2019) 'Trauma, Trauma and More Trauma: CAT and Trauma in Learning Disability', *Reformulation*, 52, 44-46.
Full Text Link: [Click here to View this Article](#)
- Lloyd, J. (2007) 'Case Study on Z not as Impossible as we had Thought', *Reformulation*, 28, 31 - 39.
Full Text Link: [Click here to View this Article](#)
- Lloyd, J. (2009) 'Threats to Clinical Psychology from the CBT Stranglehold', *Reformulation*, 33, 08-Sep.
Full Text Link: [Click here to View this Article](#)
- Lloyd, J. (2009) 'When Happy is not the Only Feeling: Implications for Accessing Psychological Therapy', *Reformulation*, 33, 24 - 25.
Full Text Link: [Click here to View this Article](#)
- Lloyd, J. (2009) 'Book Review of: Beatrice Beebe and Frank Lachmann (2002). Infant Research and Adult Treatment: Co-constructing Interactions. Published London: Analytic Press.', *Reformulation*, 32, 34 - 35.
Full Text Link: [Click here to View this Article](#)
- Lloyd, J. and Williams, B. (2003) 'Reciprocal Roles and the 'Unspeakable Known': Exploring CAT within Services for People with Learning Disabilities', *Reformulation*, 19, 19 - 25.
Full Text Link: [Click here to View this Article](#)
- Maldo Castillo, J. and Blakeley, J. (2018) 'Entering the Antisocial Arena: A Cognitive Analytic Kaleidoscope', *Reformulation*, 51, 32-34.
Full Text Link: [Click here to View this Article](#)
- Manson, K. Lad, S. and Cavieres, M. (2017) 'Developing a CAT understanding of Anti-Social Personality Disorder (ASPD)', *Reformulation*, 48, 42-48.
Full Text Link: [Click here to View this Article](#)
- Marriott, M. and Kellett, S. (2007) 'Generating Practice-Based Evidence for CAT', *Reformulation*, 28, 40 - 42.
Full Text Link: [Click here to View this Article](#)
- Marshall, J., Freshwater, K. and Potter, S. (2013) 'Adaptions of a CAT skills course', *Reformulation*, 41, 6, 7, 8.
Full Text Link: [Click here to View this Article](#)
- Marx, R., King, J., Kylie, Wilson-Verrall, M., Spencer, K. and J McDonald, A. J. (2017) 'On Learning From Our Patients: Reformulating CAT Training', *Reformulation*, 49, 13-18.
Full Text Link: [Click here to View this Article](#)
- Marzillier, J. (1997) 'Reading Scott Fitzgerald: Literature and the psychology of narcissism', *Reformulation*, 12.
Full Text Link: [Click here to View this Article](#)
- McCombie, C., Petit, A. (2011) 'An audit of Goodbye Letters written by clients in Cognitive Analytic Therapy', *Reformulation*, 36, 42 - 45.
Full Text Link: [Click here to View this Article](#)
- McCormack, M., Swarbrick, B., and Greenhill, B. (2014) 'Bringing sexuality into dialogue using a CAT approach to the sexual rights and sexual relationships of people with Intellectual Difficulties', *Reformulation*, 42, 22-28.
Full Text Link: [Click here to View this Article](#)

- McCormick, E. (1995) 'Do We Allow CAT To Have A Heart - And If We Do, Does This Make It Soft And Wet?', *Reformulation*, 101.
Full Text Link: [Click here to View this Article](#)
- McCormick, L. (2008) 'CAT and the Media', *Reformulation*, 31, 6.
Full Text Link: [Click here to View this Article](#)
- McCutcheon, L. (2010) 'Australia and New Zealand Unites Again; This Time to Consolidate the Promotion & Practice of CAT in the Region', *Reformulation*, 34, 50.
Full Text Link: [Click here to View this Article](#)
- McLoughlin, J. and Bell, B. (2015) 'Inigo Tolosa - Obituary', *Reformulation*, 45, 36-8.
Full Text Link: [Click here to View this Article](#)
- McManniman, S. (2020) 'Violence against women - a role for CAT', *Reformulation*, 54, 27-30.
Full Text Link: [Click here to View this Article](#)
- McNeill, R. (2009) 'IRRAPT 2007-9 Research Projects', *Reformulation*, 33, 26.
Full Text Link: [Click here to View this Article](#)
- Melton, J. (1995) 'The Impact of Different Views of God in Therapy: Healing or Perpetuating the Split in the Split Egg', *Reformulation*, 3.
Full Text Link: [Click here to View this Article](#)
- Melton, J. (2010) 'Accessible Snags', *Reformulation*, 35, 40.
Full Text Link: [Click here to View this Article](#)
- Mirapeix, C., Landin, S. and Alvarez, V. (2004) 'A Cognitive Analytic Multicomponent Psychotherapy Program, for the Treatment of Severe Personality Disorders in an Intensive Outpatient Unit.', *Reformulation*, 21, Oct-13.
Full Text Link: [Click here to View this Article](#)
- Mitzman, S. F. (2010) 'Cognitive Analytic Therapy and the Role of Brief Assessment and Contextual Reformulation: The Jigsaw Puzzle of Offending', *Reformulation*, 34, 26 - 30.
Full Text Link: [Click here to View this Article](#)
- Moon, L. (2015) 'My Experience of Cognitive Analytic Therapy (CAT) within a Secure Forensic Setting', *Reformulation*, 45, Dec-15.
Full Text Link: [Click here to View this Article](#)
- Moran, C. (2019) 'The Sense of an Ending' - Death and Endings in CAT', *Reformulation*, 52, 23-25.
Full Text Link: [Click here to View this Article](#)
- Morgan, S. (2018) 'A Case Example of CAT with a Person who Experiences Symptoms of Psychosis', *Reformulation*, 51, 35-38.
Full Text Link: [Click here to View this Article](#)
- Morris, P. (1995) 'Blunt Thoughts about Sharpening the File', *Reformulation*, 14.
Full Text Link: [Click here to View this Article](#)
- Moss M. and Tanner, C. (2013) 'CAT as a model for development of leadership skills', *Reformulation*, 41, 11, 12, 13, 14.
Full Text Link: [Click here to View this Article](#)
- Moss, A. (2007) 'The Application of CAT to Working with People with Learning Disabilities', *Reformulation*,

28, 20 - 27.

Full Text Link: [Click here to View this Article](#)

Mulhall, J. (2013) 'Cognitive Analytic Therapy (CAT) and (Open) Groups with Adolescents within an Inpatient Psychiatric Setting: Initial Thoughts and Experiences', *Reformulation*, 41, 37, 38, 39.

Full Text Link: [Click here to View this Article](#)

Mulhall, J. (2015) 'A CAT Informed Approach to a Time-Limited (Closed) Group within an Adolescent Inpatient Setting', *Reformulation*, 45, 20-28.

Full Text Link: [Click here to View this Article](#)

Mulhall, J. (2010) 'Thoughts and Experiences of the Application of Cognitive Analytic Therapy to Clinical Work with Adolescents', *Reformulation*, 34, 34 - 36.

Full Text Link: [Click here to View this Article](#)

Murphy, N. (2008) 'CAT Used Therapeutically and Contextually', *Reformulation*, 30, 26 - 30.

Full Text Link: [Click here to View this Article](#)

Nehmad, A. (1993) 'CAT and its Relationships to Non-CAT - Preliminary Thoughts About Annalee's Diagram', *Reformulation*, 4.

Full Text Link: [Click here to View this Article](#)

Nehmad, A. (1997) 'The Essence of Effective Psychotherapy: Reflections of a CAT Therapist learning Solution Focussed Brief Therapy', *Reformulation*, 12.

Full Text Link: [Click here to View this Article](#)

Nehmad, A. (1997) 'Narcissism destructive and disowned: Shakespeare's Troilus and Cressida', *Reformulation*, 12.

Full Text Link: [Click here to View this Article](#)

Nehmad, A. (1997) 'CAT and Narcissism: The Missing Chapter', *Reformulation*, 12.

Full Text Link: [Click here to View this Article](#)

Nehmad, A. (1997) 'Beyond State Shifts - Metashifts', *Reformulation*, 13.

Full Text Link: [Click here to View this Article](#)

Nehmad, A. (2010) 'A Suggested New Diagrammatic Formulation for Narcissists', *Reformulation*, 35, 44.

Full Text Link: [Click here to View this Article](#)

Nevison, C. (2000) 'The Experience Of The Psychiatric Interview Following Self-Harm', *Reformulation*, 7.

Full Text Link: [Click here to View this Article](#)

Newell, A., Garrihy, A., Morgan, K., Raymond, C., and Gamble, H. (2009) 'Receiving a CAT Reformulation Letter: What Makes a Good Experience?', *Reformulation*, 33, 29.

Full Text Link: [Click here to View this Article](#)

Nield, C. (2020) 'A dialogue: in response to moving on from face to face to online therapy', *Reformulation*, 54, 15.

Full Text Link: [Click here to View this Article](#)

Nuttall, S. and Scott Stewart, M. (2004) 'Naming or Shaming?', *Reformulation*, 21, 3.

Full Text Link: [Click here to View this Article](#)

O'Brien, C. (2004) 'Public Expectations of CAT', *Reformulation*, 22, 5.

Full Text Link: [Click here to View this Article](#)

- O'Mara, O. (2013) 'The Awkward Silence - Ethics of Withholding Information', *Reformulation*, 40, Sep-13.
Full Text Link: [Click here to View this Article](#)
- Pantke, R. (2003) 'The ACAT Practice Research Network: What are ACAT Members' Views About What Constitutes a Minimum Dataset?', *Reformulation*, 18, 28.
Full Text Link: [Click here to View this Article](#)
- Parker, C. (2018) 'Cognitive Analytic Therapy: Distinctive Features (2018)', *Reformulation*, 51, 42.
Full Text Link: [Click here to View this Article](#)
- Parkinson, R. (2020) 'From face to face to online: thoughts on the experience of a rapid change of practice', *Reformulation*, 54, Dec-14.
Full Text Link: [Click here to View this Article](#)
- Parkinson, R. (2008) 'The Development of the Sequential Diagrammatic Reformulation', *Reformulation*, 30, 33 - 37.
Full Text Link: [Click here to View this Article](#)
- Perry, A. (2012) 'CAT with People who Hear Distressing Voices', *Reformulation*, 38, 16 - 22.
Full Text Link: [Click here to View this Article](#)
- Petratou, V. (2019) 'The House of Self States [HOSS]: Using a creative integrative and containing mapping technique across the therapies', *Reformulation*, 53, 06-Sep.
Full Text Link: [Click here to View this Article](#)
- Pettit, A. (2012) 'Exploring whether the 6 Part Story Method is a valuable tool to identify victims of bullying in people with Down's Syndrome', *Reformulation*, 39, 28 - 34.
Full Text Link: [Click here to View this Article](#)
- Poggioli, M. (2011) 'Book Review: "Why love matters - How affection shapes the baby's brain" by Sue Gerhardt', *Reformulation*, 37, 43.
Full Text Link: [Click here to View this Article](#)
- Poggioli, M. and Fiorani, C. (2018) 'Fond Memories Of Someone We Were Lucky To Have Met', *Reformulation*, 50, 26.
Full Text Link: [Click here to View this Article](#)
- Pollard, C. (1997) 'Narcissism: From Kohut to CAT', *Reformulation*, 12.
Full Text Link: [Click here to View this Article](#)
- Pollard, R. (2011) 'Book Review: Lacanian Psychoanalysis, Revolutions in Subjectivity', *Reformulation*, 36, 23 - 28.
Full Text Link: [Click here to View this Article](#)
- Pollard, R. (2012) 'Great Time: From Blade Runner to Bakhtin', *Reformulation*, 38, 32 - 34.
Full Text Link: [Click here to View this Article](#)
- Pollard, R. (2012) 'Book Review: Post Existentialism and the Psychological Therapies: Towards a therapy without foundations', *Reformulation*, 39, 43.
Full Text Link: [Click here to View this Article](#)
- Pollard, R. (2014) 'Inaugural meeting of the UK - Palestine Mental Health Network', *Reformulation*, 42, 51.
Full Text Link: [Click here to View this Article](#)
- Pollard, R. (2001) 'Research and Cognitive Analytic Therapy: What do we need to know?', *Reformulation*,

9.

Full Text Link: [Click here to View this Article](#)

Pollard, R. (2001) 'Some of the Historical and Cultural Background to the Self', *Reformulation*, 9.

Full Text Link: [Click here to View this Article](#)

Pollard, R. (2003) 'Book Review: 'Language for those who have nothing. Mikhail Bakhtin and the Landscape of Psychiatry' Peter Good (2001)', *Reformulation*, 19, 40 - 43.

Full Text Link: [Click here to View this Article](#)

Pollard, R. (2003) 'Who was Bakhtin? Marxist Materialist, Christian Mystic, or rampant plagiarist? - Does the 'Crisis' in Bakhtin Studies have any implications for Cognitive Analytic Theory?', *Reformulation*, 102.

Full Text Link: [Click here to View this Article](#)

Pollard, R. (2004) 'Are there Limitations to the Dialogical Approach to Psychotherapy?', *Reformulation*, 22, Aug-14.

Full Text Link: [Click here to View this Article](#)

Pollard, R. (2009) 'State Regulation of Psychotherapy: Protecting the Public or 'Professionalising' Psychotherapy at the Expense of Therapeutic Integrity, Creativity and Diversity?', *Reformulation*, 32, 29 - 31.

Full Text Link: [Click here to View this Article](#)

Pollard, R. and Toye, J. (2006) 'Updating the Psycho-Social Checklist', *Reformulation*, 27, 19 -21.

Full Text Link: [Click here to View this Article](#)

Pollard, R., Hepple, J. and Elia, I. (2005) 'A Dialogue About the Dialogical Approach', *Reformulation*, 25, 18 - 24.

Full Text Link: [Click here to View this Article](#)

Potter, S. (1999) 'A Personal View of ACAT', *Reformulation*, 103.

Full Text Link: [Click here to View this Article](#)

Potter, S. (2002) 'Brilliant or Doomed: Cognitive Analytic Therapy and Relational Intelligence in Higher Education', *Reformulation*, 17, 08-Dec.

Full Text Link: [Click here to View this Article](#)

Potter, S. (2002) 'In Praise of Practitioner Training', *Reformulation*, 16, 03-Apr.

Full Text Link: [Click here to View this Article](#)

Potter, S. (2016) 'Negotiator's Mind', *Reformulation*, 46, 29-32.

Full Text Link: [Click here to View this Article](#)

Potter, S. (2016) 'Brexit means Brexit: the narcissism in an idea', *Reformulation*, 47, 29-34.

Full Text Link: [Click here to View this Article](#)

Potter, S. (2004) 'Untying the knots: relational states of mind in Cognitive Analytic Therapy?', *Reformulation*, 21, 14 - 21.

Full Text Link: [Click here to View this Article](#)

Potter, S. (2018) 'Reciprocal roles: the mother of all ideas', *Reformulation*, 50, 09-Nov.

Full Text Link: [Click here to View this Article](#)

Potter, S. (2019) 'Giving Voice to Therapeutic Writing', *Reformulation*, 53, 23-24.

Full Text Link: [Click here to View this Article](#)

- Potter, S. (2010) 'Words With Arrows The Benefits of Mapping Whilst Talking', *Reformulation*, 34, 37 - 45.
Full Text Link: [Click here to View this Article](#)
- Potter, S. and Lopez-Real, J. (2002) 'A Tribute to Angela Wilton', *Reformulation*, 16, 4.
Full Text Link: [Click here to View this Article](#)
- Potter, S., Amleh, I., Crothers, L., Bernardy, M.A. and Cutler, L. (2019) 'Innovations in Writing', *Reformulation*, 53, 15-22.
Full Text Link: [Click here to View this Article](#)
- Potter, S., Bernardy-Arbuz, M.A., Regan, C. and Barnes, N. (2020) 'From Relational Mapping to Being Relational', *Reformulation*, 54, 23-26.
Full Text Link: [Click here to View this Article](#)
- Psaila, C.L. and Crowley, V. (2006) 'Cognitive Analytic Therapy in People with Learning Disabilities: an Investigation into the Common Reciprocal Roles Found Within this Client Group', *Reformulation*, 27, 05-Nov.
Full Text Link: [Click here to View this Article](#)
- Quraishi, M. (2009) 'CAT Effectiveness: A Summary', *Reformulation*, 32, 36 - 38.
Full Text Link: [Click here to View this Article](#)
- Ramm, M. (2000) 'CAT in Scotland: SCOTCAT', *Reformulation*, 7.
Full Text Link: [Click here to View this Article](#)
- Rapp, H. (1995) 'A map for a road often travelled in CAT', *Reformulation*, 14.
Full Text Link: [Click here to View this Article](#)
- Raymond, C. (2008) 'Looking at a Therapeutic Relationship In CAT', *Reformulation*, 31, 26 - 27.
Full Text Link: [Click here to View this Article](#)
- Redman, K. (2020) 'COVID Reformulation Postcards Katie Redman', *Reformulation*, 54, 10.
Full Text Link: [Click here to View this Article](#)
- Review by Carol Gregory (2019) 'Play & Creativity in Psychotherapy. (Eds) Marks-Tarlow, T., Solomon, M., Seigel D. W.W Norton', *Reformulation*, 52, 47.
Full Text Link: [Click here to View this Article](#)
- Rice-Varian, C. (2011) 'The Effectiveness of Standard Cognitive Analytic Therapy (CAT) with people with mild and moderate acquired brain injury (ABI): an outcome evaluation.', *Reformulation*, 36, 49 - 54.
Full Text Link: [Click here to View this Article](#)
- Rowland, N. (2007) 'Evidence submitted by the British Association for Counselling and Psychotherapy (NICE 92)', *Reformulation*, 29, 20.
Full Text Link: [Click here to View this Article](#)
- Ruppert, M., Birchnall, Z., Bruton, C., Christianson, S. (2008) 'Integration of Cognitive Analytic Therapy Understandings', *Reformulation*, 30, 20 - 22.
Full Text Link: [Click here to View this Article](#)
- Ryle, A. (1993) 'So What's Wrong With CAT?', *Reformulation*, 4.
Full Text Link: [Click here to View this Article](#)
- Ryle, A. (1995) 'The Special Needs Project (CAT For Borderline Patients)', *Reformulation*, 14.
Full Text Link: [Click here to View this Article](#)

- Ryle, A. (1998) 'Curiosity and CAT', *Reformulation*, 1.
Full Text Link: [Click here to View this Article](#)
- Ryle, A. (1998) 'Sequential Diagrams, Reflections and Suggested Revisions', *Reformulation*, 6.
Full Text Link: [Click here to View this Article](#)
- Ryle, A. (2000) 'CAT, Attachment Theory and Cognitivism', *Reformulation*, 8.
Full Text Link: [Click here to View this Article](#)
- Ryle, A. (2001) 'CAT's Dialogic Perspective on the Self', *Reformulation*, 9.
Full Text Link: [Click here to View this Article](#)
- Ryle, A. (2002) 'Differences Between Borderline and Narcissistic Personality Disorders', *Reformulation*, 17, 16 - 17.
Full Text Link: [Click here to View this Article](#)
- Ryle, A. (2002) 'CAT and the NHS', *Reformulation*, 5.
Full Text Link: [Click here to View this Article](#)
- Ryle, A. (2003) 'History and Use of the SDR', *Reformulation*, 20, 18 - 21.
Full Text Link: [Click here to View this Article](#)
- Ryle, A. (2005) 'Long Distance Supervision', *Reformulation*, 25, 04-May.
Full Text Link: [Click here to View this Article](#)
- Ryle, A. (2005) 'Article Review - Subjective Consciousness Explained', *Reformulation*, 24, 18 - 19.
Full Text Link: [Click here to View this Article](#)
- Ryle, A. (2007) 'States Characterisation Procedure (SCP) for supporting the reformulation of patients with borderline/dissociative features', *Reformulation*, 29, 09-Nov.
Full Text Link: [Click here to View this Article](#)
- Ryle, A. (2007) 'Keeping cat alive', *Reformulation*, 28, 04-May.
Full Text Link: [Click here to View this Article](#)
- Ryle, T. (2003) 'The States Description Procedure', *Reformulation*, 20, 13-16.
Full Text Link: [Click here to View this Article](#)
- Ryle, T. (2009) 'Book Review of: How Infants Know Minds. Reddy, V. (2008). Harvard University Press.', *Reformulation*, 32, 33 - 34.
Full Text Link: [Click here to View this Article](#)
- Ryle, T. (2010) 'The Political Sources of Reciprocal Role Procedures', *Reformulation*, 34, 06-Jul.
Full Text Link: [Click here to View this Article](#)
- Sacks, M. (2003) 'Using and Understanding of Primary Process Thinking in CAT', *Reformulation*, 20, 30 - 32.
Full Text Link: [Click here to View this Article](#)
- Salyer, K. (2002) 'Time Limited Therapy: A Necessary Evil in the Managed Care Era?', *Reformulation*, 17, 09-Nov.
Full Text Link: [Click here to View this Article](#)
- Scott Stewart, M. (2001) 'Reconstructing the Infant : Review of 'The Interpersonal World of The Infant' by Daniel Stern', *Reformulation*, 9.
Full Text Link: [Click here to View this Article](#)

- Scott Stewart, M. (2002) 'The Internalisation of the Perpetrator', *Reformulation*, 16, 14.
Full Text Link: [Click here to View this Article](#)
- Sellix M (2002) 'A Personal Study of Core Pain', *Reformulation*, 17, 27-29.
Full Text Link: [Click here to View this Article](#)
- Shannon, K. (2020) 'Reaching In - The Value of CAT Skills Training in Non-Statutory Community Services', *Reformulation*, 54, 26.
Full Text Link: [Click here to View this Article](#)
- Shannon, K. (2009) 'Using what we know: Cognitive Analytic Therapy's Contribution to Risk Assessment and Management', *Reformulation*, 33, 16 - 21.
Full Text Link: [Click here to View this Article](#)
- Shannon, K. and Swarbrick, R. (2010) 'The Development of a Cognitive Analytic Therapy (CAT) Relational Framework for Bipolar Disorder (BD)', *Reformulation*, 34, 17 - 25.
Full Text Link: [Click here to View this Article](#)
- Shannon, K. Butler, S. Ellis, C. McLaine, J. and Riley, J. (2016) 'Use of Cognitive Analytic Concepts; A relational framework for Organisational service delivery and working with clients with Multiple Complex Needs (MCN) at the Liverpool YMCA', *Reformulation*, 47, Dec-20.
Full Text Link: [Click here to View this Article](#)
- Shannon, K., Butler, S., Ellis, C., McLaine, J. and Riley, J. (2017) 'Seeing the unseen'. Supporting organisational and team working at YMCA Liverpool with multiple complex clients. The use of Cognitive Analytic concepts to enhance service delivery', *Reformulation*, 48, May-15.
Full Text Link: [Click here to View this Article](#)
- Sheard, T. (2000) 'Response to the Research Committee's Position Paper', *Reformulation*, 7.
Full Text Link: [Click here to View this Article](#)
- Sheard, T. (2017) 'Embodiment as a creative resource in working with split and 'borderline' clients', *Reformulation*, 48, 34-41.
Full Text Link: [Click here to View this Article](#)
- Sher, M. (2014) 'Words and Rituals: The significance of 'smaller' endings', *Reformulation*, 43, 33-36.
Full Text Link: [Click here to View this Article](#)
- Sloper, J. (2000) 'A New Database for ACAT', *Reformulation*, 8.
Full Text Link: [Click here to View this Article](#)
- Sloper, J. (2002) 'Developing New Systems for ACAT Administration and Communication', *Reformulation*, 17, 31-33.
Full Text Link: [Click here to View this Article](#)
- Sloper, J. (2002) 'What's it like to have Cognitive Analytic Therapy?', *Reformulation*, 5.
Full Text Link: [Click here to View this Article](#)
- Smith, H., Wills, S. (2010) 'Creatively Adapting CAT: Two Case Studies from a Community Learning Disability Team', *Reformulation*, 35, 35 - 40.
Full Text Link: [Click here to View this Article](#)
- Spencer, P. (2013) 'Problem solving in an empathic task: an experimental study of expertise and intuition', *Reformulation*, 41, 41- 44.
Full Text Link: [Click here to View this Article](#)

