

ONLY 10 WEEKS TO GO BEFORE WE WILL BE....

‘LETTING CAT OUT OF THE BAG’

Make sure you don't miss out. Book your place now.

ACAT's 19th Annual Conference

‘Multiple Relationships – Using and Doing Cognitive Analytic Therapy with Individuals, Groups, Families, Teams, Organisations and Cultures’ will be taking place in **Manchester** from **Thursday 5th July until Saturday 7th July.**

Come for the whole conference or just for one day

Attending the whole event will give you the opportunity to immerse yourself in the truly relational heart of CAT - its warm and welcoming community. **Whole event delegates** will be able to indulge themselves in a social with barbecue on Thursday, drinks reception and dinner with live jazz band on Friday as well as lunch on Friday and Saturday and refreshments throughout each day. This is in addition to being able to choose from a rich and diverse array of almost 50 plenary and workshop sessions.

On **Thursday 5th July** there will be the opportunity to listen to a series of views by seasoned CAT Practitioners on what is the key to their CAT as well as surprise guest speakers.

Plenary sessions on **Friday 6th July** include keynote speakers **Laura Sutton and Michelle Hamill on working with older adults**, Nick Barnes sharing pioneering work with Premiership football clubs using CAT and football coaching to help boys avoid anti-social behaviour as well as an update from Professor Sue Clarke on the CAT and Personality Disorder RCT. There are also almost 20 workshops to choose from sharing innovative and creative ways of using and doing CAT.

Plenary sessions on **Saturday 7th July** include international keynote speaker Katri Kanninen who will link early interaction to the therapeutic relationship and Alison Jenaway on how CAT can change parenting for the better. Workshops on this day also include using CAT to work with families, groups, morbid jealousy, bodies, dreams, sex, music and difference.

Whether you are practicing CAT or want to find out more about the model, whether you live close by or far away, we believe you will be glad you decided to attend this exciting event.

Come and help us celebrate ‘letting CAT out of the bag’ by sharing the versatile developments and creative applications of this vibrant model in the equally vibrant city of Manchester. The excellent purpose built **Manchester Conference Centre** with on site, en-suite, good quality standard and upgraded rooms makes this a **definite value for money event whether you come for a day or decide to stay.**

For more information on the programme visit: <http://www.acat.me.uk/page/annual+conference+programme>

To book online visit: <http://www.acat.me.uk/event/639/19th+annual+acat+national+conference+2012-07-05.htm>

Online booking for workshops starts 18th May (tbc) so book by then to ensure 1st choices of workshop