



## COGNITIVE ANALYTIC THERAPY BIBLIOGRAPHY OF PUBLICATIONS

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This bibliography of CAT publications lists articles in peer reviewed journals; articles in "Reformulation", the ACAT in-house journal for members; book chapters and books about CAT.

Each section lists the publications alphabetically. Each publication / reference is accompanied by a link to a Full Text article where this is freely available on the internet, including Reformulation articles. DOI links will take you to the publisher's page for the article or book. This is for reference purposes – most DOI links will not take you to the full paper. However, if you are signed in with an institutional login (for example, OpenAthens for NHS staff), the DOI link may take you to the full text paper if it is included in the NHS subscription

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