- Staunton, G., Lloyd, J. and Potter, S. (2015) 'Relational patterns amongst staff in an NHS Community Team', *Reformulation*, 44, 38-44.
Full Text Link: [Click here to View this Article](#)
- Steele, M. (2013) 'So how truly collaborative are we?', *Reformulation*, 40, 33 - 35.
Full Text Link: [Click here to View this Article](#)
- Strauss, J. (2013) 'Reformulating Futh, the 'hero' of the 'The lighthouse' by Alison Moore', *Reformulation*, 40, 26, 27.
Full Text Link: [Click here to View this Article](#)
- Sutton L. and Gaskell, A. (2016) 'Meeting with Older People as CAT Practitioners: Attending to Neglect', *Reformulation*, 46, 22-28.
Full Text Link: [Click here to View this Article](#)
- Sutton, L. (1999) 'CAT in Later Life: Becoming a Historian of the Self', *Reformulation*, 2.
Full Text Link: [Click here to View this Article](#)
- Sutton, L., Gaskell, A. (2009) 'Meeting with Older People as CAT Practitioners: Attending to Neglect', *Reformulation*, 32, Jun-13.
Full Text Link: [Click here to View this Article](#)
- Tanner, C. (1994) 'Adult Survivors of Childhood Sexual Abuse : A Discussion of Definitions, Prevalence, Incidence and Theory as it applies to CAT Practice', *Reformulation*, 15.
Full Text Link: [Click here to View this Article](#)
- Tanner, C. (2002) 'Target Problems: The Focus in a CAT Therapy', *Reformulation*, 104.
Full Text Link: [Click here to View this Article](#)
- Tanner, C. and Webster, P. (2003) 'Nacissism - A CAT Perspective', *Reformulation*, 19, 16-18.
Full Text Link: [Click here to View this Article](#)
- Tikkanen, S. (2014) 'Formulation during the Child Assessment Process', *Reformulation*, 42, 38-44.
Full Text Link: [Click here to View this Article](#)
- Toye, J. (2011) 'Equality, Inequality and Reciprocal Roles', *Reformulation*, 37, 44 - 48.
Full Text Link: [Click here to View this Article](#)
- Toye, J. (1999) 'Working with Victims of Racism', *Reformulation*, 2.
Full Text Link: [Click here to View this Article](#)
- Toye, J. (2003) 'Cultural Diversity and CAT', *Reformulation*, 20, 25-29.
Full Text Link: [Click here to View this Article](#)
- Toye, J. (2009) 'Aims and Exits from Self-Defeating Procedures', *Reformulation*, 32, 26 - 29.
Full Text Link: [Click here to View this Article](#)
- Toye, J. (2010) 'Will ACAT Join Other Professional Bodies in Calling for an End to the Detention of Families with Children?', *Reformulation*, 34, 47 - 48.
Full Text Link: [Click here to View this Article](#)
- Toye, J., Lloyd, J., Jenaway, A. (2009) 'Obtaining Consent to Publish - Further Thoughts', *Reformulation*, 32, 3.
Full Text Link: [Click here to View this Article](#)
- Turley, A., Faulkner, J., Tunbridge, V., Regan, C. and Knight, E. (2009) 'A Brief Survey of Perceptions of

- Cognitive Analytic Therapy Within Local Mental Health Systems', *Reformulation*, 33, 26.
Full Text Link: [Click here to View this Article](#)
- Turner, J. (2011) 'CAT, Metaphor and Pictures: An exploration of the views of CAT therapists into the use of metaphor and pictorial metaphor', *Reformulation*, 36, 37 - 41.
Full Text Link: [Click here to View this Article](#)
- Turner, J. (2011) 'CAT, Metaphor and Pictures', *Reformulation*, 37, 39 - 43.
Full Text Link: [Click here to View this Article](#)
- Turner, L. (2020) 'COVID Reformulation Postcards Laura Turner', *Reformulation*, 54, 11.
Full Text Link: [Click here to View this Article](#)
- Turner, T. (2018) 'Wounded Healer', *Reformulation*, 51, 25.
Full Text Link: [Click here to View this Article](#)
- Turner, V. (1999) 'Opinion and Debate : Boundaries', *Reformulation*, 2.
Full Text Link: [Click here to View this Article](#)
- Turpin, C. (2019) 'Follow Up in CAT', *Reformulation*, 52, 26-28.
Full Text Link: [Click here to View this Article](#)
- Turpin, C. (2019) 'In Praise and Celebration of IRRAPT', *Reformulation*, 53, 36-37.
Full Text Link: [Click here to View this Article](#)
- Turpin, C., Adu-White, D., Barnes, P., Chalmers-Woods, R., Delisser, C., Dudley, J. and Mesbahi, M. (2011) 'What are the important ingredients of a CAT goodbye letter?', *Reformulation*, 37, 30 - 31.
Full Text Link: [Click here to View this Article](#)
- Varela, J. (2016) 'Playing' with CAT - Using a CAT Informed Approach with Young Children and their Families', *Reformulation*, 46, 06-Oct.
Full Text Link: [Click here to View this Article](#)
- Varela, J. (2016) 'Developing a Mobile Application to Support Cognitive Analytic Therapy', *Reformulation*, 47, 37-38.
Full Text Link: [Click here to View this Article](#)
- Vesey, R. (2012) 'CAT in the NHS: Changes as a result of the Health and Social Care Act 2012 and the future of CAT', *Reformulation*, 39, 06-Sep.
Full Text Link: [Click here to View this Article](#)
- Victoria (2015) 'Talking myself into and out of Asperger's Syndrome: Using Cognitive Analytic Therapy (CAT) to rethink normal', *Reformulation*, 44, 18-22.
Full Text Link: [Click here to View this Article](#)
- Waft, Y. (2011) 'Is CAT in danger of being squeezed out of the NHS?', *Reformulation*, 36, 18 - 21.
Full Text Link: [Click here to View this Article](#)
- Wakeling, N (2017) 'The Clinician's Guide To Forensic Music Therapy - Book Review', *Reformulation*, 49, 56-57.
Full Text Link: [Click here to View this Article](#)
- Wallace, W. (2015) 'Is Transsexualism an Iatrogenic construction?', *Reformulation*, 44, 24-29.
Full Text Link: [Click here to View this Article](#)
- Walsh, M. (2003) 'Mind the Gap', *Reformulation*, 20, 22-24.

Full Text Link: [Click here to View this Article](#)

Walsh, S. (2019) 'Paper 1. 'Infamy, Infamy, they've all got it in for me.' 1 Exits in Organisationally Informed CAT Supervision', *Reformulation*, 52, 06-Aug.

Full Text Link: [Click here to View this Article](#)

Walsh, S. (2019) 'Paper 2. Applying the Ideas into Practice: Narrative CAT Exits in Organisational Supervision', *Reformulation*, 52, 08-Dec.

Full Text Link: [Click here to View this Article](#)

Watson, R. (2010) 'How Can Cognitive Analytic Therapy Contribute To The Understanding And Treatment Of 'Sex Addiction'', *Reformulation*, 35, 13 - 16.

Full Text Link: [Click here to View this Article](#)

Welch, L. (1994) 'Supervision: Integrating Self and Skill', *Reformulation*, 15.

Full Text Link: [Click here to View this Article](#)

Welch, L. (1995) 'Can the Concept of Competencies Help Us to be Competent?', *Reformulation*, 101.

Full Text Link: [Click here to View this Article](#)

Welch, L. (2012) 'Reciprocal roles within the NHS', *Reformulation*, 39, 14 - 18.

Full Text Link: [Click here to View this Article](#)

Welch, L. (2000) 'Private Misery, Public Rage and Poor Soundproofing - Seeking Happiness in the NHS', *Reformulation*, 10.

Full Text Link: [Click here to View this Article](#)

Welch, L. (2014) 'Politics, Reciprocal Roles and Dialogue', *Reformulation*, 43, 06-Aug.

Full Text Link: [Click here to View this Article](#)

Welch, L. (2004) 'Thoughts on the Inner Dialogue Between a CAT Therapist and Karl - I am not a marxist - Marx', *Reformulation*, 23, 24-26.

Full Text Link: [Click here to View this Article](#)

Welch, L. (2020) 'Naming the Reciprocal Roles of Britain's Black and Minority Ethnic Communities', *Reformulation*, 54, 40-43.

Full Text Link: [Click here to View this Article](#)

Wells, S. (2009) 'A Qualitative Study of Cognitive Analytic Therapy as Experienced by Clients with Learning Disabilities', *Reformulation*, 33, 21 - 23.

Full Text Link: [Click here to View this Article](#)

Westacott, M. (2008) 'Statutory Regulation Update', *Reformulation*, 31, 03-Apr.

Full Text Link: [Click here to View this Article](#)

Westwood, S. and Lloyd, J. (2014) 'A first experience of using Cognitive Analytic Therapy with a person with a learning disability', *Reformulation*, 42, 47-50.

Full Text Link: [Click here to View this Article](#)

White, S. and Hepple, J. (2020) 'Eight Session Cognitive Analytic Therapy (CAT) Improving Access to Psychological Therapy (IAPT) service - description of a model and method', *Reformulation*, 54, 16-20.

Full Text Link: [Click here to View this Article](#)

Wicksteed, A. (2012) 'Using a Cognitive Analytic Therapy approach in working with Eating Disorders: Reflections on Practice', *Reformulation*, 38, 26 - 31.

- Full Text Link: [Click here to View this Article](#)
- Wilde McCormick, E. (2011) 'Book Review: The Mindfulness Manifesto', *Reformulation*, 36, 28.
Full Text Link: [Click here to View this Article](#)
- Wilde McCormick, E. (2011) 'Compassion in CAT', *Reformulation*, 37, 32 - 38.
Full Text Link: [Click here to View this Article](#)
- Wilde McCormick, E. (2004) 'Mindfulness and CAT', *Reformulation*, 23, 05-Oct.
Full Text Link: [Click here to View this Article](#)
- Wilde McCormick, E. (2019) 'Words for Feelings', *Reformulation*, 52, 32.
Full Text Link: [Click here to View this Article](#)
- Wilde McCormick, E. (2020) 'The Therapist's Chair', *Reformulation*, 54, 44-48.
Full Text Link: [Click here to View this Article](#)
- Wilde McCormick, E. (2008) 'How to Enjoy Writing a Prose Reformulation', *Reformulation*, 30, 16 - 17.
Full Text Link: [Click here to View this Article](#)
- Williams, B. (2012) 'Past Hurts and Therapeutic Talent', *Reformulation*, 39, 39 - 42.
Full Text Link: [Click here to View this Article](#)
- Wilson, C. (2017) 'Concepts of the Self, Social Inequality, Culture and Power in reflecting on therapeutic work with Asylum Seekers and Refugees: A Cognitive Analytic Approach', *Reformulation*, 49, 44-47.
Full Text Link: [Click here to View this Article](#)
- Wilson-Verrall, M. (2019) 'ICATA View From The Floor', *Reformulation*, 53, 37-38.
Full Text Link: [Click here to View this Article](#)
- Wilton, A. (1995) 'A Study of Birth Stories and Their Relevance for CAT', *Reformulation*, 3.
Full Text Link: [Click here to View this Article](#)
- Wilton, A. (2000) 'How should we respond to Therapists offering CAT without valid training or qualifications?', *Reformulation*, 7.
Full Text Link: [Click here to View this Article](#)
- Wilton, A. (2001) 'The impact of illness on the therapist's self and the handling and use of this in therapy', *Reformulation*, 9.
Full Text Link: [Click here to View this Article](#)
- Winstanley, H. (2013) 'When the obvious solution may not be as simple as it seems', *Reformulation*, 40, 15 - 17.
Full Text Link: [Click here to View this Article](#)
- Wood, H. (2003) 'Psychoanalytic Theories of Perversion Reformulated', *Reformulation*, 19, 26-31.
Full Text Link: [Click here to View this Article](#)
- Yorke, L. (2018) 'The Jigsaw aka The Battle of Humpty 2018', *Reformulation*, 51, 43.
Full Text Link: [Click here to View this Article](#)

Journal Articles

(2023) 'International Journal of Cognitive Analytic Therapy and Relational Mental Health Journal Volume 5',

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Allison, S., Bastiampillai, T., Looi, J.C. and Mulder, R. (2022) 'Adolescent borderline personality disorder: Does early intervention 'bend the curve'?', *Australasian Psychiatry*.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1177/10398562221092311>

Annesley, P., and Sheldon, K. (2012) 'Cognitive analytic therapy (CAT) within the perimeter fence: An exploration of issues clinicians encounter in using CAT within a high secure hospital', *The British Journal of Forensic Practice*, 14, 124-137.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1108/14636641211223684>

Annesley, P., Davison, L., Colley, C., Gilley, L., and Thomson, L. (2017) 'Developing and evaluating interventions for women firesetters in high secure mental healthcare', *Journal of Forensic Practice*, 19, 59-76.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1108/JFP-12-2015-0054>

Asquith, I. (2019) 'Cognitive analytic approaches in care homes for older people: Reflections on practice, potential barriers and future directions', *Clinical Psychology Forum*, no. 319, 39-41.

Full Text Link: n/a

DOI Link: n/a

Aveline, M. (2001) 'Very brief dynamic psychotherapy', *Advances in Psychiatric Treatment*, 7, 373-380.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1192/apt.7.5.373>

Aveline, M., (2001) 'Innovative contemporary psychotherapies', *Advances in Psychiatric Treatment*, 7, 241 - 242.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1192/apt.7.4.241>

Balmain, N., Melia, Y., Dent, H. and Smith, K. (2020) 'A systematic review of service user's experience of cognitive analytic therapy (CAT)', *Psychology and Psychotherapy: Theory, Research and Practice*, 94, 36-63.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1111/papt.12305>

Balmain, N., Melia, Y., Dent, H., Smith, K. and John, C. (2021) 'Experiences of receiving cognitive analytic therapy for those with complex secondary care mental health difficulties', *Psychology and Psychotherapy: Theory, Research and Practice*, 94, 120-136.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Bamber, M. (1997) 'An evaluation of three cognitive models of depression', *Clinical Psychology Forum*, 99.

Full Text Link: n/a

DOI Link: n/a

- Baronian R.; Leggett S.J.E. (2020) 'Brief cognitive analytic therapy for adults with chronic pain: a preliminary evaluation of treatment outcome', *British Journal of Pain*, 14, 57-67.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1177/2049463719858119>
- Barrow, A. and Annesley, P. (2018) 'Evaluating a specialist elective teaching module on cognitive analytic therapy for clinical psychology trainees', *Clinical Psychology Forum*, no. 307, 22-28.
Full Text Link: n/a
DOI Link: n/a
- Bateman, A.W. (2012) 'Treating borderline personality disorder in clinical practice.', *American Journal of Psychiatry*, 169(6), 560-563.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1176/appi.ajp.2012.12030341>
- Bateman, A.W. & Tyrer, P. (2004) 'Psychological treatment for personality disorders.', *Advances in Psychiatric Treatment*, 10, 378-388.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/apt.10.5.378>
- Bateman, A.W., Ryle, A., Fonagy, P. and Kerr, I.B. (2007) 'Psychotherapy for Borderline Personality Disorder: Mentalization Based Therapy and Cognitive Analytic Therapy Compared', *International Review of Psychiatry*, 19, 51-62.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1080/09540260601109422>
- Beard, H., Marlowe, M. and Ryle, A. (1990) 'The Management and Treatment of Personality-Disordered Patients The Use of Sequential Diagrammatic Reformulation', *British Journal of Psychiatry*, 156, 541-545.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1192/bjp.156.4.541>
- Bedford, A., Davies, F. and Tibbles, J. (2009) 'The Personality Structure Questionnaire (PSQ): A cross-validation with a large clinical sample', *Clinical Psychology and Psychotherapy*, 16, 77-81.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1002/cpp.603>
- Bell, L. (1996) 'Cognitive Analytic Therapy: Its value in the treatment of people with eating disorders', *Clinical Psychology Forum*, 92.
Full Text Link: n/a
DOI Link: n/a
- Bell, L. (1999) 'The Spectrum of Psychological Problems in People with Eating Disorders, an Analysis of 30 Eating Disordered Patients Treated with Cognitive Analytic Therapy', *Clinical Psychology and Psychotherapy*, 6, 29-38.
Full Text Link: n/a
DOI Link: [https://doi.org/10.1002/\(SICI\)1099-0879\(199902\)6:1%3C29::AID-CPP179%3E3.0.CO;2-U](https://doi.org/10.1002/(SICI)1099-0879(199902)6:1%3C29::AID-CPP179%3E3.0.CO;2-U)
- Bell, L. (1995) 'Cognitive Analytic Therapy: its key strengths and some concerns', *Clinical Psychology Forum*, 27-30.
Full Text Link: n/a
DOI Link: n/a
- Bennett, D. (1994) 'Readiness to Change-The Impact of Reformulation: A Case Example of Cognitive Analytic Therapy', *International Journal of Short-Term Psychotherapy*, 9, 83-91.

Full Text Link: n/a
DOI Link: n/a

Bennett, D. and Parry, G. (1998) 'The Accuracy of the Reformulation in Cognitive Analytic Therapy: A Validation Study', *Psychotherapy Research*, 8, 84-103.

Full Text Link: n/a
DOI Link: <https://doi.org/10.1080/10503309812331332217>

Bennett, D. and Ryle, A. (2005) 'The Characteristic Features of Common Borderline States: A Pilot Study using the States Description Procedure', *Clinical Psychology and Psychotherapy*, 12, 58-66.

Full Text Link: n/a
DOI Link: <https://doi.org/10.1002/cpp.435>

Bennett, D., Parry, G. (2004) 'A Measure of Psychotherapeutic Competence Derived From Cognitive Analytic Therapy', *Psychotherapy Research*, 14, 176-192.

Full Text Link: n/a
DOI Link: <https://doi.org/10.1093/ptr/kph016>

Bennett, D., Parry, G. and Ryle, A. (2006) 'Resolving threats to the therapeutic alliance in cognitive analytic therapy of borderline personality disorder: A task analysis', *Psychology and Psychotherapy: Theory, Research and Practice*, 79, 395-418.

Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1348/147608305X58355>

Bennett, D., Pollock, P. and Ryle, A. (2005) 'The States Description Procedure: The Use of Guided Self-Reflection in the Case Formulation of Patients with Borderline Personality Disorder', *Clinical Psychology and Psychotherapy*, 12, 50-57.

Full Text Link: n/a
DOI Link: <https://doi.org/10.1002/cpp.416>

Berkowitz, M. (1983) 'Know your borderline: Countertransference as a diagnostic tool.', *Psychotherapy: Theory, Research & Practice*, 20(4), 405.

Full Text Link: n/a
DOI Link: <https://doi.org/10.1037/h0088500>

Berrios, R., Kellett, S., Fiorani, C. and Poggioli, M. (2016) 'Assessment of identity disturbance: Factor structure and validation of the Personality Structure Questionnaire (PSQ) in an Italian sample', *Psychological Assessment*, 28, 27-35.

Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1037/pas0000143>

Birtchnell, J., Denman, C. and Okhai, F. (2004) 'Cognitive analytic therapy: Comparing two measures of improvement', *Psychology and Psychotherapy: Theory, Research and Practice*, 77, 479-492.

Full Text Link: n/a
DOI Link: <https://doi.org/10.1348/1476083042555398>

Blenkiron, P. (2002) 'Political range of psychotherapies has emerged.', *British Medical Journal*, 324, 1523.

Full Text Link: n/a
DOI Link: n/a

Blundell Jones, J., Walsh, S. and Isaac, C. (2017) 'The relational impact of multiple sclerosis: An integrative review of the literature using a cognitive analytic framework', *Journal of Clinical Psychology in Medical Settings*, 24, 316-340.

Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1007/s10880-017-9506-y>

- Boddington, S. (2003) 'Psychological therapies with older people: Developing treatments for effective practice.', *British Journal of Clinical Psychology*, 42, 330.
Full Text Link: n/a
DOI Link: n/a
- Bordin, E. S. (1979) 'The generalizability of the psychoanalytic concept of the working alliance.', *Psychotherapy: Theory, Research & Practice*, 16 (3), 252-260.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1037/h0085885>
- Boyce, P., Oakley-Browne, M.A. and Hatcher, S. (2001) 'The problem of deliberate self-harm', *Current Opinion in Psychiatry*, 14, 107-111.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1097/00001504-200103000-00002>
- Breckon, S. and Simpson, J. (2011) 'The case for cognitive analytic therapy in learning disability services', *Clinical Psychology and People with Learning Difficulties*, 9, pg.2-7.
Full Text Link: n/a
DOI Link: n/a
- Brockman, B., Poynton, A., Ryle, A. and Watson, J.P. (1987) 'Effectiveness of Time-limited Therapy Carried Out by Trainees', *British Journal of Psychiatry*, 151, 602 - 610.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1192/bjp.151.5.602>
- Brown, H. (2021) 'Learning from the Pandemic.', *International Journal of Cognitive Analytic Therapy and Relational Mental Health*, 4.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Buckley, M. (2002) 'Psychotherapy with compulsively striving professional women (i) introducing the patient group', *Psychodynamic Practice*, 8.1, 75-84.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1080/13533330110119286>
- Buckley, M. (2002) 'Psychotherapy with compulsively striving professional women 2: Clinical issues.', *Psychodynamic Practice*, 8.1, 85-98.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1080/13533330110119295>
- Burkeman, O. (2016) 'Therapy wars: the revenge of Freud.', *The Guardian*, 25 January.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Byron, K. (2021) "'Falling off the edge of a cliff': Complex Endings and CAT", *International Journal of Cognitive Analytic Therapy and Relational Mental Health*, 4.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Calvert R., and Kellett S. (2014) 'Cognitive analytic therapy: A review of the outcome evidence base for treatment', *Psychology and Psychotherapy: Theory, Research and Practice*, 87, 253-277.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1111/papt.12020>
- Calvert, R., Kellett, S. and Hagan, T. (2015) 'Group cognitive analytic therapy for female survivors of

childhood sexual abuse', *British Journal of Clinical Psychology*, 54, 491-413.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1111/bjc.12085>

Cammell, P. (2022) 'Defending and demonstrating the psychodynamic orientation in psychiatry', *Australian & New Zealand Journal of Psychiatry*, 56(6), 583-585.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1177/00048674221099164>

Campbell, C. (2007) 'Formulation: More Than a Formula?', *PsycCRITIQUES*, 52, Online, no page number.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1037/a0005991>

Carden, L.J., Saini, P., Seddon, C., Evans, E. and Taylor, P. (2020) 'Shame, social deprivation, and the quality of the voice-hearing relationship.', *Psychology and Psychotherapy: Theory, Research and Practice*, 93, 292-308.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1111/papt.12216>

Carradice, A. (2013) 'Five-session CAT' consultancy: Using CAT to guide care planning with people diagnosed with personality disorder within community mental health teams', *Clinical Psychology & Psychotherapy*, 20, 359-367.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/cpp.1812>

Cartwright, C. (2011) 'Transference, countertransference, and reflective practice in cognitive therapy', *Clinical psychologist*, 15, 112-120.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.1742-9552.2011.00030.x>

Caruso R., Biancosino B., Borghi C., Marmai L., Kerr I.B. and Grass L. (2013) 'Working With the 'Difficult' Patient: The Use of a Contextual Cognitive-Analytic Therapy Based Training in Improving Team Function in a Routine Psychiatry Service Setting', *Community Mental Health Journal*, 49, 722-727.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1007/s10597-012-9579-x>

Cavieres, M. (2006) 'Introduction to Cognitive Analytic Therapy; A Case Example', *New Zealand Clinical Psychologist Journal*, 16.

Full Text Link: n/a

DOI Link: n/a

Chanen, A.M., Jackson, H.J., McCutcheon, L.K., Jovev, M., Dudgeon, P., Yuen H.P., Germano, D., Nistico, H., McDougall, E., Weinstein, C., Clarkson, V. and McGorry, P.D. (2008) 'Early intervention for adolescents with borderline personality disorder using cognitive analytic therapy: randomised controlled trial.', *British Journal of Psychiatry*, 193, 477-84.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1192/bjp.bp.107.048934>

Chanen, A.M., Jackson, H.J., McCutcheon, L.K., Jovev, M., Dudgeon, P., Yuen, H.P., Germano, D., Nistico, H., McDougall, E., Weinstein, C. and Clarkson, V. (2008) 'Early intervention for adolescents with borderline personality disorder using cognitive analytic therapy: randomised controlled trial. The British Journal of Psychiatry, 193(6), pp.477-484.', *The British Journal of Psychiatry*, 193(6), 477-484.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

- Chanen, A.M., Jackson, H.J., McCutcheon, L.K., Jovev, M., Dudgeon, P., Yuen, H.P., Germano, D., Nistico, H., McDougall, E., Weinstein, C., Clarkson, V. and McGorry, P.D. (2009) 'Early intervention for adolescents with borderline personality disorder: quasi-experimental comparison with treatment as usual.', *Australian & New Zealand Journal of Psychiatry*, 43, 397-408.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1080/00048670902817711>
- Chanen, A.M., McCutcheon, L.K., Germano, D., Nistico, H., Jackson, H.J. and McGorry, P.D. (2009) 'The HYPE Clinic: an early intervention service for borderline personality disorder.', *Journal of Psychiatric Practice*, 15, 163-72.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1097/01.pra.0000351876.51098.f0>
- Clarke, S. and Llewelyn, S. (1994) 'Personal constructs of survivors of childhood sexual abuse receiving cognitive analytic therapy', *British Journal of Medical Psychology*, 67, 273-289.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.2044-8341.1994.tb01796.x>
- Clarke, S. and Pearson, C. (2000) 'Personal constructs of male survivors of childhood sexual abuse receiving cognitive analytic therapy', *British Journal of Medical Psychology*, 73, 169 - 177.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1348/000711200160408>
- Clarke, S., Thomas, P., and James, K. (2013) 'Cognitive analytic therapy for personality disorder: Randomised controlled trial', *British Journal of Psychiatry*, 202, 129-134.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/bjp.bp.112.108670>
- Clayton, P. (2010) 'From insecure attachment to (partial) inter-subjectivity (fearful aloneness to safely being with others)', *Journal of Learning Disabilities and Offending Behaviour*, 1, 33-43.
Full Text Link: n/a
DOI Link: <https://doi.org/10.5042/jldob.2010.0176>
- Cowmeadow, P. (1994) 'Deliberate Self-Harm and Cognitive Analytic Therapy', *International Journal of Short-Term Psychotherapy*, 9, 135-150.
Full Text Link: n/a
DOI Link: n/a
- Craven-Staines, S. (2019) 'Cognitive Analytic Therapy in the provision of care for mental health staff in an Employee Psychology Service', *International Journal of Cognitive Analytic Therapy and Relational Mental Health*, 3.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Crittenden, P.M. (2000) 'Molding clay: the process of constructing the self and its relation to psychotherapy.', *Revista de Psicoterapia*, 41, 67-82.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Curling, L., Kellett, S. and Totterdell, P. (2018) 'Cognitive analytic therapy for obsessive morbid jealousy: A case series', *Journal of Psychotherapy Integration*, 28, 537-555.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1037/int0000122>
- Curling, L., Kellett, S., Totterdell, P., Parry, G., Hardy, G., and Berry, K. (2018) 'Treatment of obsessive

morbid jealousy with cognitive analytic therapy: An adjudicated hermeneutic single-case efficacy design evaluation', *Psychology and Psychotherapy: Theory, Research and Practice*, 91, 95-116.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1111/papt.12151>

Daly, A. M., Llewelyn, S., McDougall, E., and Chanen, A. M. (2010) 'Rupture resolution in cognitive analytic therapy for adolescents with borderline personality disorder', *Psychology and Psychotherapy: Theory, Research and Practice*, 83, 273-288.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1348/147608309X481036>

Dare, C., Eisler, I., Russell, G., Treasure, J. and Dodge, L. (2001) 'Psychological therapies for adults with anorexia nervosa: randomised controlled trial of out-patient treatments', *British Journal of Psychiatry*, 178, 216-221.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1192/bjp.178.3.216>

Darongkamas, J., John, C., and Walker, M. J. (2014) 'An eight-eyed version of Hawkins and Shohet's clinical supervision model: the addition of the cognitive analytic therapy concept of the 'observing eye/I' as the 'observing us'', *British Journal of Guidance & Counselling*, 42, 261-270.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1080/03069885.2014.895797>

Darongkamas, J., Kiely, B. and Walker, M. J. (2016) 'A CAT envelope to deliver EMDR: Cognitive analytic therapy around eye movement desensitization and reprocessing', *Psychotherapy Integration*, 26, 462-477.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1037/int0000034>

Darongkamas, J., Newell, A., Hewitt-Moran, T. and Jordan, S. (2015) 'Outcomes of cognitive analytic therapy delivered by trainees', *Mental Health Today*, 24-27.

Full Text Link: n/a

DOI Link: n/a

Dasoukis, J., Garyfallos, G., Bozikas, V., Katsigiannopoulos, K., Voikli, M., Pandoularis, J., Lombtziannidou, M., Zagora, C., Giannakou, M. and Adamopoulou, A. (2008) 'Evaluation of Cognitive-Analytic Therapy (CAT) outcome in patients with Borderline Personality Disorder', *Annals of General Psychiatry*, 7, Supplement 1.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1186/1744-859X-7-S1-S108>

Dawson, M., Rowell, R., Johnson, L. (2023) 'Measuring the Effectiveness of Cognitive Analytic Therapy', *International Journal of CAT & RMH*, 5.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Deen, N. (2005) 'Review of Handbook of Individual Therapy', *International Journal for the Advancement of Counselling*, 161-162.

Full Text Link: n/a

DOI Link: n/a

DelMonte, M. M. (2003) 'Iatrogenic post-traumatic stress disorder: A case study.', *Australian Journal of Clinical Hypnotherapy and Hypnosis*, 14.

Full Text Link: n/a

DOI Link: n/a

- Denman, C. (2001) 'Cognitive analytic therapy', *Advances in Psychiatric Treatment*, 7, 243-252.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/apt.7.4.243>
- Denman, C. (2001) 'Author's response to Cognitive Analytic Therapy', *Advances in Psychiatric Treatment*, 7, 256.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/apt.7.4.256>
- Denman, C. (2004) 'Review of Change for the Better: Self-help Through Practical Psychotherapy.', *British Journal of Psychotherapy*, 379-381.
Full Text Link: n/a
DOI Link: n/a
- Denman, C. (2007) 'The Organization and Delivery of Psychological Treatments', *International Review of Psychiatry*, 19, 81-92.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1080/09540260601101841>
- Denman, C. (2009) 'Review of Against and for CBT: Towards a constructive dialogue', *British Journal of Psychiatry*, 195, 1472-1465.
Full Text Link: n/a
DOI Link: n/a
- Denman, F. (1994) 'Quality in a psychotherapy service', *Psychiatric Bulletin*, 18, 80 - 82.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/pb.18.2.80>
- Dent-Brown, K. (1999) 'Working with personality disorder in community mental health', *Dialogue*, 2, 5.
Full Text Link: n/a
DOI Link: n/a
- Diamond, D. and Milton, M. (2003) 'The dialogic unconscious: The missing link or a contradiction in terms', *Counselling Psychology Review*, 18.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Dube R. (1996) 'Treating depression through cognitive analytic therapy', *Mental Health Nursing*, 16, 25-27.
Full Text Link: n/a
DOI Link: n/a
- Duignan, I. and Mitzman, S. (1994) 'Measuring Individual Change in Patients Receiving Time-Limited Cognitive Analytic Group Therapy', *International Journal of Short-Term Psychotherapy*, 9, 151-160.
Full Text Link: n/a
DOI Link: n/a
- Dunn, M. (1994) 'Variations in Cognitive Analytic Therapy Technique in the Treatment of a Severely Disturbed Patient', *International Journal of Short-Term Psychotherapy*, 9, 119-133.
Full Text Link: n/a
DOI Link: n/a
- Dunn, M. and Parry, G. (1997) 'A Formulated Care Plan Approach to Caring for People with BPD in a Community Mental Health Service Setting', *Clinical Psychology Forum*, 104, 19-22.
Full Text Link: n/a

DOI Link: n/a

Dunn, M., Golyukina, K., Ryle, A. and Watson, J.P. (1997) 'A repeat audit of the Cognitive Analytic Therapy Clinic at Guy's Hospital', *Psychiatric Bulletin*, 21, 165-168.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1192/pb.21.3.165>

D'Errico, D.D., Schroder, T. and Gresswell, D.M. (2022) 'Therapist-led Interventions for the Treatment of Traumatic Stress Symptoms in Cancer Survivors: A SYSTEMATIC LITERATURE REVIEW.', *Psycho-Oncology*.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/pon.5964>

Easton, K., Kellett, S., Cooper, M., Millings, A., Varela, J. and Parry, G. (2021) 'Blending Cognitive Analytic Therapy With a Digital Support Tool: Mixed Methods Study Involving a User-Centered Design of a Prototype App.', *JMIR mental health*, 8, e20213.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.2196/preprints.20213>

Einy, S. Narimani, M. and Sadeghi Movahhed, F. (2019) 'Comparing the Effectiveness of Mentalization-Based Therapy and Cognitive-Analytic Therapy on Ego Strength and Defense Mechanisms in People With Borderline Personality Disorder', *The Horizon of Medical Sciences*, 25, 324-339.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.32598/hms.25.4.324>

Emilion, J. (2016) 'Bi-lingualism and CAT', *Psychotherapy and Counselling Psychology Reflections (PCPR) Journal*, 1, 47-52.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Evans, J. and Parry, G. (1996) 'The Impact of Reformulation in Cognitive-Analytic Therapy with Difficult-to-Help Clients', *Clinical Psychology and Psychotherapy*, 3, 109-117.

Full Text Link: n/a

DOI Link: [https://doi.org/10.1002/\(SICI\)1099-0879\(199606\)3:2<109::AID-CPP65>3.0.CO;2-U](https://doi.org/10.1002/(SICI)1099-0879(199606)3:2<109::AID-CPP65>3.0.CO;2-U)

Evens, M., Kellett, S., Heyland, S., Hall, J. and Majid, S. (2017) 'Cognitive analytic therapy for bipolar disorder: A pilot randomized controlled trial', *Clinical Psychology & Psychotherapy*, 24, 22-35.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1002/cpp.2065>

Fisher, E.B., Thorpe C.T., Devellis, B.M. and Devellis, R.F. (2007) 'Healthy coping, negative emotions, and diabetes management: a systematic review and appraisal', *The Diabetes Educator*, 33, 1080-1103.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1177/0145721707309808>

Fisher, M. (1993) 'Cognitive-Analytic therapy: a personal review.', *Counselling*, 4, 281-283.

Full Text Link: n/a

DOI Link: n/a

Fonagy P., (1995) 'Annual Lecture: Peter Fonagy', *British Journal of Psychotherapy*, 11, 575-584.

Full Text Link: n/a

DOI Link: n/a

Fosbury J. (1997) 'Psychological Treatment in Diabetes', *Medicine*, 25, 12.

Full Text Link: n/a

DOI Link: n/a

Fosbury J. (2009) 'No quick fix for the soul', *Diabetes Update*, 18.

Full Text Link: n/a

DOI Link: n/a

Fosbury J.A., Bosley, C.M., Ryle, A., Sonksen, P.H. and Judd, S.L. (1997) 'A Trial of Cognitive Analytic Therapy in Poorly Controlled Type 1 Diabetes Patients', *Diabetes Care*, 20, 959-964.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.2337/diacare.20.6.959>

Fosbury, J. (1996) 'Psychological treatment (CAT) with poorly-controlled diabetic patients', *Practical Diabetes International*, 13, 158-162.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/pdi.1960130509>

Fosbury, J. (2011) 'High risk at high altitude: all the action, none of the content', *Practical Diabetes International*, 28, 12.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/pdi.1542>

Fosbury, J. (2015) 'Changing diabetes management with psychotherapy', *Journal of Diabetes Nursing*, 19, 305-308.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Fosbury, J., Moore, S., Kidd, J., Sonksen, P. and Amiel, S. (1995) 'Psychological issues in the diabetes clinic', *Practical Diabetes International*, 13, 92-93.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/pdi.1960130310>

Fozooni, B. (2010) 'Cognitive analytic therapy: a sympathetic critique', *Psychotherapy and Politics International*, 8, 128-145.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/ppi.217>

Freshwater, K., Leach, C. And Aldridge, J. (2001) 'Personal constructs, childhood sexual abuse and revictimization', *British Journal of Medical Psychology*, 74, 379-397.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1348/000711201161055>

Gamble, D. (2008) 'Review of Cognitive Analytic Therapy for Offenders', *Criminal Behaviour and Mental Health*, 18, 259-260.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/cbm.693>

Garcia, R., Urdaniz, A.P., Garcia, J.M.S., Perera, C.J.L., Ramos, M.R. and Peral, M.J.M. (2004) 'Psychotherapy of personality disorders', *Actas Espanolas de Psiquiatria*, 32, 37-52.

Full Text Link: n/a

DOI Link: n/a

Garfinkel, Paul E (2002) 'Guest editorial: Eating disorders', *The Canadian Journal of Psychiatry*, 47, 225-226.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1177/070674370204700301>

- Garyfallos, G., Adamopoulou, A., Mastrogianni, A., Voikli, M., Saitis, M., Alektoridis, P., Zlatanov, D. and Pantazi, A. (1998) 'Evaluation of cognitive analytic therapy (CAT) outcome in Greek psychiatric outpatients', *The European Journal of Psychiatry*, 12, 167-179.
Full Text Link: n/a
DOI Link: n/a
- Garyfallos, G., Adamopoulos, A., Karastergiou, A., Voikli, M., Zlatanov, D. and Tsifida, S. (2002) 'Evaluation of cognitive-analytic therapy (CAT) outcome: A 4-8 year follow up', *The European Journal of Psychiatry*, 197-209.
Full Text Link: n/a
DOI Link: n/a
- Gaskell, C., Kellett, S., Simmonds-Buckley, M., Curran, J., Hetherington, J., & Delgadillo, J. (2023) 'Long-term psychotherapy in tertiary care: A practice-based benchmarking study', *British Journal of Clinical Psychology*, 1-18.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/bjc.12424>
- Gersh, E., Hulbert, C. A., McKechnie, B., Ramadan, R., Worotniuk, T., and Chanen, A. M. (2017) 'Alliance rupture and repair processes and therapeutic change in youth with borderline personality disorder', *Psychology and Psychotherapy: Theory, Research and Practice*, 90, 84-104.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1111/papt.12097>
- Gersh, E., Leiman, M., Hulbert, C., McCutcheon, L., Burke, E., Valkonen, H., Tikkanen, S. and Chanen, A. M. (2018) 'Alliance rupture and repair processes in borderline personality disorder: A case study using dialogical sequence analysis', *Counselling Psychology Quarterly*, 31, 477-496.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1080/09515070.2017.1331203>
- Gleeson, J.F.M., Chanen, A., Cotton, S.M., et al. (2012) 'Treating co-occurring first episode psychosis and borderline personality - a pilot RCT', *Early Intervention in Psychiatry*, 6, 21-29.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1111/j.1751-7893.2011.00306.x>
- Golynkina, K. and Ryle, A. (1999) 'The identification and characteristics of the partially dissociated states of patients with borderline personality disorder', *British Journal of Medical Psychology*, 72, 429-445.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1348/000711299160103>
- Graham, C. and Thavasotby, R. (1995) 'Dissociative psychosis: an atypical presentation and response to cognitive-analytic therapy', *Irish Journal of Psychological Medicine*, 12, 109-111.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1017/S0790966700014555>
- Gratier, M. and Trevarthen, C. (2007) 'Voice, vitality and meaning: on the shaping of the infant's utterances in willing engagement with culture. Comment on Bertau's "On the notion of voice".', *International Journal for Dialogical Science*, 2 (1), 169-182.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Gustafson, J. (2003) 'Review of "Short-Term Psychotherapy, A Psychodynamic Approach".', *Psychodynamic Practice*, 9, 565-569.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1080/13533330310001616713>

- Hagan, T. and Smail, D. (1997) 'Power-Mapping-I. Background and Basic Methodology', *Journal of Community and Applied Social Psychology*, 7, 257-267.
Full Text Link: n/a
DOI Link: [https://doi.org/10.1002/\(SICI\)1099-1298\(199709\)7:4%3C257::AID-CASP428%3E3.0.CO;2-P](https://doi.org/10.1002/(SICI)1099-1298(199709)7:4%3C257::AID-CASP428%3E3.0.CO;2-P)
- Hagan, T. and Smail, D. (1997) 'Power-Mapping-II. Practical Application: The Example of Child Sexual Abuse', *Journal of Community and Applied Social Psychology*, 7, 269 - 284.
Full Text Link: n/a
DOI Link: [https://doi.org/10.1002/\(SICI\)1099-1298\(199709\)7:4<269::AID-CASP429>3.0.CO;2-H](https://doi.org/10.1002/(SICI)1099-1298(199709)7:4<269::AID-CASP429>3.0.CO;2-H)
- Hallam, C., Greenhill, B., Jones, A., Simmonds-Buckley, M. and Kellett S. (2020) 'The acceptability, effectiveness, and durability of cognitive analytic therapy: Systematic review and meta-analysis', *Psychology and Psychotherapy: Theory, Research and Practice*, 94, 8-35.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1111/papt.12286>
- Hamill, M. and Mahony, K. (2011) 'The Long Goodbye': Cognitive Analytic Therapy with Carers of People with Dementia', *British Journal of Psychotherapy*, 27, 292-304.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.1752-0118.2011.01243.x>
- Hamill, M., Reid, M. and Reynolds, S. (2008) 'Letters in cognitive analytic therapy: The patient's experience', *Psychotherapy Research*, 18, 573-583.
Full Text Link: n/a
DOI Link: n/a
- Hamilton, J., Saxon, D., Walters, S.J., Best, E., Glover, V. and Kerr, I.B. (2020) 'A randomized, controlled pilot study of cognitive analytic therapy for stressed pregnant women with underlying anxiety and depression in a routine health service setting', *Clinical Psychology and Psychotherapy*, Jan-15.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1002/cpp.2520>
- Hamilton, Z., Tickle, A., Cooper, H. and Moghaddam, N. (2021) 'An Evaluation of the Influence of CAT Personal Reformulations on Reflective Capacity in Trainee Clinical Psychologists.', *International Journal of Cognitive Analytic Therapy and Relational Mental Health*, 4.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Hamilton, Z., Tickle, A., Moghaddam, N. and Cooper, H. (2021) 'An Evaluation of the Influence of Cognitive Analytic Therapy (CAT) Personal Reformulations (PRs) on Reflective Capacity in Trainee Clinical Psychologists.', *International Journal of Cognitive Analytic Therapy and Relational Mental Health*, 4.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Hardy G., and Kellett S. (2013) 'Treatment of Paranoid Personality Disorder with Cognitive Analytic Therapy: A Mixed Methods Single Case Experimental Design', *Clinical Psychology and Psychotherapy*, 21, 452-464.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1002/cpp.1845>
- Heinmann, P., 1950. (1950) 'On counter-transference.', *International journal of psycho-analysis*, 31, 81-84.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Hepple, J. (2000) 'Cognitive Analytic Therapy for Older Adults', *CPD Bulletin Old Age Psychiatry*, 2, 45-46.

Full Text Link: n/a
DOI Link: n/a

Hepple, J. (2003) 'Talking about cognitive analytic therapy', *British Journal of Psychiatry*, 182, 552.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/bjp.182.6.552>

Hepple, J. (2004) 'Psychotherapies with older people', *Advances in Psychiatric Treatment*, 10, 371-377.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/apt.10.5.371>

Hepple, J. (2006) 'The Witness and the Judge' Cognitive Analytic Therapy in later life: the case of Maureen). *Journal of Psychotherapy Integration*, 2, 21-27.
Full Text Link: n/a
DOI Link: n/a

Hepple, J. (2012) 'Cognitive Analytic Therapy in a Group: Reflections on a Dialogic Approach', *British Journal of Psychotherapy*, 28, 474-495.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.1752-0118.2012.01312.x>

Hessels, C. J., Laceulle, O.M., Van Dijk, I. and Van Aken, M. (2021) 'A CAT-based early intervention for Borderline Personality Disorder: A Pilot Study', *International Journal of Cognitive Analytic Therapy and Relational Mental Health*, 4.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a

Hopkins, S.M. (1995) 'Personal reflections on counselling in primary health care: An approach based in analytical psychology', *Counselling Psychology Review*, 10.
Full Text Link: n/a
DOI Link: n/a

Hughes, P. & Kerr, I. (2000) 'Transference and countertransference in communication between doctor and patient', *Advances in Psychiatric Treatment*, 6, 57-64.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/apt.6.1.57>

Hughes, R. (2007) 'An enquiry into an integration of cognitive analytic therapy with art therapy', *International Journal of Art Therapy*, 12, 28-38.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1080/17454830701267093>

Jacob, R., Li, T.-Y., Martin, Z., Burren, A., Kant, R., Watson, P., Davies, R., and Wood, D.F. (2020) 'Taking care of our future doctors: A service evaluation of a medical student mental health service', *BMC Medical Education*, 20, 172.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1186/s12909-020-02075-8>

James, O. (2018) 'Childhood relational adversity and maltreatment as the primary causes of mental disorder and distress rather than 'endogenous' genetic or neurobiological factors.', *International Journal of CAT and Relational Mental Health*, 2.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a

Jefferis, S (2017) 'A relational map of politics, the media & the public: Cognitive Analytic Therapy &

contextual reformulation', *Clinical Psychology Forum*, no. 293, 36-40.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Jefferis, S., Fantarrow, Z. and Johnston, L. (2020) 'The torchlight model of mapping in cognitive analytic therapy (CAT) reformulation: A qualitative investigation', *Psychology and Psychotherapy: Theory, Research and Practice*, 94, 137-150.

Full Text Link: n/a

DOI Link: <https://bpspsychub.onlinelibrary.wiley.com/doi/abs/10.1111/papt.12311>

Jellema, A. (1999) 'Cognitive Analytic Therapy: Developing its Theory and Practice Via Attachment Theory', *Clinical Psychology and Psychotherapy*, 6, 16 - 28.

Full Text Link: n/a

DOI Link: [https://doi.org/10.1002/\(SICI\)1099-0879\(199902\)6:1<16::AID-CPP182>3.0.CO;2-N](https://doi.org/10.1002/(SICI)1099-0879(199902)6:1<16::AID-CPP182>3.0.CO;2-N)

Jellema, A. (2000) 'Insecure attachment states: Their relationship to borderline and narcissistic personality disorders and treatment process in cognitive analytic therapy', *Clinical Psychology and Psychotherapy*, 7, 138-154.

Full Text Link: [Click here to View this Article](#)

DOI Link: [https://doi.org/10.1002/\(SICI\)1099-0879\(200005\)7:2<138::AID-CPP231>3.0.CO;2-9](https://doi.org/10.1002/(SICI)1099-0879(200005)7:2<138::AID-CPP231>3.0.CO;2-9)

Jellema, A. (2002) 'Dismissing and Preoccupied Insecure Attachment and Procedures in CAT: Some Implications for CAT Practice', *Clinical Psychology and Psychotherapy*, 9, 225-241.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/cpp.310>

Jones L, Annesley P and Gilley L (2012) 'Working with clients with a diagnosis of personality disorder: An evaluation of a cognitive analytic therapy (CAT) informed approach to multidisciplinary training', *Clinical Psychology Forum*, 236, 36-40.

Full Text Link: n/a

DOI Link: n/a

Jones, L. and Annesley, P. (2019) 'Part of being human': evaluating the 4Ps model to support inpatient staff teams in reflecting on interpersonal dynamics', *The Journal of Mental Health Training, Education and Practice*, 14, 232-241.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1108/JMHTEP-09-2018-0055>

Kaluzeviciute, G. (2020) 'Social media and its impact on therapeutic relationships.', *British Journal of Psychotherapy*, 36 (2), 303-320.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1111/bjp.12545>

Katsigiannopoulos, K., Garyfallos, G., Pazarlis, P. and Adamopoulou, A. (2008) 'Effectiveness of cognitive-analytic therapy (CAT) in major depression and systemic lupus erythematosus: a case report', *Annals of General Psychiatry*, 7, Supplement 1.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1186/1744-859X-7-S1-S278>

Kellett S., Wilbram M., Davis C., and Hardy G. (2014) 'Team consultancy using cognitive analytic therapy: a controlled study in assertive outreach', *Journal of Psychiatric and Mental Health Nursing*, 21, 687-697.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1111/jpm.12123>

Kellett, S. (2005) 'The Treatment of Dissociative Identity Disorder with Cognitive Analytic Therapy:

Experimental Evidence of Sudden Gains', *Journal of Trauma & Dissociation*, 6, 55-81.

Full Text Link: n/a

DOI Link: https://doi.org/10.1300/J229v06n03_03

Kellett, S. (2007) 'A time series evaluation of the treatment of histrionic personality disorder with cognitive analytic therapy', *Psychology and Psychotherapy: Theory, Research and Practice*, 80, 389-405.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1348/147608306X161421>

Kellett, S. and Lees, S. (2019) 'Quasi-experimental N = 1 evaluation of the effectiveness of cognitive analytic therapy for dependent personality disorder', *Journal of Psychotherapy Integration*, 30, 458-475.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1037/int0000170>

Kellett, S. and Stockton, D. (2021) "Treatment of obsessive morbid jealousy with cognitive analytic therapy: a mixed-methods quasi-experimental case study", *British Journal of Guidance & Counselling*, 51(1), 66-114.

Full Text Link: n/a

DOI Link: [10.1080/03069885.2021.1929834](https://doi.org/10.1080/03069885.2021.1929834).

Kellett, S., Alhadeff, L., Gaskell, C. and Simmonds-Buckley, M. (2022) 'Effectiveness of cognitive analytic therapy for bipolar affective disorder: A co-produced single subject cumulative treatment design with extended follow-up (A1/B/A2/C-FU).', *Psychology and Psychotherapy: Theory, Research and Practice*.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Kellett, S., Alhadeff, L., Gaskell, C., & Simmonds-Buckley, M. (2022) 'Effectiveness of cognitive analytic therapy for bipolar affective disorder: A co-produced single subject cumulative treatment design with extended follow-up (A1/B/A2/C-FU).', *Psychology and Psychotherapy: Theory, Research and Practice*, 95, 621-638.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/papt.12390>

Kellett, S., Bee, C., Aadahl, V., Headley, E. and Delgadillo, J. (2020) 'A pragmatic patient preference trial of cognitive behavioural versus cognitive analytic guided self-help for anxiety disorders', *Behavioural and Cognitive Psychotherapy*, 49, 104-111.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1017/S1352465820000442>

Kellett, S., Bennett, D., Ryle, T. and Thake, A. (2013) 'Cognitive analytic therapy for borderline personality disorder: Therapist competence and therapeutic effectiveness in routine practice', *Clinical Psychology & Psychotherapy*, 20, 216-225.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/cpp.796>

Kellett, S., Easton, K., Cooper, M., Millings, A., Simmonds-Buckley, M. and Parry, G. (2020) 'Evaluation of a Mobile App to Enhance Relational Awareness and Change During Cognitive Analytic Therapy: Mixed Methods Case Series.', *JMIR mental health*, 7, e19888.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.2196/preprints.19888>

Kellett, S., Gausden, J. and Gaskell, C. (2020) 'The effectiveness of cognitive analytic therapy for borderline personality disorder: Utilizing a withdrawal experimental design to improve sensitivity to abandonment', *Psychology and Psychotherapy: Theory, Research and Practice*, 94, 96-119.

Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1111/papt.12278>

Kellett, S., Ghag, J., Ackroyd, K., Freshwater, K., Finch, J., Freear, A., Hartley, J. and Simmonds-Buckley, M. (2020) 'Delivering cognitive analytic consultancy to community mental health teams: Initial practice-based evidence from a multi-site evaluation.', *Psychology and Psychotherapy: Theory, Research and Practice*, 93, 429-455.

Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1111/papt.12221>

Kellett, S., Hall, J. and Compton Dickinson, S. (2019) 'Group cognitive analytic music therapy: a quasi-experimental feasibility study conducted in a high secure hospital', *Nordic Journal of Music Therapy*, 28, 224-255.

Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1080/08098131.2018.1529697>

Kellett, S., Simmonds-Buckley, M. and Totterdell, P. (2017) 'Testing the effectiveness of cognitive analytic therapy for hypersexuality disorder: An intensive time-series evaluation', *Journal of Sex & Marital Therapy*, 43, 501-516.

Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1080/0092623X.2016.1208129>

Kellett, S., Stockton, C., Marshall, H., Hall, J., Jennings, C. and Delgadoillo, J. (2018) 'Efficacy of narrative reformulation during cognitive analytic therapy for depression: Randomized dismantling trial', *Journal of Affective Disorders*, 239, 37-47.

Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1016/j.jad.2018.05.070>

Kerr I and Leighton T (2008) 'Dual challenge: a cognitive analytic therapy approach to substance misuse.', *Healthcare Counselling & Psychotherapy Journal*, 8, 03-Aug.

Full Text Link: n/a
DOI Link: n/a

Kerr I., Finlayson-Short L., McCutcheon L., & Beard H. (2015) 'The 'Self' and Borderline Personality Disorder: Conceptual and Clinical Considerations', *Psychopathology*, 48, 339-348.

Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1159/000438827>

Kerr, I.B. (1999) 'Cognitive Analytic Therapy for Borderline Personality Disorder in the Context of a Community Mental Health Team: Individual and Organisational Psychodynamic Implications', *British Journal of Psychotherapy*, 15, 425-438.

Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.1752-0118.1999.tb00473.x>

Kerr, I.B. (2000) 'Vygotsky, activity theory and the therapeutic community: A further paradigm?', *Therapeutic Communities*, 21, 151-164.

Full Text Link: n/a
DOI Link: n/a

Kerr, I.B. (2001) 'Brief cognitive analytic therapy for post-acute manic psychosis on a psychiatric intensive care unit', *Clinical Psychology and Psychotherapy*, 8:2, 117-129.

Full Text Link: n/a
DOI Link: <https://doi.org/10.1002/cpp.251>

Kerr, I.B., Birkett, P.B.L. and Chanen, A. (2003) 'Clinical and service implications of a cognitive analytic

therapy model of psychosis', *Australian & New Zealand Journal of Psychiatry*, 37, 515-523.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1046/j.1440-1614.2003.01200.x>

Kerr, I.B., Dent-Brown, K. and Parry, G. (2007) 'Psychotherapy and mental health teams', *International Review of Psychiatry*, 19, 63-80.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1080/09540260601109380>

Kirkland, J. and Baron, E. (2015) 'Using a cognitive analytic approach to formulate a complex sexual and violent offender to inform multi-agency working: developing a shared understanding', *Journal of Sexual Aggression*, 21, 394-405.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1080/13552600.2014.939596>

Koekkoek, B., van Meijel, B. and Hutschemaekers, G. (2006) "'Difficult patients" in mental health care: a review.', *Psychiatric Services*, 57(6), 795-802.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Kohut, H. (1972) 'Thoughts on narcissism and narcissistic rage.', *The psychoanalytic study of the child*, 27(1), 360-400.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1080/00797308.1972.11822721>

Kosti, F., Adamopoulou, A., Bozikas, V., Katsigiannopoulos, K., Protogerou, C., Voikli, M., Zagora, C. and Garyfallos, G. (2008) 'The efficacy of Cognitive-Analytic Therapy (CAT) on anhedonia in patients with Obsessive-Compulsive Personality Disorder', *Annals of General Psychiatry*, 7, Supplement 1.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1186/1744-859X-7-S1-S158>

Lad, S. and Walker, K. (2022) 'An Interpretative Phenomenological Analysis on the Experience of Probation Officers in Managing People With Antisocial Personality Disorder.', *International Journal of Offender Therapy and Comparative Criminology*.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1177/0306624X221113526>

Leach, C., Freshwater, K., Aldridge, J. and Sunderland, J. (2001) 'Analysis of repertory grids in clinical practice', *British Journal of Clinical Psychology*, 40, 225 - 248.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1348/014466501163652>

Lee, K. and Holmes, N. (2015) 'To formulate or escalate? Ethics and how to respond when relationships break down between NHS services and residential care providers.', *Clinical Psychology Forum*, no. 275, 08-Dec.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Leighton, T (1995) 'A Cognitive Analytic Understanding of 'Twelve Step' Treatment', *New Directions in the Study of Alcohol Group*, 20, 31-41.

Full Text Link: n/a

DOI Link: n/a

Leiman, M (2002) 'Toward Semiotic Dialogism: The Role of Sign Mediation in the Dialogical Self', *Theory and Psychology*, 12, 221-235.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1177/0959354302012002631>

Leiman, M. (1997) 'Procedures as Dialogical Sequences: A Revised Version of the Fundamental Concept in Cognitive Analytic Therapy', *British Journal of Medical Psychology*, 70, 193-207.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.2044-8341.1997.tb01899.x>

Leiman, M. (2000) 'Ogden's matrix of transference and the concept of sign', *British Journal of Medical Psychology*, 73, 385-397.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1348/000711200160480>

Leiman, M. (2012) 'Dialogical Sequence Analysis in Studying Psychotherapeutic Discourse', *International Journal for Dialogical Science*, 6, 123-147.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Leiman, M. (1992) 'The Concept of Sign in the Work of Vygotsky, Winnicott and Bakhtin: Further integration of object relations theory and activity theory', *British Journal of Medical Psychology*, 65, 209-221.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.2044-8341.1992.tb01701.x>

Leiman, M. (1994) 'Projective Identification as Early Joint Action Sequences: A Vygotskian Addendum to the Procedural Sequence Object Relations Model', *British Journal of Medical Psychology*, 67, 97-106.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.2044-8341.1994.tb01775.x>

Leiman, M. (1994) 'The Development of Cognitive Analytic Therapy', *International Journal of Short-Term Psychotherapy*, 9, 67-81.

Full Text Link: n/a

DOI Link: n/a

Leiman, M. and Stiles, W.B. (2001) 'Dialogical Sequence Analysis and the Zone of Proximal Development as Conceptual Enhancements to the Assimilation Model: The Case of Jan Revisited', *Psychotherapy Research*, 11, 311-330.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1080/713663986>

Livanos, A, Adamopoulou, A., Katsigiannopoulos, K., Bozikas, V., Voikli, M., Pandoularis, J., Dasoukis, J., Zagora, C. and Garyfallos, G. (2008) 'Anhedonia in patients with borderline personality disorder: the efficacy of cognitive-analytic therapy (CAT)', *Annals of General Psychiatry*, 7, Supplement 1.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1186/1744-859X-7-S1-S155>

Llewelyn, S. (1998) 'Challenging the vicious cycles.. cognitive analytic therapy (CAT)', *Mental Health Care*, 1, 236-238.

Full Text Link: n/a

DOI Link: n/a

Llewelyn, S. (2002) 'Therapeutic challenges in work with childhood sexual abuse survivors: The contribution of cognitive analytic therapy.', *Brief Treatment and Crisis Intervention*, 2, 123-133.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1093/brief-treatment/2.2.123>

- Llewelyn, S. (2003) 'Cognitive Analytic Therapy: Time and Process', *Psychodynamic Practice*, 9, 501-520.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1080/13533330310001616759>
- Lloyd, J. (2011) 'Consulting with Staff Teams', *Clinical Psychology and People with Learning Disabilities*, 9, 22-31.
Full Text Link: n/a
DOI Link: n/a
- Lloyd, J., & Williams, B. (2004) 'Exploring the Use of Cognitive Analytic Therapy within Services for People with Learning Disabilities and Challenging Behaviour', *Clinical Psychology and People with Learning Disabilities*, 2.
Full Text Link: n/a
DOI Link: n/a
- Mace, C. Beeken, S. and Embleton, J. (2006) 'Beginning therapy: Clinical outcomes in brief treatments by psychiatric trainees', *Psychiatric Bulletin*.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/pb.30.1.7>
- Maple, N.A. (2003) 'Review of Introducing Cognitive Analytic Therapy: Principles and Practice.', *Psychodynamic Practice*, 9, 577-580.
Full Text Link: n/a
DOI Link: n/a
- Margison, F. (2000) 'Cognitive analytic therapy: A case study in treatment development', *British Journal of Medical Psychology*, 73, 145-150.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1348/000711200160354>
- Margison, F. (2005) 'Integrating approaches to psychotherapy in psychosis', *Australian & New Zealand Journal of Psychiatry*, 39, 972-981.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1080/j.1440-1614.2005.01715.x>
- Marlowe, M.J. (1994) 'Cognitive Analytic Therapy and Borderline Personality Disorder: Restricted, Reciprocal Role Repertoires and Subpersonality Organisation', *International Journal of Short-Term Psychotherapy*, 9, 161-169.
Full Text Link: n/a
DOI Link: n/a
- Marriott, M. and Kellett, S. (2009) 'Evaluating a cognitive analytic therapy service; practice-based outcomes and comparisons with person-centred and cognitive-behavioural therapies', *Psychology and Psychotherapy: Theory, Research and Practice*, 82, 57-72.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1348/147608308X336100>
- Marsh, R. and Low, J. (2006) 'God as other, God as self, God as beyond: a cognitive analytic perspective on the relationship with God', *Psychology and Psychotherapy: Theory, Research and Practice*, 79, 237-255.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1348/147608305X52748>
- Martens, W.H.J. (2006) 'Effectiveness of psychodynamic treatment in patients with borderline personality disorder', *Journal of Contemporary Psychotherapy*, 36, 167-173.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1007/s10879-006-9021-1>

Martin, E., Connon, G., Byrne, G. and Power L. (2020) 'An exploration of group cognitive analytic therapy for anxiety and depression', *Psychology and Psychotherapy: Theory, Research and Practice*, 94, 79-95.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/papt.12299>

Martin, E.S. and Schurtman, R., (1985) 'Termination anxiety as it affects the therapist.', *Psychotherapy: Theory, Research, Practice, Training*, 22(1), 92.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1037/h0088532>

Marx R., & Marx S. (2012) 'The Eye and the I: The Construction and Use of the Observer in Cognitive Analytic Psychotherapy and Mindfulness Based Therapy', *British Journal of Psychotherapy*, 28, 496-515.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.1752-0118.2012.01308.x>

Marx, R. (2011) 'Relational supervision: Drawing on cognitive?analytic frameworks.', *Psychology and Psychotherapy: Theory, Research and Practice*, 84, 406-424.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.2044-8341.2010.02008.x>

Meadows, J. and Kellett, S. (2017) 'Development and Evaluation of Cognitive Analytic Guided Self-Help (CAT-SH) for Use in IAPT Services.', *Behavioural and cognitive psychotherapy*, 45, 266-284.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1017/S1352465816000485>

Meeking, D., Fosbury, J., and Cummings M. (2013) 'Sexual dysfunction and sexual health concerns in women with diabetes', *Practical Diabetes International*, 30, 327-331.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/pdi.1805>

Merzhvynska, M., Simmonds-Buckley, M., Delgadillo, J. and Kellett, S. (2021) 'Trajectories of change in the therapeutic alliance during Cognitive Analytic Therapy for depression', *Psychology and Psychotherapy: Theory, Research and Practice*.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/papt.12322>

Milton, J. (2001) 'Psychoanalysis and cognitive behaviour therapy-rival paradigms or common ground?', *International Journal of Psychoanalysis*, 82, 431-447.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1516/DVLN-RK5E-C1YV-ME4V>

Mitzman S., and Duignan I. (1993) 'One man's group: brief cognitive-analytic group therapy and the use of sequential diagrammatic reformulation', *Counselling Psychology Quarterly*, 6, 183-192.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1080/09515079308254113>

Moeini, F. R., Goodarzi, N., Dabbaghi, P., Rahnejat, A. M., Ghasemxadeh, M. R., (2023) 'A randomized controlled trial of cognitive analytic versus compassion-focused therapy for PTSD in Iran-Iraq War Veterans', *Journal of Military, Veteran and Family Health*, 10, 1.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.3138/jmvfh-2023-0027>

- Mordekar, A. & Spence, S.A., (2008) 'Personality Disorder in Older People: how common is it and what can be done', *Advances in Psychiatric Treatment*, 14, 71-77.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/apt.bp.107.003897>
- Morris, J. (2001) 'Psychological therapies in anorexia nervosa', *British Journal of Psychiatry*, 179, 77-78.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/bjp.179.1.77>
- Morris, J. (2002) 'Interpersonal psychotherapy -A trainee's ABC?', *Psychiatric Bulletin*, 26, 26-28.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/pb.26.1.26>
- Msebele, N. and Brown, H. (2011) 'Racism in the Consulting Room', *Psychoanalytic Review*, 98, 451-492.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1521/prev.2011.98.4.451>
- Mulder, A. and Chanen, A.M. (2013) 'Effectiveness of cognitive analytic therapy for personality disorders', *British Journal of Psychiatry*, 202, 89-90.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/bjp.bp.112.113571>
- Mulhall, J. (2021) 'The development and evaluation of 'Map and Talk' reflective practice groups with ward-based staff in an acute adolescent psychiatric inpatient setting', *International Journal of Cognitive Analytic Therapy and Relational Mental Health*, 4.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Murphy, D. (2017) 'Treating with the dark side: Darth Vader, personality disorders and a cognitive analytic therapy perspective', *Clinical Psychology Forum*, no. 296, 39-44.
Full Text Link: n/a
DOI Link: n/a
- Nehls, N. (1999) 'Borderline personality disorder: The voice of patients.', *Research in nursing & health*, 22(4), 285-293.
Full Text Link: n/a
DOI Link: [https://doi.org/10.1002/\(SICI\)1098-240X\(199908\)22:4<285::AID-NUR3>3.0.CO;2-R](https://doi.org/10.1002/(SICI)1098-240X(199908)22:4<285::AID-NUR3>3.0.CO;2-R)
- Ntonias, S. (1991) 'Attitudes of therapists and patients in cognitive analytic therapy', *Psychiatriki*, 2, 209-216.
Full Text Link: n/a
DOI Link: n/a
- O'Keefe, P. and Berk, M. (2009) 'Writing letters to patients', *Acta Neuropsychiatrica*, 21, 314-316.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.1601-5215.2009.00427.x>
- Okhai, M.F. (2001) 'Psychological therapies in anorexia nervosa', *British Journal of Psychiatry*, 179, 78.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/bjp.179.1.78-a>
- Ougrin, D., Ng, A.V. and Low, J. (2008) 'Therapeutic assessment based on cognitive-analytic therapy for young people presenting with self-harm: pilot study', *Psychiatric Bulletin*, 32, 423-426.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/pb.bp.107.018473>

- Owen, K., Laphan, A., Gee, B. & Lince, K. (2023) 'Evaluating cognitive analytic therapy within a primary care psychological therapy service.', *British Journal of Clinical Psychology*, 62, 3.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1111/bjc.12430>
- Paris J., & Lis E. (2012) 'Can sociocultural and historical mechanisms influence the development of borderline personality disorder?', *Transcultural Psychiatry*, 50, 140-151.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1177/1363461512468105>
- Parry, G., Kellett, S., Bennett, D. and Roth, A.D. (2020) 'Developing a competence framework for cognitive analytic therapy', *Psychology and Psychotherapy: Theory, Research and Practice*, 94, 151-170.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1111/papt.12306>
- Payne I. (2009) 'Practitioner Training in the Cognitive Analytic Therapy Model and Clinical Work as an Art Therapist', *The Journal of Critical Psychology, Counselling and Psychotherapy*, 9, 26-31.
Full Text Link: n/a
DOI Link: n/a
- Perlmutter, I.R. (2004) 'Review of Integration in Psychotherapy: Models and Methods.', *Journal of Clinical Psychiatry*, 65, 728.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4088/JCP.v65n0521c>
- Pickvance, D., Parry, G. and Howe, A. (2004) 'A Cognitive Analytic Framework for Understanding and Managing Problematic Frequent Attendance in Primary Care', *Primary Care and Mental Health*, 2, 165-174.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Piontelli, A. (1989) 'A study on twins before and after birth', *International review of psycho-analysis*, 16, 413-426.
Full Text Link: n/a
DOI Link: n/a
- Pollard, R. (2011) 'Ethics in practice: a critical appreciation of Mikhail Bakhtin's concept of "outsideness" in relation to responsibility and the creation of meaning in psychotherapy.', *American journal of psychotherapy*, 65, Jan-25.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1176/appi.psychotherapy.2011.65.1.1>
- Pollard, R. and Potter, S. (1999) 'Cognitive Analytic Therapy And The 'Hard To Help' Client', *Probation Journal*, 46.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1177/026455059904600102>
- Pollock, P. and Belshaw, T. (1998) 'Cognitive analytic therapy for offenders.', *The Journal of Forensic Psychiatry*, 9(3), 9(3), 639-642.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1080/09585189808405378>
- Pollock, P. and Belshaw, T. (1998) 'Cognitive Analytic Therapy for Offenders', *Journal of Forensic Psychiatry*, 9, 629-642.
Full Text Link: n/a

DOI Link: <https://doi.org/10.1080/09585189808405378>

Pollock, P. and Kear-Colwell, J. (1994) 'Women who stab: A personal construct analysis of sexual victimisation and offending behaviour', *British Journal of Medical Psychology*, 67, 13-22.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.2044-8341.1994.tb01767.x>

Pollock, P.H. (1996) 'Clinical Issues in the Cognitive Analytic Therapy of Sexually Abused Women who Commit Violent Offences against their Partners', *British Journal of Medical Psychology*, 69, 117-127.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.2044-8341.1996.tb01856.x>

Pollock, P.H. (2001) 'Cognitive analytic therapy for borderline erotomania: forensic romances and violence in the therapy room', *Clinical Psychology and Psychotherapy*, 8, 214-229.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/cpp.278>

Pollock, P.H., Broadbent, M., Clarke, S., Dorrian, A. and Ryle, A. (2001) 'The personality structure questionnaire (PSQ): A measure of the multiple self states model of identity disturbance in cognitive analytic therapy', *Clinical Psychology and Psychotherapy*, 8, 59-72.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/cpp.250>

Potter, S. and Lloyd, J. (2005) 'With war in mind: a dialogical analysis of the mindset underlying Blair's case for war with Iraq in 2003', *Medicine, Conflict and Survival*, 21, 283-298.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1080/13623690500268857>

PourMohammad Ghouchani, K. (2021) 'Effectiveness of Cognitive-Analytic Therapy on Improving Intolerance of Uncertainty & Decreasing Worry and Experimental Avoidance in Patients with obsessive compulsive disorder', *Journal of Clinical Psychology*.

Full Text Link: n/a

DOI Link: [10.22075/JCP.2021.20257.1868](https://doi.org/10.22075/JCP.2021.20257.1868)

Power, N., Kellett, S. and Gaskell, C. (2022) 'Effectiveness of cognitive analytic therapy for mixed anxiety and depression in the context of borderline traits: A quasi-experimental single case design evaluation.', *Journal of Psychotherapy Integration*..

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1037/int0000281>

Power, N., Kellett, S., & Gaskell, C. (2023) 'Effectiveness of cognitive analytic therapy for mixed anxiety and depression in the context of borderline traits: A quasi-experimental single case design evaluation', *Journal of Psychotherapy Integration*, 33(1), 34-46.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1037/int0000281>

Priddy, J., Varela, S. and Randall, J. (2021) '“We’re able to see the smoke”: Exploring staff experiences of remote cognitive analytic team formulation within a residential learning disability service', *International Journal of Cognitive Analytic Therapy and Relational Mental Health*, 4.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Priddy, S., Kellett, S., Goodall, S., & Cotton, R. (2024) 'A grounded theory of cognitive analytic reflective practice groups.', *Psychology and Psychotherapy: Theory, Research and Practice*, 00, 1-18.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/papt.12557>

Protogerou, C., Garyfallos, G., Katsigiannopoulos, K., Bozikas, V., Voikli, M., Georgiadou, O., Kosti, F., Ziliopoulos, D., Zagora, C. and Adamopoulou, A. (2004) 'Evaluation of Cognitive-Analytic Therapy (CAT) outcome in patients with Obsessive-Compulsive Personality Disorder', *Annals of General Psychiatry*, 7, Supplement 1.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1186/1744-859X-7-S1-S109>

Rafi, A.T. and Prabalkumari, S.S. (2022) 'Cognitive Analytic Therapy: An Innovative Psychotherapy Framework in the Indian Context.', *Indian Journal of Psychological Medicine*.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1177/02537176221081778>

Rayner, K., Thompson, A.R. and Walsh, S. (2011) 'Clients' experience of the process of change in cognitive analytic therapy. ', *Psychology and Psychotherapy: Theory, Research and Practice*, 84, 299-313.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1348/147608310X531164>

Reebye, P. (2008) 'Review of An introduction to the psychotherapies.', *The Canadian Journal of Psychiatry*, 53, 71-72.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1177/070674370805300113>

Rees, H. (2000) 'Cognitive Analytic Therapy - a most suitable training for psychiatrists?', *The Psychiatrist*, 24, 124-126.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1192/pb.24.4.124>

Rogers, C. R. (1962) 'The interpersonal relationship: The core of guidance.', *Harvard Educational Review*, 32 (4), 416-429.

Full Text Link: n/a

DOI Link: n/a

Roper, L. (2018) "'A drop in the ocean": A reflection on the application of cognitive analytic therapy within a prison setting', *Journal of Forensic Nursing*, 14, 135-140.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1097/JFN.000000000000191>

Roper, L.A. (2012) 'Stuck in a rut': A case study detailing the application of cognitive analytic therapy with alcohol use disorders. ', *Journal of Substance Use*, 15, 01-Dec.

Full Text Link: n/a

DOI Link: <https://doi.org/10.3109/14659890902963817>

Rothschild B. (2005) 'The physiology of empathy: negotiating our double-edged sword', *The journal of bioenergetic research*, 34, 44-49.

Full Text Link: n/a

DOI Link: n/a

Russell, L. () 'ACNR ARTICLES Developing a multidisciplinary pathway for functional neurological disorders in a UK National Health Service: The Exeter model.', *Stroke*, 11, p.1., 11, 1.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

- Russell, R. B., Theodore, K. and Lloyd, J. (2022) "'You're changing the pattern": cognitive analytic team formulation with learning disabilities care staff', *Advances in Mental Health and Intellectual Disabilities*, 16 (1), 53-66.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1108/AMHID-05-2021-0024>
- Ryle A. and Beard, H. (1993) 'The Integrative Effect of Reformulation: Cognitive Analytic Therapy with a Patient with Borderline Personality Disorder', *British Journal of Medical Psychology*, 66, 249-258.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.2044-8341.1993.tb01748.x>
- Ryle A., Kellett S., Hepple J., and Calvert R. (2014) 'Cognitive analytic therapy at 30', *Advances in Psychiatric Treatment*, 20, 258-268.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/apt.bp.113.011817>
- Ryle, A. (1995) 'Fashions and Preoccupations in Psychotherapy Research', *Psychotherapy Research*, 5, 113-117.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1080/10503309512331331206>
- Ryle, A. (1995) 'Holmes on Bowlby and the Future of Psychotherapy: A Response', *British Journal of Psychotherapy*, 11, 448 - 452.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.1752-0118.1995.tb00752.x>
- Ryle, A. (1995) 'Defensive Organizations or Collusive Interpretations? A Further Critique of Kleinian Theory and Practice', *British Journal of Psychotherapy*, 12-Jan, 60 - 68.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.1752-0118.1995.tb00783.x>
- Ryle, A. (1995) 'Transference and counter-transference variations in the course of the cognitive-analytic therapy of two borderline patients: The relation to the diagrammatic reformulation of self-states', *British Journal of Medical Psychology*, 68, 109 -124.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.2044-8341.1995.tb01818.x>
- Ryle, A. (1996) 'Cognitive analytic therapy: Theory and practice and its application to the treatment of a personality-disordered patient', *Journal of Psychotherapy Integration*, 6, 139-172.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1037/h0101114>
- Ryle, A. (1996) 'Ogden's Autistic-Contiguous Position and the Role of Interpretation in Psychoanalytic Theory Building', *British Journal of Medical Psychology*, 69, 129 - 138.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.2044-8341.1996.tb01857.x>
- Ryle, A. (1997) 'The Structure and Development of Borderline Personality Disorder: A Proposed Model', *British Journal of Psychiatry*, 170, 82-87.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1192/bjp.170.1.82>
- Ryle, A. (1998) 'The whirligig of time', *Psychiatric Bulletin*, 22, 263 - 267.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/pb.22.4.263>

- Ryle, A. (1998) 'Transferences and Countertransferences: The Cognitive Analytic Therapy Perspective', *British Journal of Psychotherapy*, 14, 303-309.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.1752-0118.1998.tb00384.x>
- Ryle, A. (1998) 'Cognitive Analytic Therapy', *The Psychotherapist*, 10, 7.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (2001) 'Constructivism and cognitive analytic therapy (CAT)', *Constructivism in the Human Sciences*, 6, 51-58.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (2002) 'Personality disorder (Correspondence)', *British Journal of Psychiatry*, 181, 76-77.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/bjp.181.1.76-a>
- Ryle, A. (2003) 'Something more than the "Something more than interpretation" is needed: A comment on the paper by the Process of Change Study Group', *The International Journal of Psychoanalysis*, 84, 109-118.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1516/1MUF-YMBU-GN05-B4RP>
- Ryle, A. (2004) 'The contribution of cognitive analytic therapy to the treatment of borderline personality disorder', *Journal of Personality Disorders*, 18.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1521/pedi.18.1.3.32773>
- Ryle, A. (2005) 'Invited comment on 'state of mind organization in personality disorders: Typical states and the triggering of interstate shifts' by Dimaggio et al.', *Clinical Psychology and Psychotherapy*, 360-366.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1002/cpp.459>
- Ryle, A. (2005) 'The relevance of evolutionary psychology for psychotherapy', *British Journal of Psychotherapy*, 21, 375-388.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.1752-0118.2005.tb00225.x>
- Ryle, A. (2007) 'Investigating the phenomenology of borderline personality disorder with the States Description procedure: Clinical implications', *Clinical Psychology and Psychotherapy*, 14, 329-341.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1002/cpp.543>
- Ryle, A. (1967) 'A Repertory Grid Study of the Meaning and Consequences of a Suicidal Act', *British Journal of Psychiatry*, 113, 1393-1403.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1192/bjp.113.505.1393>
- Ryle, A. (1975) 'Self-to-Self, Self-to-Other: The World's Shortest Account of Object Relations Theory', *New Psychiatry*, Dec-13.
Full Text Link: n/a
DOI Link: n/a

- Ryle, A. (1978) 'A Common Language For The Psychotherapies', *British Journal of Psychiatry*, 132, 585-594.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1192/bjp.132.6.585>
- Ryle, A. (1979) 'The Focus in Brief Interpretive Psychotherapy; Dilemmas, Traps and Snags as Target Problems', *British Journal of Psychiatry*, 134, 46-54.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/bjp.134.1.46>
- Ryle, A. (1979) 'Defining Goals and Assessing Change in Brief Psychotherapy: A Pilot Study using Target Ratings and the Dyad Grid', *British Journal of Medical Psychology*, 52, 223-233.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.2044-8341.1979.tb02519.x>
- Ryle, A. (1980) 'Some Measures of Goal Attainment in Focused Integrated Active Psychotherapy: A Study of Fifteen Cases', *British Journal of Psychiatry*, 137, 475-486.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1192/bjp.137.5.475>
- Ryle, A. (1981) 'Dyad Grid Dilemmas in Patients and Control Subjects', *British Journal of Medical Psychology*, 54, 353-358.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.2044-8341.1981.tb02574.x>
- Ryle, A. (1983) 'The Value of Written Communications in Dynamic Psychotherapy', *British Journal of Medical Psychology*, 56, 361-366.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.2044-8341.1983.tb01568.x>
- Ryle, A. (1984) 'How can we compare different psychotherapies? Why are they all effective?', *British Journal of Medical Psychology*, 57, 261-264.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.2044-8341.1984.tb02587.x>
- Ryle, A. (1985) 'Cognitive Theory, Object Relations and the Self', *British Journal of Medical Psychology*, 58.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.2044-8341.1985.tb02608.x>
- Ryle, A. (1987) 'Cognitive Psychology as a Common Language for Psychotherapy', *Journal of Integrative and Eclectic Psychotherapy*, 6, 168 - 172.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1991) 'Object Relations Theory and Activity Theory: A Proposed Link by way of the Procedural Sequence Model', *British Journal of Medical Psychology*, 64, 307 - 316.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.2044-8341.1991.tb01669.x>
- Ryle, A. (1992) 'Critique of a Kleinian Case Presentation', *British Journal of Medical Psychology*, 65, 309 -317.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.2044-8341.1992.tb01712.x>
- Ryle, A. (1975) 'Self to self, self to other: the world's shortest account of object-relations theory.', *New*

Psychiatry, 24, 12-13.

Full Text Link: n/a

DOI Link: n/a

Ryle, A. (1993) 'Addiction to the Death Instinct? A Critical Review of Joseph's paper 'Addiction to Near Death', *British Journal of Psychotherapy*, 10, 88-92.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.1752-0118.1993.tb00633.x>

Ryle, A. (1994) 'Psychoanalysis and Cognitive Analytic Therapy', *British Journal of Psychotherapy*, 10, 402 - 404.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.1752-0118.1994.tb00672.x>

Ryle, A. (1994) 'Psychoanalysis, Cognitive-Analytic Therapy, Mind and Self', *British Journal of Psychotherapy*, 11, 567 - 593.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.1752-0118.1995.tb00766.x>

Ryle, A. (1994) 'Projective Identification: A Particular Form of Reciprocal Role Procedure', *British Journal of Medical Psychology*, 67, 107 - 114.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.2044-8341.1994.tb01776.x>

Ryle, A. (1994) 'Consciousness and psychotherapy', *British Journal of Medical Psychology*, 67, 115 - 123.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.2044-8341.1994.tb01777.x>

Ryle, A. (1994) 'Introduction to Cognitive Analytic Therapy', *British Journal of Medical Psychology*, 17.

Full Text Link: n/a

DOI Link: n/a

Ryle, A. (1994) 'Persuasion or Education? The Role of Reformulation in Cognitive Analytic Therapy', *International Journal of Short-Term Psychotherapy*, 9, 111 - 118.

Full Text Link: n/a

DOI Link: n/a

Ryle, A. (1994) 'Introduction to cognitive analytic therapy', *International Journal of Short-Term Psychotherapy*, 9, 92-109.

Full Text Link: n/a

DOI Link: n/a

Ryle, A. and Breen, D. (1971) 'The Recognition of Psychopathology on the Repertory Grid', *British Journal of Psychiatry*, 119, 319-321.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1192/bjp.119.550.319>

Ryle, A. and Breen, D. (1972) 'Some Differences in the Personal Constructs of Neurotic and Normal Subjects', *British Journal of Psychiatry*, 120, 483-489.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1192/bjp.120.558.483>

Ryle, A. and Evans, C.H. (1991) 'Some meanings of body and self in eating-disordered and comparison subjects', *British Journal of Medical Psychology*, 64, 273-283.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.2044-8341.1991.tb01666.x>

Ryle, A. and Fawkes, L. (2007) 'Multiplicity of Selves and Others: Cognitive Analytic Therapy', *Journal of Clinical Psychology*, 63, 165-174.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/jclp.20339>

Ryle, A. and Golyunkina, K. (2000) 'Effectiveness of time-limited cognitive analytic therapy of borderline personality disorder: Factors associated with outcome', *British Journal of Medical Psychology*, 73, 197-210.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1348/000711200160426>

Ryle, A. and Lipshitz, S. (1976) 'Repertory Grid Elucidation of a Difficult Conjoint Therapy', *British Journal of Medical Psychology*, 49, 281-285.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.2044-8341.1976.tb02376.x>

Ryle, A. and Lunghi, M.E. (1969) 'The Measurement of Relevant Change after Psychotherapy: Use of Repertory Grid Testing', *British Journal of Psychiatry*, 115, 1297-1304.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1192/bjp.115.528.1297>

Ryle, A. and Marlowe, M.J. (1995) 'Cognitive Analytic Therapy of Borderline Personality Disorder: Theory and Practice and the Clinical and Research Uses of the Self States Sequential Diagram', *International Journal of Short-Term Psychotherapy*, 10, 21-34.

Full Text Link: n/a

DOI Link: n/a

Ryle, A., Spencer, J. and Yawetz, C. (1992) 'When Less Is More Or At Least Enough: Two Case Examples of 16-session Cognitive Analytic Therapy', *British Journal of Psychotherapy*, 8, 401-412.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.1752-0118.1992.tb01202.x>

Sacks, M., Jagielska-Hall, D. and Jeffery, S. (2016) 'Cognitive analytic therapy for high-risk sexual behaviour', *Sexual and Relationship Therapy*, 31, 20-31.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1080/14681994.2015.1114600>

Sandhu, S. K., Kellett, S., and Hardy, G. (2017) 'The development of a change model of "exits" during cognitive analytic therapy for the treatment of depression', *Clinical Psychology & Psychotherapy*, 24, 1263-1272.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1002/cpp.2090>

Sandler, J. (1976) 'Countertransference and Role-Responsiveness', *International Review of Psychoanalysis*, 3, 43-47.

Full Text Link: n/a

DOI Link: n/a

Savournin, R., Evans, C., Hirst, J.F. and Watson, J.P. (1995) 'The elusive factor structure of the Inventory of Interpersonal Problems', *British Journal of Medical Psychology*, 68, 353-369.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.2044-8341.1995.tb01843.x>

Scanlan C, Adlam J. (2011) 'Defacing the currency?': A Group Analytic Appreciation of Homelessness and Other Inarticulate Speech of the Heart', *Group Analysis: the international journal of Group-analytic psychotherapy*, 44, 131-148.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1177/0533316410397697>

Schmidt, U. (1997) 'Behavioral therapy, cognitive behavioral therapy and cognitive-analytic methods in treatment of anorexia', *Psychotherapie, Psychosomatik, medizinische Psychologie*, 47, 316-321.

Full Text Link: n/a

DOI Link: n/a

Scott A., and Ryle A. (1995) 'Annual Lecture: Discussion (1995) Psychoanalysis, Cognitive Analytic Therapy, Mind and Self', *British Journal of Psychotherapy*, 11, 585-593.

Full Text Link: n/a

DOI Link: n/a

Scott, A. (1993) 'Response to Anthony Ryle', *British Journal of Psychotherapy*, 10, 93-95.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.1752-0118.1993.tb00634.x>

Seikkula, J. and Trimble, D., (2005) 'Healing elements of therapeutic conversation: Dialogue as an embodiment of love.', *Family process*, 44(4), 461-475.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1111/j.1545-5300.2005.00072.x>

Shannon, K. L., Pearce, E. and Swarbrick, R. (2013) 'Factors influencing the development of an innovative service for women non-offending partners (NOPs) of male sexual offenders', *Journal of Sexual Aggression*, 19, 357-368.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1080/13552600.2012.729092>

Sheard, T. (2021) 'Embodied therapeutic presence: A proposed extension and clarification of the CAT model of reciprocal roles, relational space and integration when working with developmental trauma.', *International Journal of Cognitive Analytic Therapy and Relational Mental Health*, 4.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Sheard, T., Evans, J., Cash, D., Hicks, J., King, A., Morgan, N., Nereli, B., Porter, I., Rees, H., Sandford, J., Slinn, R., Sunder, K. and Ryle, A. (2000) 'A CAT-derived one to three session intervention for repeated deliberate self-harm: A description of the model and initial experience of trainee psychiatrist in using it', *British Journal of Medical Psychology*, 73, 179-196.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1348/000711200160417>

Shedler, J. (2010) 'The efficacy of psychodynamic psychotherapy.', *American psychologist*, 65(2), 98.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Shine, L. and Westacott, M. (2010) 'Reformulation in cognitive analytic therapy: Effects on the working alliance and the client's perspective on change', *Psychology and Psychotherapy: Theory, Research and Practice*, 83, 161-177.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1348/147608309X471334>

Simmonds-Buckley, M., Osivwemu, E.O., Kellett, S. and Taylor, C. (2022) 'The acceptability of cognitive

analytic therapy (CAT): Meta-analysis and benchmarking of treatment refusal and treatment dropout rates', *Clinical Psychology Review*, 96, 102187.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1016/j.cpr.2022.102187>

Sochos, A. (2005) 'Attachment and representational change in cognitive analytic therapy: Developing a taxonomy', *Counselling Psychology Review*, 15-30.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Spence, C., Kellett, S., Totterdell, P. and Parry, G. (2019) 'Can cognitive analytic therapy treat hoarding disorder? An adjudicated hermeneutic single-case efficacy design evaluation', *Clinical Psychology & Psychotherapy*, 26, 673-683.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1002/cpp.2390>

Squire, A., Bristow, J., Wilkinson, O., Gaskell, C., Evans, M., & Kellett, S. (2024) 'Feasibility and acceptability of integrating repertory grids into reformulation and termination during cognitive analytic therapy.', *Journal of Psychotherapy Integration*.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1037/int0000339>

Stiles, W., Leiman, M., Shapiro, D., Hardy, G., Barkham, M., Detert, N. and Llewelyn, S. (2006) 'What does the first exchange tell? Dialogical sequence analysis and assimilation in very brief therapy', *Psychotherapy Research*, 16, 408-421.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1080/10503300500288829>

Stiles, W.B. (1997) 'Signs and Voices: Joining a Conversation in Progress', *British Journal of Medical Psychology*, 70, 169-176.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.2044-8341.1997.tb01896.x>

Stricker, G. (1991) 'Toward Psychotherapy Integration', *PsycCRITIQUES*, 36, 574-575.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1037/029910>

Sutton, L. (2003) 'When Late Life Brings a Diagnosis of Alzheimer's Disease and Early Life Brought Trauma. A Cognitive-Analytic Understanding of Loss of Mind', *Clinical Psychology and Psychotherapy*, 10, 156-164.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/cpp.366>

Taylor, P. J., Jones, S., Huntley, C. D. and Seddon, C. (2017) 'What are the key elements of cognitive analytic therapy for psychosis? A Delphi study', *Psychology and Psychotherapy: Theory, Research and Practice*, 90, 511-529.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1111/papt.12119>

Taylor, P. J., Perry, A., Hutton, P., Seddon, C. and Tan, R. (2015) 'Curiosity and the CAT: Considering Cognitive Analytic Therapy as an intervention for psychosis', *Psychosis: Psychological, Social and Integrative Approaches*, 7, 276-278.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1080/17522439.2014.956785>

- Taylor, P. J., Perry, A., Hutton, P., Tan, R., Fisher, N., Focone, C., Griffiths, D. and Seddon, C. (2019) 'Cognitive analytic therapy for psychosis: A case series', *Psychology and Psychotherapy: Theory, Research and Practice*, 92, 359-378.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1111/papt.12183>
- Taylor, P.J. and Hartley, S. (2021) 'Reformulating the relationship between cognitive analytic therapy and research: Navigating the landscape and exploring new directions', *Psychology and Psychotherapy: Theory, Research and Practice*, 94, 01-Jul.
Full Text Link: n/a
DOI Link: <https://bpspsychub.onlinelibrary.wiley.com/doi/abs/10.1111/papt.12292>
- Taylor, P.J., Adeyemi, I., Marlow, K. et al. (2024) 'The Relational Approach to Treating Self-Harm (RELATE): study protocol for a feasibility randomised controlled trial study of cognitive analytic therapy for adults who self-harm versus treatment at usual', *Pilot Feasibility Stud*, 10, 101.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1186/s40814-024-01526-z>
- Taylor, P.J., Fien, K., Mulholland, H., Duarte, R., Dickson, J.M. and Kullu, C. (2020) 'Pilot service evaluation of a brief psychological therapy for self-harm in an emergency department: Hospital Outpatient Psychotherapy Engagement Service', *Psychology and Psychotherapy: Theory, Research and Practice*, 94, 64-78.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1111/papt.12277>
- Thompson, A.R., Donnison, J., Warnock-Parkes, E., Turpin, G., Turner, J. and Kerr I.B. (2008) 'Multidisciplinary community mental health team staff's experience of a 'skills level' training course in cognitive analytic therapy', *International Journal of Mental Health Nursing*, 17, 131-137.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.1447-0349.2008.00521.x>
- Thompson, A.R., Powis, J. and Carradice, A. (2008) 'Community Psychiatric Nurses' experience of working with people who engage in deliberate self-harm', *International Journal of Mental Health Nursing*, 17, 153-161.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.1447-0349.2008.00533.x>
- Tilden, B., Charman, D., Sharples, J. And Fosbury, J. (2005) 'Identity and Adherence in a Diabetes Patient: Transformations in Psychotherapy', *Qualitative Health Research*, 15, 312-324.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1177/1049732304272965>
- Tinlin, R. (2023) 'Mapping sexual diversity using Cognitive Analytic Therapy: a qualitative, cooperative enquiry with the LGBTQ+ community', *International Journal of CAT & RMH*, 5.
Full Text Link: n/a
DOI Link: n/a
- Tinlin-Dixon, R. (2023) 'Using Cognitive Analytic Therapy as a Transdiagnostic Intervention for Comorbid Personality Disorder, Posttraumatic Stress Disorder, and Functional Neurological Symptom Disorder: A Case Report of a 68 Woman's Journey Toward the Integration of Dissociation', *Clinical Case Studies*, 23, 2.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Totterdell, P. & Kellett, S. (2013) 'Taming the green-eyed monster: Temporal responsiveness to cognitive behavioural and cognitive analytic therapy for morbid jealousy', *Psychology and Psychotherapy:*

Theory, Research and Practice, 86, 52-69.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1111/j.2044-8341.2011.02045.x>

Toye J. (2008) 'Emotionally homeless', *Therapy today: the magazine for counselling & psychotherapy professionals.*, 19, 26-30.

Full Text Link: n/a

DOI Link: n/a

Treasure, J. (2001) 'Psychological therapies in anorexia nervosa: Reply', *British Journal of Psychiatry*, 179, 78-79.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1192/S0007125000266312>

Treasure, J. and Ward, A. (1997) 'Cognitive Analytical Therapy in the Treatment of Anorexia Nervosa', *Clinical Psychology and Psychotherapy*, 4, 62-71.

Full Text Link: n/a

DOI Link: [https://doi.org/10.1002/\(SICI\)1099-0879\(199703\)4:1<62::AID-CPP114>3.0.CO;2-Y](https://doi.org/10.1002/(SICI)1099-0879(199703)4:1<62::AID-CPP114>3.0.CO;2-Y)

Treasure, J., Todd, G., Brolly, M., Tiller, J., Nehmed, A. and Denman, F. (1995) 'A Pilot Study of a Randomised Trial of Cognitive Analytic Therapy vs Educational Behavioral Therapy for Adult Anorexia Nervosa', *Behavioral Research Therapy*, 33, 363-367.

Full Text Link: n/a

DOI Link: [https://doi.org/10.1016/0005-7967\(94\)00070-Z](https://doi.org/10.1016/0005-7967(94)00070-Z)

Trevarthen, C (2004) 'Learning about ourselves, from children: Why a growing human brain needs interesting companions?', *Hokkaido University Collection of Scholarly and Academic Papers : HUSCAP*, 26, 9-44.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Trevarthen, C. (2017) 'The affectionate intersubjective intelligence of the infant, and its innate motives for relational mental health.', *International Journal of Cognitive Analytic Therapy and Relational Mental Health*, 1(1), 11-53.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Trevarthen, C. (1993) 'Playing into reality: conversations with the infant communicator', *Winnicott studies: journal of the Squiggle Foundation*, 67-84.

Full Text Link: n/a

DOI Link: n/a

Tully, R. J. and Barrow, A. (2017) 'Using an integrative, Cognitive Analytic Therapy (CAT) approach to treat intimate partner violence risk', *Journal of Aggression, Conflict and Peace Research*, 9, 128-140.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1108/JACPR-08-2016-0244>

Tyrer, R. and Masterson, C. (2018) 'Clients' experience of change: An exploration of the influence of reformulation tools in cognitive analytic therapy', *Clinical Psychology & Psychotherapy*, 26, 167-174.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1002/cpp.2339>

Tzouramanis, P., Adamopoulou, A., Bozikas, V., Voikli, M., Zagora, C., Lombtzianidou, M., Mamouzelos, E. and Garyfallos, G. (2010) 'Evaluation of cognitive-analytic therapy (CAT) outcome in patients with panic disorder', *Psychiatriki*, 21, 287-293.

Full Text Link: n/a
DOI Link: n/a

Uusitalo-Arola, L. (2004) 'When work challenges one's whole life: Dialogical assessment of coping competency', *Psykologia*, 39, 272-283.

Full Text Link: n/a
DOI Link: n/a

Vapaavouri, J.A. and Leiman, M. (2000) 'Conflict between two persons in a staff group: A repertory grid study', *Revista Argentina de Clinica Psicologica*, 9, 25-37.

Full Text Link: n/a
DOI Link: n/a

Vos, H.J. (2001) 'A minimax procedure in the context of sequential testing problems in psychodiagnostics.', *British Journal of Mathematical and Statistical Psychology*, 54, 139-159.

Full Text Link: n/a
DOI Link: <https://doi.org/10.1348/000711001159474>

Wakefield, S. Delgadillo, J., Kellett, S., White, S. and Hepple J. (2021) 'The effectiveness of brief cognitive analytic therapy for anxiety and depression: A quasi-experimental case-control study', *British Journal of Clinical Psychology*.

Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1111/bjc.12278>

Walsh, S, Hagan, T. and Gamsu, D. (2000) 'Rescuer and rescued: applying a cognitive analytic perspective to explore the 'mis-management' of asthma', *British Journal of Medical Psychology*, 73, 151-168.

Full Text Link: n/a
DOI Link: <https://doi.org/10.1348/000711200160390>

Walsh, S. (1996) 'Adapting Cognitive Analytic Therapy to Make Sense of Psychologically Harmful Work Environments', *British Journal of Medical Psychology*, 69.

Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.2044-8341.1996.tb01846.x>

Wang, D. and Xiang, K. (2022) 'Facilitating the client change: A perspective from the therapeutic zone of proximal development.', *Advances in Psychological Science*, 30 (3), 648.

Full Text Link: n/a
DOI Link: n/a

Watson, J.P. and Ryle, A. (1992) 'Providing a Psychotherapy Service to an Inner London Catchment Area', *Journal of Mental Health*, 1, 169-176.

Full Text Link: n/a
DOI Link: <https://doi.org/10.3109/09638239209034529>

Watson, R. and Vidal, M. (2011) 'Do you see other men who do this?' Reflections upon working with men who visit commercial sex workers in a National Health Service sexual health clinic', *Sexual and Relationship Therapy*, 26, 61-71.

Full Text Link: n/a
DOI Link: <https://doi.org/10.1080/14681994.2010.529431>

Whewell, P. (2001) 'Commentary on innovative contemporary psychotherapies', *Advances in Psychiatric Treatment*, 7, 252-254.

Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/apt.7.4.252>

- Wildgoose, A., Clarke, S. and Waller, G. (2001) 'Treating personality fragmentation and dissociation in borderline personality disorder: a pilot study of the impact of cognitive analytic therapy.', *British Journal of Medical Psychology*, 74, 47-55.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1348/000711201160795>
- Wildgoose, J., McCrindle, D. and Tillett, R. (2002) 'The Exeter half-day release psychotherapy training scheme -A model for others?', *Psychiatric Bulletin*, 26, 31-33.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/pb.26.1.31>
- Wile, D.B. (1984) 'Kohut, Kernberg, and accusatory interpretations.', *Psychotherapy: Theory, research, practice, training*, 21(3), 353.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1037/h0086097>
- Winston, A.P. (2000) 'Recent developments in borderline personality disorder', *Advances in Psychiatric Treatment*, 6, 211-217.
Full Text Link: [Click here to View this Article](#)
DOI Link: <https://doi.org/10.1192/apt.6.3.211>
- Withers, J. (2008) 'Cognitive analytic therapy (CAT): a therapy in a medium secure hospital for a mentally disordered offender with a personality disorder', *British Journal of Forensic Practice*, 10, 24-32.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1108/14636646200800017>
- Wolff, H. (1977) 'Loss: a central theme in psychotherapy.', *British Journal of Medical Psychology*, 50 (1), 11-19.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1111/j.2044-8341.1977.tb02392.x>
- Woodbridge, J., Townsend, M.L., Reis, S.L. and Grenyer, B.F. (2022) 'Patient perspectives on non-response to psychotherapy for borderline personality disorder: A qualitative study.', .
Full Text Link: n/a
DOI Link: <https://doi.org/10.21203/rs.3.rs-1699762/v1>
- Woody, R.H. (2007) 'Treating Offenders.', *PsycCRITIQUES*, 52.
Full Text Link: n/a
DOI Link: n/a
- Worsley J, Young D, Harrison P, Corcoran R. (2024) 'Pilot Evaluation of a Remote Psychotherapy Service for Students Who Self-Harm: University-Community Outpatient Psychotherapy Engagement (U-COPE)', *Int J Environ Res Public Health*, 21 (1), 103.
Full Text Link: n/a
DOI Link: [10.3390/ijerph21010103](https://doi.org/10.3390/ijerph21010103)
- Wray, A., Kellett, S., Bee, C., Smithies, J., Aadahl, V., Simmonds-Buckley, M. and McElhatton, C. (2022) 'The acceptability of cognitive analytic guided self-help in an Improving Access to Psychological Therapies service.', *Behavioural and Cognitive Psychotherapy.*, 1-15.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1017/S1352465822000194>
- Yeates, G., Hamill, M., Sutton, L., Psaila, K., Gracey, F., Mohamed, S. and O'Dell, J. (2008) 'Dysexecutive Problems and Interpersonal Relating Following Frontal Brain Injury: Reformulation and Compensation in Cognitive Analytic Therapy (CAT)', *Neuro-Psychoanalysis*, 10, 43-58.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1080/15294145.2008.10773571>

Zonzi, A., Barkham, M., Hardy, G.E., Llewelyn, S.P., Stiles, W.B., and Leiman, M. (2014) 'Zone of proximal development (ZPD) as an ability to play in psychotherapy: A theory-building case study of very brief therapy', *Psychology and Psychotherapy: Theory, Research and Practice*, 57, 447-464.

Full Text Link: [Click here to View this Article](#)

DOI Link: <https://doi.org/10.1111/papt.12022>

Books

- (2024) 'Working Relationally with Young People: A Cognitive Analytic Approach to Connecting One to One, with Families and Across Communities', *Working Relationally with Young People: A Cognitive Analytic Approach to Connecting One to One, with Families and Across Communities*.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- (2024) 'Creativity and Mental Health: A Cognitive Analytic Approach to Integrating Play and Imagination in Psychotherapy, Supervision and Training', *Creativity and Mental Health: A Cognitive Analytic Approach to Integrating Play and Imagination in Psychotherapy, Supervision and Training*.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- (2021) 'Reflective Practice in Forensic Settings: A Cognitive Analytic Approach to Developing Shared Thinking', *Reflective Practice in Forensic Settings: A Cognitive Analytic Approach to Developing Shared Thinking*.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- (2022) 'Talking with a Map: A Cognitive Analytic Approach to Everyday Conversational Awareness', *Talking with a Map: A Cognitive Analytic Approach to Everyday Conversational Awareness*.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- (2024) 'Innovative Practice in Forensic Settings: A Cognitive Analytic Approach to Effective Relational Work', *Innovative Practice in Forensic Settings: A Cognitive Analytic Approach to Effective Relational Work*.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- (2024) 'Conversations in Later Life: A Cognitive Analytic Approach to Aging Well', *Conversations in Later Life: A Cognitive Analytic Approach to Aging Well*.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Bateman, A., and Holmes, J. (1995) 'Introduction to Psychoanalysis: Contemporary Theory and Practice', In *Introduction to Psychoanalysis: Contemporary Theory and Practice*, Bateman, A., and Holmes, J.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203133057>
- Benjamin, L.S. (2002) 'Interpersonal diagnosis and treatment of personality disorders. Guilford Press.', In *Interpersonal diagnosis and treatment of personality disorders. Guilford Press.*, Benjamin, L.S.
Full Text Link: n/a
DOI Link: n/a
- Bernardy-Arbuz, M-A. (2022) 'La Thérapie Cognitive Analytique (CAT)', In *La Thérapie Cognitive Analytique (CAT)*, Bernardy-Arbuz, M-A.
Full Text Link: n/a
DOI Link: n/a
- Bloch, S. (ed) (2006) 'An Introduction to the Psychotherapies.(4th edn)', In *An Introduction to the Psychotherapies.(4th edn)*, Bloch, S. (ed).
Full Text Link: n/a

DOI Link: n/a

Brummer, L., Cavieres, M., and Tan, R. (eds), (2022) 'The Oxford Handbook of Cognitive Analytic Therapy (online edn.)', In *The Oxford Handbook of Cognitive Analytic Therapy (online edn.)*, Brummer, L., Cavieres, M., and Tan, R. (eds),.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1093/oxfordhb/9780198866572.001.0001>

Burkitt, I. (1991) 'Social selves: Theories of the social formation of personality. Sage.', In *Social selves: Theories of the social formation of personality. Sage.*, Burkitt, I.

Full Text Link: n/a

DOI Link: n/a

Corbridge, C., Brummer, L. and Coid, P. (2017) 'Cognitive Analytic Therapy: Distinctive Features', In *Cognitive Analytic Therapy: Distinctive Features*, Corbridge, C., Brummer, L. and Coid, P.

Full Text Link: n/a

DOI Link: <https://doi.org/10.4324/9781315617244>

Dimaggio, G., Semerari, A., Carcione, A., Nicolò, G. and Procacci, M. (2007) 'Psychotherapy of personality disorders: Metacognition, states of mind and interpersonal cycles. Routledge.', In *Psychotherapy of personality disorders: Metacognition, states of mind and interpersonal cycles. Routledge.*, Dimaggio, G., Semerari, A., Carcione, A., Nicolò, G. and Procacci, M.

Full Text Link: n/a

DOI Link: n/a

Forbes, J., Watson, C., Horne, J., Humes, W., Kerr, I., Cowie, M. and Crawford, M. (2009) 'Confluences of Identity, Knowledge and Practice: Building Interprofessional Social Capital. ESRC Seminar 4 Proceedings. Research Paper 20.', In *Confluences of Identity, Knowledge and Practice: Building Interprofessional Social Capital. ESRC Seminar 4 Proceedings. Research Paper 20.*, Forbes, J., Watson, C., Horne, J., Humes, W., Kerr, I., Cowie, M. and Crawford, M.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Frank, J.D. and Frank, J.B. (1993) 'Persuasion and healing: A comparative study of psychotherapy', In *Persuasion and healing: A comparative study of psychotherapy*, Frank, J.D. and Frank, J.B.

Full Text Link: n/a

DOI Link: n/a

Gilbert, P. and Leahy, R.L. eds. (2007) 'The therapeutic relationship in the cognitive behavioral psychotherapies. Routledge.', In *The therapeutic relationship in the cognitive behavioral psychotherapies. Routledge.*, Gilbert, P. and Leahy, R.L. eds.

Full Text Link: n/a

DOI Link: n/a

Gomez, L., (1997) 'An introduction to object relations. NYU Press.', In *An introduction to object relations. NYU Press.*, Gomez, L.,.

Full Text Link: n/a

DOI Link: n/a

Gordon, R., (1993) 'Bridges: metaphor for psychic processes', In *Bridges: metaphor for psychic processes*, Gordon, R.,.

Full Text Link: n/a

DOI Link: n/a

Hepple, J. and Sutton, L. (2004) 'Cognitive Analytic Therapy and Later Life: A New Perspective on Old Age',

- In *Cognitive Analytic Therapy and Later Life: A New Perspective on Old Age*, Hepple, J. and Sutton, L.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203493533>
- Hill, D. (2015) 'Affect Regulation Theory: A Clinical Model. W. W. Norton & Company', In *Affect Regulation Theory: A Clinical Model. W. W. Norton & Company*, Hill, D.
Full Text Link: n/a
DOI Link: n/a
- Hobson, R.F. (2013) 'Forms of feeling: The heart of psychotherapy. Routledge.', In *Forms of feeling: The heart of psychotherapy. Routledge.*, Hobson, R.F.
Full Text Link: n/a
DOI Link: n/a
- Holmes, J. (1993) 'John Bowlby and Attachment Theory.', In *John Bowlby and Attachment Theory.*, Holmes, J.
Full Text Link: n/a
DOI Link: n/a
- Holquist, M. (2003) 'Dialogism: Bakhtin and his world. Routledge.', In *Dialogism: Bakhtin and his world. Routledge.*, Holquist, M.
Full Text Link: n/a
DOI Link: n/a
- Howe, D. (2011) 'Attachment across the lifecourse: A brief introduction. Macmillan International Higher Education.', In *Attachment across the lifecourse: A brief introduction. Macmillan International Higher Education.*, Howe, D.
Full Text Link: n/a
DOI Link: n/a
- Howell, E. (2020) 'Trauma and dissociation informed psychotherapy: Relational healing and the therapeutic connection. WW Norton & Company.', In *Trauma and dissociation informed psychotherapy: Relational healing and the therapeutic connection. WW Norton & Company.*, Howell, E.
Full Text Link: n/a
DOI Link: n/a
- Howell, E.F. (2013) 'The dissociative mind. Routledge.', In *The dissociative mind. Routledge.*, Howell, E.F.
Full Text Link: n/a
DOI Link: n/a
- Hubble, M.A., Duncan, B.L. and Miller, S.D. (1999) 'The heart and soul of change: What works in therapy.', In *The heart and soul of change: What works in therapy.*, Hubble, M.A., Duncan, B.L. and Miller, S.D.
Full Text Link: n/a
DOI Link: n/a
- Lee, R.R. and Martin, J.C. (1991) 'Psychotherapy after Kohut: A textbook of self psychology.', In *Psychotherapy after Kohut: A textbook of self psychology.*, Lee, R.R. and Martin, J.C.
Full Text Link: n/a
DOI Link: n/a
- Lloyd, J. (Editor), Pollard, R. (Editor) (2018) 'Cognitive Analytic Therapy and the Politics of Mental Health', In *Cognitive Analytic Therapy and the Politics of Mental Health*, Lloyd, J. (Editor), Pollard, R. (Editor).
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203728857>

- Lloyd, J. and Clayton, P. (2013) 'Cognitive Analytic Therapy for People with Intellectual Disabilities and their Carers', In *Cognitive Analytic Therapy for People with Intellectual Disabilities and their Carers*, Lloyd, J. and Clayton, P.
Full Text Link: n/a
DOI Link: n/a
- Mander, G. (2000) 'A psychodynamic approach to brief therapy.Sage', In *A psychodynamic approach to brief therapy.Sage*, Mander, G.
Full Text Link: n/a
DOI Link: n/a
- Mann, J. (1991) 'Time-limited psychotherapy. Handbook of short-term dynamic psychotherapy', In *Time-limited psychotherapy. Handbook of short-term dynamic psychotherapy*, Mann, J., 17-44.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- McCormick, E (2017) 'Change for the Better: Self Help Through Practical Psychotherapy (5th Edition)', In *Change for the Better: Self Help Through Practical Psychotherapy (5th Edition)*, McCormick, E.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4135/9781526438447>
- Mitchell, S.A., (2014) 'Relationality: From Attachment to Intersubjectivity.', In *Relationality: From Attachment to Intersubjectivity.*, Mitchell, S.A.,.
Full Text Link: n/a
DOI Link: n/a
- Mollon, P. and John Wiley & Sons Ltd. (1999) 'Multiple selves, multiple voices; working with trauma, violation and dissociation.', In *Multiple selves, multiple voices; working with trauma, violation and dissociation.*, 6(5), Mollon, P. and John Wiley & Sons Ltd., 405-406.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1046/j.1365-2850.1999.00227-4.x>
- Molnos, A. and Brown, D. (2018) 'A question of time: Essentials of brief dynamic psychotherapy. Routledge.', In *A question of time: Essentials of brief dynamic psychotherapy. Routledge.*, Molnos, A. and Brown, D.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780429471476>
- Orange, D.M. (2009) 'Thinking for clinicians: Philosophical resources for contemporary psychoanalysis and the humanistic psychotherapies. Routledge.', In *Thinking for clinicians: Philosophical resources for contemporary psychoanalysis and the humanistic psychotherapies. Routledge.*, Orange, D.M.
Full Text Link: n/a
DOI Link: n/a
- Peake, T.H., Borduin, C.M. and Archer, R.P. (1988) 'Brief psychotherapies: Changing frames of mind. SAGE Publications, Incorporated.', In *Brief psychotherapies: Changing frames of mind. SAGE Publications, Incorporated.*, Peake, T.H., Borduin, C.M. and Archer, R.P.
Full Text Link: n/a
DOI Link: n/a
- Pickvance, D. (2017) 'Cognitive analytic supervision: A relational approach', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. .
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9781315716145>

- Pollock, P. (2001) 'Cognitive Analytic Therapy for Adult Survivors of Childhood Abuse: Approaches to Treatment and Case Management', In *Cognitive Analytic Therapy for Adult Survivors of Childhood Abuse: Approaches to Treatment and Case Management*, Pollock, P.
Full Text Link: n/a
DOI Link: n/a
- Pollock, P.H., Stowell-Smith, M. and Gopfert, M. (eds.) (2006) 'Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. (eds.).
Full Text Link: n/a
DOI Link: n/a
Link to buy on Amazon: [Buy on Amazon](#)
- Potter, S. (2020) 'Therapy with a Map: A cognitive analytic approach to helping relationships', In *Therapy with a Map: A cognitive analytic approach to helping relationships*, Potter, S.
Full Text Link: n/a
DOI Link: n/a
- Reddy, V. (2008) 'How Infants Know Minds', In *How Infants Know Minds*, Reddy, V.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1991) 'Cognitive Analytic Therapy - Active Participation in Change: New Integration in Brief Psychotherapy', In *Cognitive Analytic Therapy - Active Participation in Change: New Integration in Brief Psychotherapy*, Ryle, A.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1995) 'Cognitive Analytic Therapy: Developments in Theory and Practice', In *Cognitive Analytic Therapy: Developments in Theory and Practice*, Ryle, A.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. and Kerr, I. (2002) 'Introducing Cognitive Analytic Therapy: Principles and Practice', In *Introducing Cognitive Analytic Therapy: Principles and Practice*, Ryle, A. and Kerr, I.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1002/9780470713587>
- Ryle, A. and Kerr, I.B. (2020) 'Introducing cognitive analytic therapy: principles and practice of a relational approach to mental health (2nd edition)', In *Introducing cognitive analytic therapy: principles and practice of a relational approach to mental health (2nd edition)*, Ryle, A. and Kerr, I.B.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1002/9781119375210>
- Ryle, A., Leighton, T. and Pollock, P. (1997) 'Cognitive Analytic Therapy of Borderline Personality Disorder: The Model and the Method', In *Cognitive Analytic Therapy of Borderline Personality Disorder: The Model and the Method*, Ryle, A., Leighton, T. and Pollock, P.
Full Text Link: n/a
DOI Link: n/a
Link to buy on Amazon: [Buy on Amazon](#)
- Sandler, J., Dare, C., Holder, A., and Dreher, A.U. (1992) 'The Patient and the Analyst: The Basis of the Psychoanalytic Process (2nd ed.)', In *The Patient and the Analyst: The Basis of the Psychoanalytic Process (2nd ed.)*, Sandler, J., Dare, C., Holder, A., and Dreher, A.U.
Full Text Link: n/a

DOI Link: <https://doi.org/10.4324/9780429482687>

Savander, E.É. (2022) 'Dialogical Sequence Analysis as Case Formulation in Community Mental Health Centre: Naturalistic comparative study on Patient-centred approach.', In *Dialogical Sequence Analysis as Case Formulation in Community Mental Health Centre: Naturalistic comparative study on Patient-centred approach.*, Savander, E.É.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Siegel, D.J. (2020) 'The developing mind: How relationships and the brain interact to shape who we are.', In *The developing mind: How relationships and the brain interact to shape who we are.*, Siegel, D.J.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Solomon, M.F. and Siegel, D.J. (2017) 'How People Change: Relationships and Neuroplasticity in Psychotherapy (Norton Series on Interpersonal Neurobiology). WW Norton & Company.', In *How People Change: Relationships and Neuroplasticity in Psychotherapy (Norton Series on Interpersonal Neurobiology).* WW Norton & Company., Solomon, M.F. and Siegel, D.J.

Full Text Link: n/a

DOI Link: n/a

Stern, D.N. (2004) 'The present moment in psychotherapy and everyday life (norton series on interpersonal neurobiology). WW Norton & Company.', In *The present moment in psychotherapy and everyday life (norton series on interpersonal neurobiology).* WW Norton & Company., Stern, D.N.

Full Text Link: n/a

DOI Link: n/a

Stern, D.N. (1985) 'The Interpersonal World of the Infant: A View from Psychoanalysis and Developmental Psychology', In *The Interpersonal World of the Infant: A View from Psychoanalysis and Developmental Psychology*, Stern, D.N.

Full Text Link: n/a

DOI Link: n/a

Stolorow, R.D., Atwood, G.E. and Branchaft, B. eds. (1994) 'The intersubjective perspective. Rowman & Littlefield.', In *The intersubjective perspective.* Rowman & Littlefield., Stolorow, R.D., Atwood, G.E. and Branchaft, B. eds.

Full Text Link: n/a

DOI Link: n/a

The Royal College of Psychiatrists, the Division of Clinical Psychology of the British Psychological Society (2016) 'Psychological Therapies and People Who Have Intellectual Disabilities', In *Psychological Therapies and People Who Have Intellectual Disabilities*, The Royal College of Psychiatrists, the Division of Clinical Psychology of the British Psychological Society.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Trevarthen, C. (1998) 'Children with autism: Diagnosis and interventions to meet their needs. Jessica Kingsley Publishers.', In *Children with autism: Diagnosis and interventions to meet their needs.* Jessica Kingsley Publishers., Trevarthen, C.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Vygotsky, L.S. and Cole, M. (1978) 'Mind in society: Development of higher psychological processes', In *Mind in society: Development of higher psychological processes*, Vygotsky, L.S. and Cole, M.

Full Text Link: n/a

DOI Link: n/a

Wachtel, P.L. (2007) 'Relational theory and the practice of psychotherapy. Guilford Press', In *Relational theory and the practice of psychotherapy. Guilford Press*, Wachtel, P.L.

Full Text Link: n/a

DOI Link: n/a

Wellings, N. and McCormick, E.W. (2000) 'Transpersonal psychotherapy.', In *Transpersonal psychotherapy.*, Wellings, N. and McCormick, E.W.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Wilson, H. (ed), Powell, J., Rothwell, E., Elliot, K., Mills Da'Bel, M., Green, L., Hanley, T., Wyatt, C., Lloyd, M. and Karekla, M. (2022) 'Digital Delivery of Mental Health Therapies: A guide to the benefits and challenges, and making it work', In *Digital Delivery of Mental Health Therapies: A guide to the benefits and challenges, and making it work*, Wilson, H. (ed), Powell, J., Rothwell, E., Elliot, K., Mills Da'Bel, M., Green, L., Hanley, T., Wyatt, C., Lloyd, M. and Karekla, M.

Full Text Link: n/a

DOI Link: n/a

Winnicott, D.W. (2013) 'Collected papers: Through paediatrics to psychoanalysis. Routledge.', In *Collected papers: Through paediatrics to psychoanalysis. Routledge.*, Winnicott, D.W.

Full Text Link: n/a

DOI Link: n/a

Book Chapters

- Aitken, G. and McDonnell, K. (2006) 'The use of Cognitive Analytic Therapy with women in secure settings', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. , 121-138.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203929537-6>
- Alison, D. and Denman, C. (2001) 'Comparing models in Cognitive Therapy and CAT', In *Evidence in the psychological therapies: A critical guide for practitioners*, Mace, C., Moorey, S., Roberts, B. , 141-153.
Full Text Link: n/a
DOI Link: n/a
- Allison, D. and Denman, C. (2001) 'Comparing models in cognitive therapy and cognitive analytic therapy', In *Evidence in the psychological therapies: A critical guide for practitioners*, Mace, C., Moorey, S. and Roberts, B. , 141-153.
Full Text Link: n/a
DOI Link: n/a
- Anwyl, M. and Mount, P. (2014) 'Behind the Mask': A Case Study ', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.
Full Text Link: n/a
DOI Link: n/a
- Bamber, M. (2001) 'An independent commentary on CAT for adult survivors of abuse', In *Cognitive analytic therapy for adult survivors of childhood abuse: approaches to treatment and case management.*, Pollock, P. , 257-269.
Full Text Link: n/a
DOI Link: n/a
- Barry, J. A., Kingerlee, R., Seager, M., and Sullivan, L. (2019) 'Opening a Dialogue: Using Cognitive Analytic Therapy with Depressed Men. ', In *The Palgrave Handbook of Male Psychology and Mental Health.*, Kingerlee, R., Cawdron, J. and Bernard, C., 509-531.
Full Text Link: n/a
DOI Link: https://doi.org/10.1007/978-3-030-04384-1_25
- Bell, C. and Hamill, J. (2006) 'Community-based Cognitive Analytic Therapy with perpetrators of domestic violence: Challenges to the orthodoxy.', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. , 209-220.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203929537-11>
- Bennett, D. and Kerr, I.B. (2006) 'Addressing Personality Disorder in the Other Healthcare Systems', In *Personality Disorder and Community Mental Health Teams: A Practitioners Guide*, Sampson, M.J., McCubbin, R.A. and Tyrer, P. , 323-340.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1002/9780470713594.ch16>
- Bennett, D. and Parry, G. (2003) 'Maintaining the Therapeutic Alliance: Resolving Alliance-Threatening Interactions Related to the Transference', In *Core Processes in Brief Psychodynamic Psychotherapy*, Charman, D.P. , 251-272.
Full Text Link: n/a
DOI Link: n/a

- Benson, A. (2018) 'A social justice framework for training in cognitive analytic therapy: inequalities, power and politics in psychotherapy', In *CAT and the politics of mental health* , Lloyd, J and Pollard, R.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203728857-17>
- Blunden, J. and Beard, H. (2017) 'CAT group supervision: The social model in action', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 125.
Full Text Link: n/a
DOI Link: n/a
- Brockman, B.J. (ed.) (1991) 'The use of CAT in various clinical settings; general practice; social work; forensic services; private practice', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A., 178-192.
Full Text Link: n/a
DOI Link: n/a
- Brown, H. (2018) 'Owning privilege and acknowledging racism', In *CAT and the politics of mental health* , Lloyd, J and Pollard, R.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203728857-15>
- Brown, H. (2018) 'Reciprocal roles in an unequal world ', In *CAT and the politics of mental health* , Lloyd, J and Pollard, R.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203728857-2>
- Brown, H. and Lloyd, J. (2014) 'What is the 2005 Mental Capacity Act and How Can Cognitive Analytic Therapy ', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.
Full Text Link: n/a
DOI Link: n/a
- Burns-Lundgren, E. (2017) 'The CAT model and the practice of CAT supervision', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 37.
Full Text Link: n/a
DOI Link: n/a
- Carradice, A. (2017) 'Supervising CAT consultancy in mental health teams', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 209.
Full Text Link: n/a
DOI Link: n/a
- Chanen, A. M., McCutcheon, L., and Kerr, I. B. (2014) 'HYPE: A cognitive analytic therapy-based prevention and early intervention programme for borderline personality disorder', In *Handbook of borderline personality disorder in children and adolescents*, Carla Sharp, Jennifer L. Tackett, 361-840.
Full Text Link: [Click here to View this Article](#)
DOI Link: https://doi.org/10.1007/978-1-4939-0591-1_23
- Clarke, S. and Llewelyn, S. (2001) 'A case of borderline personality disorder', In *Cognitive analytic therapy for adult survivors of childhood abuse: approaches to treatment and case management*, Pollock, P. , 123-143.
Full Text Link: n/a
DOI Link: n/a
- Clarkson, P., 1995. (1995) 'The therapeutic relationship', In *psychoanalysis, counselling psychology and psychotherapy*. Whurr.

Full Text Link: n/a
DOI Link: n/a

Clayton, P. (2000) 'Cognitive Analytic Therapy: learning disability and Firesetting.', In *Forensic Mental Health Care, A Case Study Approach*, Mercer, D., Mason, T., McKeown, M and McCann, G., 175-180.
Full Text Link: n/a
DOI Link: n/a

Clayton, P. (2001) 'Using cognitive analytic therapy in an institution to understand and help both client and staff', In *Forensic mental health: Working with offenders with mental illness*, Landsberg, G. and Smiley, A.
Full Text Link: n/a
DOI Link: n/a

Clayton, P. (2006) 'The learning disabled offender and the secure institution.', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. , 158-172.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203929537-8>

Clayton, P. (2014) 'The Adaption and Adoption of Tools in Cognitive Analytic Therapy for People who have an Intellectual Disability and Their Carers ', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.
Full Text Link: n/a
DOI Link: n/a

Clayton, P. (2018) 'Transforming care in England for people who have intellectual disabilities and forensic formulations', In *CAT and the politics of mental health* , Lloyd, J and Pollard, R.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203728857-10>

Clayton, P. and Crowther, S. (2014) 'Cognitive Analytic Therapy Integrated into a Therapeutic Community Approach', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.
Full Text Link: n/a
DOI Link: n/a

Colijn S., Holmes, J. and Willem R. (2005) 'Psychotherapy integration', In *Oxford textbook of psychotherapy*, Gabbard G.
Full Text Link: n/a
DOI Link: n/a

Cowmeadow, P. (1995) 'Very brief psychotherapeutic interventions with deliberate self-harmers', In *Cognitive Analytic Therapy: Developments in theory and practice*, Ryle, A., 55-66.
Full Text Link: n/a
DOI Link: n/a

Curran, A. (1999) 'Counselling within a time limit in general practice', In *Clinical counselling in primary care*, Lees, J, 61-76.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9781315824611-5>

Dallos, R. (2006) 'Integrative formulation: CAT and ANT', In *Formulation in psychology and psychotherapy: Making sense of people's problems*, Johnstone, L. and Dallos, R., 182-207.
Full Text Link: n/a
DOI Link: n/a

- Davies, B. (2018) 'Ignoring it doesn't make it go away: recognising and reformulating gender in CAT', In *CAT and the politics of mental health* , Lloyd, J and Pollard, R.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203728857-13>
- Denman, C. (1995) 'Auditing CAT', In *Cognitive Analytic Therapy: Developments in theory and practice*, Ryle, A., 165-174.
Full Text Link: n/a
DOI Link: n/a
- Denman, C. (1995) 'Treating eating disorders using CAT: two case examples', In *Cognitive Analytic Therapy: Developments in theory and practice*, Ryle, A., 67-76.
Full Text Link: n/a
DOI Link: n/a
- Denman, C. (2002) 'Integrative developments in cognitive analytic therapy', In *Integration in psychotherapy: Models and methods*, Holmes, J. and Bateman, A, 87-106.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1093/med:psych/9780192632371.003.0006>
- Denman, C. and de Vries, P. (1998) 'Cognitive Analytical therapy and Homosexual Orientation', In *Contemporary Perspectives on Psychotherapy and Homosexualities*, Shelley, C. .
Full Text Link: n/a
DOI Link: n/a
- Denman, F. (1995) 'What is the point of a formulation?', In *The Art and Science of Assessment in Psychotherapy*, Mace, C. , 167-81.
Full Text Link: n/a
DOI Link: https://doi.org/10.4324/9780203359914_chapter_11
- Discepolo Ahmadi, J. F. (2018) 'The intergenerational transmission of the adverse effects of inequality', In *CAT and the politics of mental health* , Lloyd, J and Pollard, R.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203728857-6>
- Dunn, M. (2004) 'Why do so few become elders?', In *Cognitive Analytic therapy and Later Life*, Hepple, J. & Sutton, L. , 67-83.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203493533-12>
- Dunn, M. (2009) 'A Cognitive Analytic Formulation', In *Clinical Case Formulation: Varieties of Approaches*, Sturmey, P., 199-212.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1002/9780470747513.ch15>
- Elford, H. and Ball, Z. (2014) 'Using Cognitive Analytic Therapy in a Systemic Context with Staff Terms: Reflections on the Process of Facilitating an Intervention', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.
Full Text Link: n/a
DOI Link: n/a
- Ennis, S-A. (2004) 'King Lear: the mirror cracked', In *Cognitive Analytic Therapy and Later Life*, Hepple, J. & Sutton, L. , 109-132.
Full Text Link: n/a
DOI Link: n/a

- Fawkes, L. and Fretten, V. (2017) 'The use of the CAT model in the supervision of CAT therapists working with borderline personality disorder', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 83.
Full Text Link: n/a
DOI Link: n/a
- Fiorina, C. and Poggiolo, M. (2018) 'How to relate: The Italian dilemma -- trust and cooperation make the world go around, but do we trust and can we cooperate?', In *CAT and the politics of mental health* , Lloyd, J and Pollard, R.
Full Text Link: n/a
DOI Link: n/a
- Fosbury J. (2004) 'Psychological intervention for brittle diabetes', In *Unstable and Brittle Diabetes*, Gill G., 233-248.
Full Text Link: n/a
DOI Link: <https://doi.org/10.3109/9780203640562-12>
- Fosbury, J. (2003) 'The case study: the therapy, the patient and the therapist', In *Core Processes in Brief Psychodynamic Psychotherapy*, Charman, D.P. , 383-399.
Full Text Link: n/a
DOI Link: n/a
- Gendlin, E.T. (1990) 'The small steps of the therapy process: How they come and how to help them come. In This chapter is a revised version of Gendlin's plenary address at the Leuven Conference, Sep 12-16, 1988. Leuven University Press.', .
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Gerhardt, S. (2004) 'Why love matters: How affection shapes a baby's brain.', .
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Gopfert, M. (2006) 'Cognitive Analytic Therapy and parents in prison', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. , 139-157.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203929537-7>
- Gordon, R. A. (2010) 'Outpatient treatment of anorexia nervosa following weight restoration: Practical and conceptual issues', In *Treatment of eating disorders: Bridging the research-practice gap*, Maine, M., McGilley, B. H., and Bunnell, D., 181-679.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1016/B978-0-12-375668-8.10011-7>
- Hagan, T. and Gregory, K. (2001) 'Group work with survivors of childhood sexual abuse', In *Cognitive analytic therapy for adult survivors of childhood abuse: approaches to treatment and case management.*, Pollock, P. , 190-205.
Full Text Link: n/a
DOI Link: n/a
- Hagan, T., Armstrong, N. and Bostock, J. (2018) 'Putting the social into psychotherapy: implications for CAT', In *CAT and the politics of mental health* , Lloyd, J and Pollard, R.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203728857-3>

- Hamill, M. and Gaskell, A. (2014) 'Cognitive analytic therapy and later life', In *The Oxford handbook of clinical geropsychology*, Pachana, N. A., and Laidlaw, K., 691-1818.
Full Text Link: n/a
DOI Link: n/a
- Handley, E., Greenhill (2018) 'Using CAT to bridge the gap: attending to the ultimate and the intimate', In *CAT and the politics of mental health*, Lloyd, J and Pollard, R.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203728857-7>
- Hepple, J. (2004) 'Borderline traits and dissociated states in later life', In *Cognitive Analytic Therapy and Later Life*, Hepple, J. & Sutton, L., 177-200.
Full Text Link: n/a
DOI Link: n/a
- Hepple, J. (2004) 'Ageism in therapy and beyond', In *Cognitive Analytic Therapy and Later Life*, Hepple, J. & Sutton, L., 45-66.
Full Text Link: n/a
DOI Link: n/a
- Hepple, J. (2015) 'Cognitive Analytical Therapy', In *Encyclopedia of Theory in Counseling and Psychotherapy*, Neukrug, E. S., 172-175.
Full Text Link: n/a
DOI Link: n/a
- Hepple, J. (2019) 'Cognitive Analytic Therapy (CAT). Developing the model and the method', *Seminars in Psychotherapies 2*.
Full Text Link: n/a
DOI Link: n/a
- Howell E. (2008) 'Hybrid Models', In *The Dissociative Mind*, Howell E., 121-146.
Full Text Link: n/a
DOI Link: n/a
- Hughes, R. (2016) 'The integration of art psychotherapy and Cognitive Analytic Therapy in practice', In *Time-limited art psychotherapy: Developments in theory and practice*, Hughes, R., 44-270.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9781315726137>
- Jameson, P. () 'The integration of compassion focused therapy and cognitive analytic therapy: Theory, perspectives, and applications', In *The Oxford Handbook of Cognitive Analytic Therapy*, Brummer, L., Cavieres, M., and Tan, R. (eds), <https://doi.org/10.1093/oxfordhb/9780198866572.013.42>.
Full Text Link: n/a
DOI Link: n/a
- Kellett, S. (2012) 'Cognitive Analytic Therapy', In *the SAGE Handbook of Counselling and Psychotherapy*, Feltham, C. & Horton, I., 343-350.
Full Text Link: n/a
DOI Link: n/a
- Kellett, S. and Bennett, D. (2017) 'Integration of competency assessment into CAT supervision: A practical guide', In *Cognitive analytic supervision: A relational approach*, Pickvance, D., 149.
Full Text Link: n/a
DOI Link: n/a

- Kerr I.B., Crowley V., Beard H. (2006) 'A cognitive analytic therapy-based approach to psychotic disorder', In *Evolving Psychosis: Different Stages, Different Treatments*, Johannessen, J.O., Martindale, B.V. and Cullberg, J., 172-184.
Full Text Link: n/a
DOI Link: n/a
- Kerr, I., Hepple, J. and Blunden, J. (2016) 'Cognitive Analytical Therapy', In *Medical Psychotherapy*, Yakeley, J. J., Adshead, G. and Allison, L. , 47-52.
Full Text Link: n/a
DOI Link: n/a
- Kerr, I., Hepple, J. and Blunden, J. (2016) 'Cognitive analytical Therapy: Key Techniques', In *Medical Psychotherapy*, Yakeley, J. J., Adshead, G. and Allison, L. , 194-202.
Full Text Link: n/a
DOI Link: n/a
- Kerr, I.B. and Gopfert, M. (2006) 'A Cognitive Analytic Therapy-informed model of the therapeutic community: Implications for work in forensic settings.', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. , 173-185.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203929537-9>
- Kerr, I.B. and Ryle, A. (2006) 'Cognitive analytic therapy', In *An introduction to the psychotherapies, 4th ed.*, Bloch, S, 267-286.
Full Text Link: n/a
DOI Link: n/a
- Leighton, T. (1997) 'Borderline personality and substance abuse problems', In *Cognitive analytic therapy and Borderline Personality Disorder: the model and the method*, Ryle, A., 128-145.
Full Text Link: n/a
DOI Link: n/a
- Leighton, T. (2004) 'Interpersonal group therapy in intensive treatment.', In *Group psychotherapy and addiction*, Reading, B. and Weegmann, M., 81-98.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1002/9780470713549.ch6>
- Leighton, T. and Ryle, A. (1995) 'How analytic is CAT?', In *Cognitive Analytic Therapy: Developments in theory and practice*, Ryle, A., 139-164.
Full Text Link: n/a
DOI Link: n/a
- Leiman, M. (1995) 'Early development', In *Cognitive Analytic Therapy: Developments in theory and practice*, Ryle, A., 103-120.
Full Text Link: n/a
DOI Link: n/a
- Leiman, M. and Stiles, W.B. (2002) 'Integration of theory: methodological issues', In *Object Relations and Integrative Psychotherapy*, Nolan, I.S. and Nolan, P. .
Full Text Link: n/a
DOI Link: n/a
- Llewelyn, S. And Clarke, S. (2001) 'Adult psychological problems and abuse', In *Cognitive analytic therapy for adult survivors of childhood abuse: approaches to treatment and case management*, Pollock, P. , 107-122.

Full Text Link: n/a
DOI Link: n/a

Lloyd, J. (2014) 'What Aspects of Intelligence are Needed to Understand the Concept of Reciprocal Roles?', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.

Full Text Link: n/a
DOI Link: n/a

Lloyd, J. (2017) 'Dilemmas in relational supervision in intellectual disability services', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 234.

Full Text Link: n/a
DOI Link: n/a

Lloyd, J. and Brown, H. (2014) 'How Cognitive Analytic Therapy is Being Used in Services for People with Intellectual Disabilities', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.

Full Text Link: n/a
DOI Link: n/a

Lloyd, J. and Brown, H. (2018) 'Unequal ground: working with people affected by child sexual abuse', In *CAT and the politics of mental health* , Lloyd, J and Pollard, R.

Full Text Link: n/a
DOI Link: n/a

Lloyd, J. and Pollard, R. (2018) 'Introduction: cognitive analytic therapy and the politics of mental health ', In *CAT and the politics of mental health* , Lloyd, J and Pollard, R.

Full Text Link: n/a
DOI Link: n/a

Lloyd, J. and Potter, S. (2014) 'Introduction ', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.

Full Text Link: n/a
DOI Link: n/a

Lloyd, J. and Potter, S. (2014) 'Heroic or Stoic: Why Do We Try So Hard, Or Give Up So Easily, in Helping with Severe Autism', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.

Full Text Link: n/a
DOI Link: n/a

Loates, M. (2004) 'The case of Michael', In *Cognitive Analytic Therapy and Later Life*, Hepple, J. & Sutton, L. , 133-145.

Full Text Link: n/a
DOI Link: n/a

Loates, M. (2004) 'Individual CAT with older people: clinical examples', In *Cognitive Analytic Therapy and Later Life*, Hepple, J. & Sutton, L. , 84-98.

Full Text Link: n/a
DOI Link: n/a

Low, J. (2000) 'The structures of suffering: Tibetan Buddhist and cognitive analytic approaches', In *The psychology of awakening: Buddhism, science, and our day-to-day lives*, Low, J, Watson, G., Batchlor, S. and Claxton, G, 250-270.

Full Text Link: n/a
DOI Link: n/a

- Low, J. (2006) 'Cognitive Analytic Therapy', In *The SAGE Handbook of Counselling and Psychotherapy (2nd ed.)*, Feltham, C. and Horton, I. , 317-321.
Full Text Link: n/a
DOI Link: n/a
- Luce, A. and Newcastle, C.S. (2022) 'I Just Feel Like There's Just Lots of People in My Head!', In *Voices in Psychosis: Interdisciplinary Perspectives.*, A LuceCS Newcastle.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Maple, N. and Simpson, I. (1995) 'CAT in groups', In *Cognitive Analytic Therapy: Developments in theory and practice*, Ryle, A., 77-102.
Full Text Link: n/a
DOI Link: n/a
- Marzillier, J. (1999) 'The psychological treatment of adults', In *What is clinical psychology? (3rd ed.)*., Marzillier, J.S. and Hall, J.N, 32-59.
Full Text Link: n/a
DOI Link: n/a
- Marzillier, J. and Butler, G. (1995) 'CAT in relation to cognitive therapy', In *Cognitive Analytic Therapy: Developments in theory and practice*, Ryle, A., 121-138.
Full Text Link: n/a
DOI Link: n/a
- McCutcheon, L. K., Crothers, L. and Halperin, S. (2017) 'Supervising CAT with young people', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 222.
Full Text Link: n/a
DOI Link: n/a
- McCutcheon, L. K., Kerr, I. B. and Chanen, A. M. (2019) 'Cognitive analytic therapy: A relational approach to young people with severe personality disorder', In *Case formulation for personality disorders: Tailoring psychotherapy to the individual client*, Kramer, U. E. , 95-493.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1016/B978-0-12-813521-1.00006-0>
- McGauley, G. (2010) 'Introduction to the psychotherapies for mentally disordered offenders.', In *Forensic mental health: Concepts, systems, and practice*, Bartlett, A. and McGauley, G. , 131-149.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1093/med/9780198566854.003.0011>
- McGuire, J. (2006) 'An invited critique of Cognitive Analytic Therapy for offenders', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. .
Full Text Link: n/a
DOI Link: n/a
- Melvin, C.L. and Murphy, G.H. (2022) 'Offenders with Autism Spectrum Disorders.', In *Handbook of Autism and Pervasive Developmental Disorder*, 1491-1517.
Full Text Link: [Click here to View this Article](#)
DOI Link: n/a
- Moorey J., Davidson K., Evans M. and Feigenbaum, J. (2006) 'Psychological Therapies for Personality Disorder', In *Personality disorder and community mental health teams: a practitioner's guide*, Sampson, M.J., McCubbin, R.A. and Tyrer, P. , 91-124.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/9780470713594.ch5>

Morrison, P. (2014) 'Cognitive Analytic Therapy in Forensic Intellectual Disability Settings', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.

Full Text Link: n/a

DOI Link: n/a

Murphy, N. (2014) 'A Group Approach: The Brooklands Offender Relationship Treatment Programme', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.

Full Text Link: n/a

DOI Link: n/a

Murphy, N. (2014) 'The Application of Cognitive Analytic Therapy Used Therapeutically for Personality Disorder and Offending Behaviour and Contextually Within a Secure Service', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.

Full Text Link: n/a

DOI Link: n/a

Murphy, T. and Llewelyn, S. (2007) 'Cognitive Analytic Therapy', In *College Seminar Series: The Psychotherapies*, Grant, S. & Naismith, J. , 118 -140.

Full Text Link: n/a

DOI Link: n/a

Nehmad, A. (2017) 'The healthy supervisor: A CAT understanding of the process of psychotherapy supervision', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 19.

Full Text Link: n/a

DOI Link: n/a

Nehmad, A. (2017) 'Are narcissists a special case? Narcissism and supervision', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 95.

Full Text Link: n/a

DOI Link: n/a

Newell, A. (2012) 'Using Cognitive Analytic Therapy to Understand and Treat People with Eating Disorders', In *Eating and its Disorders*, Fox, J.R.E. & Goss, K. , 280-302.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/9781118328910.ch19>

Nield, C. (2022) 'Digital Delivery of Cognitive Analytic Therapy.', In *Digital Delivery of Mental Health Therapies: a guide to the benefits and challenges, and making it work*, Wilson, H., 132.

Full Text Link: [Click here to View this Article](#)

DOI Link: n/a

Parry, G., Glen O. Gabbard, Judith S. Beck and Jeremy Holmes. (2005) 'Brief and Time-Limited Psychotherapy', In *Oxford Textbook of Psychotherapy*, Gabbard G., 207-522.

Full Text Link: n/a

DOI Link: n/a

Paul L., Wachtel (2008) 'Self-States, Dissociation and the Schemas of Subjectivity and Intersubjectivity', In *Relational theory & the practice of psychotherapy*, Paul L., Wachtel., 129-157.

Full Text Link: n/a

DOI Link: n/a

Perry, A. and Seddon, C. (2019) 'Cognitive Analytic Therapy', In *Personal experiences of psychological*

therapy for psychosis and related difficulties , Taylor, P. J., Gianfrancesco, O. and Fisher, N. , 61-76.

Full Text Link: n/a

DOI Link: n/a

Pickvance, D. (2017) 'CAT supervision: A relational model', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 3.

Full Text Link: n/a

DOI Link: n/a

Pickvance, D. and Parry, G. (2017) 'Clinical and ethical challenges in relational supervision', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 71.

Full Text Link: n/a

DOI Link: n/a

Pitceathly, C. Tolosa, I. Kerr, I.B. and Grassi, L. (2011) 'Cognitive Analytic Therapy in Psycho-Oncology', In *Handbook of Psychotherapy in Cancer Care*, Watson, M. and Kissane, D.W., 27-38.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/9780470975176.ch3>

Pollard, R. (2018) 'The de-radicalisation of CAT: a regressive interaction of economics, theory and practice?', In *CAT and the politics of mental health* , Lloyd, J and Pollard, R.

Full Text Link: n/a

DOI Link: <https://doi.org/10.4324/9780203728857-4>

Pollock, P.H. (1997) 'CAT of an Offender with Borderline Personality Disorder', In *Cognitive analytic therapy and Borderline Personality Disorder: the model and the method*, Ryle, A., 146-156.

Full Text Link: n/a

DOI Link: n/a

Pollock, P.H. (2001) 'A case of dissociative identity disorder', In *Cognitive analytic therapy for adult survivors of childhood abuse: approaches to treatment and case management*, Pollock, P. , 144-163.

Full Text Link: n/a

DOI Link: n/a

Pollock, P.H. (2001) 'Forensic romances and violence in the therapy room: the challenge of the abuse-to-abuser dimension', In *Cognitive analytic therapy for adult survivors of childhood abuse: approaches to treatment and case management*, Pollock, P. , 164-189.

Full Text Link: n/a

DOI Link: n/a

Pollock, P.H. (2001) 'CAT and the Multiple Self-States Model of trauma', In *Cognitive analytic therapy for adult survivors of childhood abuse: approaches to treatment and case management*, Pollock, P. , 52-77.

Full Text Link: n/a

DOI Link: n/a

Pollock, P.H. (2001) 'Psychological models and therapies for traumatic experiences', In *Cognitive analytic therapy for adult survivors of childhood abuse: approaches to treatment and case management*, Pollock, P. , 78-104.

Full Text Link: n/a

DOI Link: n/a

Pollock, P.H. (2001) 'The language and practice of CAT: assessment and treatment procedures', In *Cognitive analytic therapy for adult survivors of childhood abuse: approaches to treatment and case management.*, Pollock, P. .

Full Text Link: n/a

DOI Link: n/a

Pollock, P.H. (2001) 'Conceptualising the developmental outcomes of abuse', In *Cognitive analytic therapy for adult survivors of childhood abuse: approaches to treatment and case management.*, Pollock, P. .

Full Text Link: n/a

DOI Link: n/a

Pollock, P.H. (2001) 'Clinical outcomes in the application of the CAT for adult survivors', In *Cognitive analytic therapy for adult survivors of childhood abuse: approaches to treatment and case management.*, Pollock, P. , 231-238.

Full Text Link: n/a

DOI Link: n/a

Pollock, P.H. (2001) 'The Personality Structure Questionnaire: a measure of identity integration in CAT', In *Cognitive analytic therapy for adult survivors of childhood abuse: approaches to treatment and case management.*, Pollock, P. , 239-256.

Full Text Link: n/a

DOI Link: n/a

Pollock, P.H. (2006) 'Cognitive Analytic Therapy for a rapist with psychopathic personality disorder', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. , 186-208.

Full Text Link: n/a

DOI Link: <https://doi.org/10.4324/9780203929537-10>

Pollock, P.H. (2006) 'Cognitive Analytic Therapy for rage-type homicide', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. , 221-237.

Full Text Link: n/a

DOI Link: <https://doi.org/10.4324/9780203929537-12>

Pollock, P.H. (2006) 'Cognitive Analytic Therapy analysis of the errant self and serial sexual homicide: An encounter with the extremes of human conduct.', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. , 252-272.

Full Text Link: n/a

DOI Link: <https://doi.org/10.4324/9780203929537-14>

Pollock, P.H. (2006) 'Stifled fantasies and the stalker's obsessions: Cognitive Analytic Therapy for a misguided lover.', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. , 103-120.

Full Text Link: n/a

DOI Link: <https://doi.org/10.4324/9780203929537-5>

Pollock, P.H. (2006) 'Final thoughts: The way forward for Cognitive Analytic Therapy in forensic settings.', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. .

Full Text Link: n/a

DOI Link: n/a

Pollock, P.H. (2006) 'The contribution of Cognitive Analytic Therapy to court proceedings.', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. .

Full Text Link: n/a

DOI Link: n/a

- Pollock, P.H. and Stowell-Smith, M. (2006) 'Adam and Eve in the forensic Eden: Boundary violations in forensic practice.', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. , 238-251.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203929537-13>
- Potter, S. (2007) 'Relational Psychology in the War Speeches of Bush and Blair: Beyond Us and Them', In *Just War: Psychology and Terrorism Ed. Ron Roberts*, Roberts, R. , 140-159.
Full Text Link: n/a
DOI Link: n/a
- Potter, S. (2014) 'The Helper's Dance List ', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.
Full Text Link: n/a
DOI Link: n/a
- Potter, S. (2017) 'Using CAT mapping in relational supervision', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 137.
Full Text Link: n/a
DOI Link: n/a
- Potter, S. and Lloyd, J. (2014) 'Relational Intelligence ', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.
Full Text Link: n/a
DOI Link: n/a
- Poynton, A.M. (1991) 'Basic Treatment Procedures', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A., 28-53.
Full Text Link: n/a
DOI Link: n/a
- Robbins, I. and Sutton, L. (2004) 'A coming together of CBT and CAT', In *Cognitive Analytic Therapy and Later Life*, Hepple, J. & Sutton, L. .
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1990) 'Cognitive Analytic Therapy', *Handbook of Integrative Therapies*, 84 - 193.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1991) 'The Origins and Main Features of Cognitive Analytic Therapy', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1991) 'Developments in Cognitive therapy and CAT', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1991) 'Treating Patients with Personality Disorders', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A., 119-147.
Full Text Link: n/a
DOI Link: n/a

- Ryle, A. (1991) 'CAT Techniques with Long-term Patients', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A., 148-164.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1991) 'The Reformulation Process and the Uses of Writing', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A., 15-27.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1991) 'CAT and Couple Therapy', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A., 165-177.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1991) 'The theoretical basis of CAT', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A., 193-202.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1991) 'CAT, Psychoanalysis and Psychoanalytic Psychotherapy', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A., 210-221.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1991) 'Teaching, Supervising and Learning CAT', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A., 222-233.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1991) 'The Evaluation of CAT', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A., 234-240.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1991) 'Twelve Sessions: An Edited Transcript', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A., 54-95.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1991) 'Complex Reformulation and Object Relations Theory', In *Cognitive Analytic Therapy: Active Participation in Change. A New Integration in Brief Psychotherapy*, Ryle, A., 96-118.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1995) 'Cognitive Analytic Therapy: history and recent developments', In *Cognitive Analytic Therapy: Developments in theory and practice*, Ryle, A.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1995) 'Research relating to CAT', In *Cognitive Analytic Therapy: Developments in theory and practice*, Ryle, A., 175-191.
Full Text Link: n/a
DOI Link: n/a

- Ryle, A. (1995) 'Future developments', In *Cognitive Analytic Therapy: Developments in theory and practice*, Ryle, A., 191-193.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1995) 'The practice of CAT', In *Cognitive Analytic Therapy: Developments in theory and practice*, Ryle, A., 23-54.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1997) 'Diagnosis, Course and Prevalence of Borderline Personality Disorder', In *Cognitive analytic therapy and Borderline Personality Disorder: the model and the method*, Ryle, A.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1997) 'The Evolution of Cognitive Analytic Therapy', In *Cognitive analytic therapy and Borderline Personality Disorder: the model and the method*, Ryle, A.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1997) 'From Reformulation to Termination', In *Cognitive analytic therapy and Borderline Personality Disorder: the model and the method*, Ryle, A., 109-127.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1997) 'CAT in Context', In *Cognitive analytic therapy and Borderline Personality Disorder: the model and the method*, Ryle, A., 157-163.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1997) 'The Multiple Self States Model of Borderline Personality Disorder', In *Cognitive analytic therapy and Borderline Personality Disorder: the model and the method*, Ryle, A., 26-42.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1997) 'A Critical Account of Current Theories of Borderline Pathology and their Clinical Implications', In *Cognitive analytic therapy and Borderline Personality Disorder: the model and the method*, Ryle, A., 43-51.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1997) 'An Outline of Practice and Two Case Illustrations', In *Cognitive analytic therapy and Borderline Personality Disorder: the model and the method*, Ryle, A., 52-70.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1997) 'Understanding the Treatment Relationship in Work with Borderline Patients', In *Cognitive analytic therapy and Borderline Personality Disorder: the model and the method*, Ryle, A., 71-82.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1997) 'Referral, Assessment, Contracts and Containment', In *Cognitive analytic therapy and Borderline Personality Disorder: the model and the method*, Ryle, A., 83-96.
Full Text Link: n/a
DOI Link: n/a

- Ryle, A. (1997) 'The Early Sessions', In *Cognitive analytic therapy and Borderline Personality Disorder: the model and the method*, Ryle, A., 97-108.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (1999) 'Object relations theory and activity theory: A proposed link by way of the procedural sequence model.', In *Perspectives on activity theory*, Engstrom, Y., Miettinen, R. & Punamaki-Gitai, R.L., 407-418.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1017/CBO9780511812774.026>
- Ryle, A. (2004) 'Writing by patients and therapists in Cognitive Analytic Therapy', In *Writing Cures: An Introductory Handbook of Writing in Counselling and Psychotherapy*, Bolton, G. Howlett, S. Lago, C. and Wright, J.K., 59-71.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (2009) 'Cognitive Analytical Therapy', In *Cognitive and Behavioural Theories in Clinical Practice*, Kazantzis, N., Reinecke, M. A. and Freeman, A. , 244-277.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. (2010) 'The view from CAT', In *Critically engaging CBT*, Loewenthal, D. and House, R., 33-45.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. and Bennett, D. (1997) 'Case formulation in cognitive analytic therapy', In *Handbook of psychotherapy case formulation*, Eels, TD, 289-313.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. and Bennink-Bolt, F. (2002) 'Cognitive analytic therapy: A Vygotskian development of object relations theory', In *Object relations and integrative psychotherapy: Tradition and innovation in theory and practice*, Safvestad Nolan I., & Nolan P. , 126-142.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A. and Low, J. (1993) 'Cognitive Analytic Therapy', In *Comprehensive Handbook of Psychotherapy Integration*, Chapter 7, Stricker, G. and Gold, J. R., 87-100.
Full Text Link: n/a
DOI Link: https://doi.org/10.1007/978-1-4757-9782-4_7
- Ryle, A., and Kellett, S. (2018) 'Cognitive analytic therapy. ', In *Handbook of personality disorders: Theory, research, and treatment*. The Guilford Press., W. J. Livesley & R. Larstone , , 489-511.
Full Text Link: n/a
DOI Link: n/a
- Ryle, A., Boa, C. and Fosbury, J. (1993) 'Identifying the causes of poor self-management in insulin dependent diabetics: The use of cognitive-analytic therapy techniques.', In *Psychological treatment in disease and illness*, Hodes, M. and Moorey, S.
Full Text Link: n/a
DOI Link: n/a
- Shannon, K. (2017) 'CAT supervision in forensic practice: Working with complexity and risk', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 248.

Full Text Link: n/a
DOI Link: n/a

Stevens, Y. (2017) 'The supervision relationship in a training context', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 187.

Full Text Link: n/a
DOI Link: n/a

Stowell-Smith, M. (2006) 'States and reciprocal roles in the wider understanding of forensic mental health.', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. , 66-81.

Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203929537-3>

Stowell-Smith, M., Gopfert, M. and Mitzman, S. (2001) 'Group CAT for people with a history of sexual victimisation', In *Cognitive analytic therapy for adult survivors of childhood abuse: approaches to treatment and case management*, Pollock, P. , 206-227.

Full Text Link: n/a
DOI Link: n/a

Stowell-Smith, M., O'Kane, A. and Fairbanks, A. (2006) 'The adjunctive role of Cognitive Analytic Therapy in the treatment of child sexual offenders in secure forensic settings.', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. , 82-102.

Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203929537-4>

Stricker, G. and Goen-Piels, J (2002) 'Integrative and object relations focused approaches to psychotherapy: Theoretical concerns and outcome research', In *Object relations and integrative psychotherapy : tradition and innovation in theory and practice*, Safvestad Nolan I., & Nolan P. , 28-51.

Full Text Link: n/a
DOI Link: n/a

Sutton, L. (1997) 'Out of the Silence' When people can't talk about it', In *Past Trauma in Later Life: European Perspectives on Therapeutic Work with Older People*, Hunt, L., Marshall, M. and Rowlings, C. .

Full Text Link: n/a
DOI Link: n/a

Sutton, L. (2004) 'Cultures of care in severe depression and dementia', In *Cognitive Analytic Therapy and Later Life*, Hepple, J. & Sutton, L. , 201-220.

Full Text Link: n/a
DOI Link: n/a

Sutton, L. and Cheston, R. (1997) 'Rewriting the story of dementia: A narrative approach to psychotherapy with people with dementia', In *State of the Art in Dementia Care*, Marshall, M. .

Full Text Link: n/a
DOI Link: n/a

Sutton, L. and Leiman, M. (2004) 'The development of the dialogical self in CAT: a fresh perspective on ageing', In *Cognitive Analytic therapy and Later Life*, Hepple, J. & Sutton, L. .

Full Text Link: n/a
DOI Link: n/a

Tanner, C. and Connan, F. (2003) 'Cognitive Analytic Therapy', In *Handbook of Eating Disorders, Second Edition*, Treasure, J., Schmidt, U. And van Furth, E. , 279-289.

Full Text Link: n/a

DOI Link: <https://doi.org/10.1002/0470013443.ch17>

Taylor, P.J. and Seddon, C. (2020) 'Cognitive Analytic Therapy (CAT) for psychosis: Contrasts and parallels with attachment theory and implications for practice', In *Attachment theory and psychosis: Current perspectives and future directions*, Berry, K., Bucci, S. and Danquah, A., 161-443.

Full Text Link: n/a

DOI Link: <https://doi.org/10.4324/9781315665573-10>

Tinker, M. (2018) 'Why hate matters: An introduction to Rene Girard's theories of mimesis and the scapegoat mechanism and their relevance to CAT theory and practice', In *CAT and the politics of mental health*, Lloyd, J and Pollard, R.

Full Text Link: n/a

DOI Link: <https://doi.org/10.4324/9780203728857-14>

Trijsburg, R.M., Colijn, S. and Holmes, J. (2005) 'Psychotherapy Integration', In *Oxford textbook of psychotherapy*, Gabbard G., 95-107.

Full Text Link: n/a

DOI Link: n/a

Twigg, S. (2012) 'Cognitive Analytic Therapy', In *The Pocket Guide to Therapy: A 'How to' of the Core Models*, Weatherhead, S. and Flaherty-Jones, G. .

Full Text Link: n/a

DOI Link: n/a

Varela, J. (2014) 'Formulating and Working Therapeutically with the Concept of Intellectual Disability in The Cognitive Analytic Therapy Model ', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.

Full Text Link: n/a

DOI Link: n/a

Varela, J. (2014) 'Cognitive Analytic Therapy and Behaviour that Challenges ', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.

Full Text Link: n/a

DOI Link: n/a

Varela, J. (2018) 'From deviance and sin to unmet needs: a CAT conceptualisation of challenging behaviour', In *CAT and the politics of mental health*, Lloyd, J and Pollard, R.

Full Text Link: n/a

DOI Link: <https://doi.org/10.4324/9780203728857-8>

Varela, J. and Franks, L. (2018) 'Responding not reacting to challenging behaviour: a reformulation approach', In *CAT and the politics of mental health*, Lloyd, J and Pollard, R.

Full Text Link: n/a

DOI Link: <https://doi.org/10.4324/9780203728857-9>

Wallace, W. (2018) 'Immorality, illegality and pathology: the sex and gender knots', In *CAT and the politics of mental health*, Lloyd, J and Pollard, R.

Full Text Link: n/a

DOI Link: <https://doi.org/10.4324/9780203728857-12>

Welch, L. (2018) 'The madness of money: the super-rich, economic inequality and mental health', In *CAT and the politics of mental health*, Lloyd, J and Pollard, R.

Full Text Link: n/a

DOI Link: <https://doi.org/10.4324/9780203728857-5>

- Westacott, M. (2006) 'A case of dissociative murder', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. , 273-282.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780203929537-15>
- Westacott, M. (2017) 'Supervising non-CAT therapists', In *Cognitive analytic supervision: A relational approach*, Pickvance, D. , 198.
Full Text Link: n/a
DOI Link: n/a
- Wilberforce, D. (2014) 'The problems of caring and Being Cared For (or How to Get Your Shoelaces Tied For You)', In *CAT with people with intellectual disabilities and their carers*, Clayton, P. and Lloyd, J.
Full Text Link: n/a
DOI Link: n/a
- Wilde McCormick E. (2000) 'The Therapeutic Relationship', In *Transpersonal psychotherapy : theory and practice*, Wellings N., and Wilde McCormick E., 20-51.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4135/9781446212264.n2>
- Williams, D. (2006) 'Borderline sexuality: sexually addictive behaviour in the context of a diagnosis of borderline personality disorder.', In *Sex, mind, and emotion: Innovation in Psychological Theory and Practice*, Hiller, J., Wood, H. and Bolton, W. .
Full Text Link: n/a
DOI Link: n/a
- Willis, A. (2010) 'Cognitive analytic therapy with young adult offenders', In *Psychological therapy in prisons and other secure settings*, Warr, J. , 102-373.
Full Text Link: n/a
DOI Link: n/a
- Wills, F. (2006) 'Cognitive Therapy: A Down-to-earth and Accessible Approach', In *Contracts in counselling and psychotherapy (2nd ed.)*, Sills, C., 41-51.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4135/9781446213421.n4>
- Withers, J. (2010) 'Cognitive Analytic Therapy (CAT): A Treatment Approach for Treating People with Severe Personality Disorder', In *Using Time, Not Doing Time: Practitioner Perspectives on Personality Disorder and Risk*, Withers, J. (2010), 81-94.
Full Text Link: n/a
DOI Link: <https://doi.org/10.1002/9780470710647.ch6>
- Wood, H. (2006) 'Psychoanalytically informed CAT: a first treatment for problems of sexual relationships', In *Sex, Mind, and Emotion: Innovation in Psychological Theory and Practice*, Hiller, J., Wood, H. and Bolton, W. , 249-272.
Full Text Link: n/a
DOI Link: <https://doi.org/10.4324/9780429479984-11>
- Wyner, R. and Gopfert, M. [Ed] (2006) 'In the light of experience.', In *Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy*, Pollock, P.H., Stowell-Smith, M. and Gopfert, M. .
Full Text Link: n/a
DOI Link: n/a